UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Psychology

Academic Year 2023/2024

1. Organic Unit

Faculty of Business and Economic Sciences

2. Course

Human Resource Management

3. Cycle

1st

4. Course Unit

Psychology (11302)

5. Scientific Area

6. Curricular Year

1st

7. Type of Curricular Unit / Semester

1st Semester

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8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	30,00
Tutorial Guidance:	20,00

9. ECTS Credits

6,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutora RITA ANTUNES RIBEIRO

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

The main objectives of the Psychology curricular unit are to understand and characterise the evolution of psychology and to understand the contribution of psychology to Human Resources Management

15. Specific Objectives

The main objectives of the Psychology curricular unit are to understand and characterise the evolution of psychology, basic psychological functions, normal and adaptive functioning and human development from a bio-psycho-social and systemic perspective. To understand the contribution of psychology to Human Resources Management

16. Skills to be acquired

Acquisition of knowledge at the level of psychology. Understanding of adjusted and maladaptive human development. Application of this knowledge at the level of Human Resources management. Acquisition of knowledge about action/intervention approaches suitable for different contexts

17. Teaching Methodology

The theoretical-practical classes start from the conceptual exposition to the discussion of direct applications of the material discussed to the reality of the intervention, through the presentation of specific cases and situations and the analysis of material done in groups, in class

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18. Course Unit Program

- Introduction to General Psychology - the biological basis of psychology
- Human development - bio-psycho-social perspective
- Psychological functions (perception, consciousness, thinking, memory, intelligence, communication, learning, motivation and emotions)
- Health and mental health
- The individual - personality and adjustment
- The individual in society - social behaviour in different contexts
- Modification of social behaviour
- Psychology and Human Resource Management

19. Assessment Methods

The continuous assessment of the course will be made taking into account:
- Two individual written tests
- One individual assignment
- Attendance and participation
- Written examination (frequency) on all the contents taught

20. Didactic Resources

Use of case studies, interactive methods and multimedia material and reference publications on the subject.

21. Sustainability Objectives

- By 2030, ensure equal access for all women and men to affordable quality technical, vocational and higher education, including university
- By 2030, reduce by one third premature mortality from non-communicable diseases through prevention and treatment, and promote mental health and well-being

22. Keywords

- Psychology
- Human Development
- Psychological Functions
- Adaptation
- Social Behaviour

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23. Main Bibliography

Author(s):	Graham, Jack A. Naglieri e Irving B. Weiner		
Title:	Handbook Of Psychology		
Edition:		Year:	2012
Local:			
Publisher:	JOHN WILEY & SONS INC		

Author(s):	Howard S. Friedman		
Title:	The Oxford Handbook of Health Psychology		
Edition:		Year:	2011
Local:	Oxford		
Publisher:	Oxford Library of Psychology		

Author(s):	Baptista & Neto		
Title:	Dicionário de Psicologia		
Edition:		Year:	2019
Local:	Lisboa		
Publisher:	Silabo		

24. Complementary Bibliography

Author(s):	Daniel Goleman		
Title:	Inteligência Emocional		
Edition:		Year:	2002
Local:	Lisboa		
Publisher:	Temas e Debates		

Author(s):	Muniz-Velazquez & Pulido		
Title:	The Routledge Handbook of Positive Communication		
Edition:		Year:	2019
Local:	New York		
Publisher:	Taylor and Francis group		

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Ficha técnica MIP / MIP Datasheet	
Título / Title	Course Unit Program 'PSICOLOGIA': Academic Year 2023/2024
Autor / Author	Prof. Doutora RITA ANTUNES RIBEIRO
Classificação / Classification	-
Descritores / Descriptors	-
Colaborador(es) / Colaborator(s)	-
Data Hora / Date Time	
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