UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Observational and Interview Methods

Academic Year 2023/2024

## 1. Organic Unit

Institute of Psychology and Educational Sciences

## 2. Course

PSYCHOLOGY

## 3. Cycle

1st

## 4. Course Unit

Observational and Interview Methods (20310)

## 5. Scientific Area

## 6. Curricular Year

1st

## 7. Type of Curricular Unit / Semester

2nd Semester



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## 8. Class type and workload (work time)

| | |
|---|---|
| Theoretical classes: | |
| Practical classes: | |
| Theoretical-Practical Classes | 30,00 |
| Tutorial Guidance: | |

## 9. ECTS Credits

3,00

## 10. Scientific Area Coordinator

## 11. Regent

Prof. Doutora JOANA MARTINS GONÇALVES LOPES

## 12. Assistants

## 13. Teaching Language

Portuguese

## 14. General Objectives

The Curricular Unit of observation and interview methods aims to promote knowledge and skills in terms of techniques for collecting information: interview and observation in Psychology. Know, distinguish and articulate different types and techniques of observation and interview.

## 15. Specific Objectives

The UC of observation and interview methods aims to promote in students knowledge and skills in terms of:
- interview techniques
- observation techniques
- identify different types of interview
- identify different types of observation
- deepen the psychological and clinical interview
- integration of data collected using observation and clinical interview
- observation and interview in psychotherapy and in other clinical and non-clinical contexts

## 16. Skills to be acquired

Identify and characterize interview types and techniques
Identify and characterize types of observation
Construct an interview guide and an observation grid
Application of interview and observation in Psychology



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## 17. Teaching Methodology

Theoretical/practical classes
roleplay
Construction and experimental application of data collection material
Debate and discussion groups

## 18. Course Unit Program

Observation and interview methods in Psychology: fundamentals
The interview
Generalities and definitions
interview techniques
psychological interview
clinical interview
Other types of interview
The Observation
Generalities and definitions
Types of Observation
clinical observation
Other observation contexts
Observer and interviewer characteristics
Difficulties in observation and interview
Supportive psychotherapy and observation and interview
Research observation and interview
Ethics in observation and interview methods in Psychology

## 19. Assessment Methods

The evaluation of the subject of observation and interview methods will be done through two written tests and a group assignment.

## 20. Didactic Resources

Use of assessment instruments (observation grids and interview guides, interactive methods and multimedia material and reference publications on the subject.

## 21. Sustainability Objectives

SDG 4: Quality education and SDG5: Gender equality
SDG 8: Decent work and economic growth and SDG 10: Reduce inequalities

## 22. Keywords

Observation
Interview
Psychology
Methodology
investigation



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## 23. Main Bibliography


| | | | |
|---|---|---|---|
| Author(s): | Cyssau; C.; | | |
| Title: | A entrevista em clínica | | |
| Edition: | 1ª | Year: | 2007 |
| Local: | Lisboa | | |
| Publisher: | Climepsi Editores | | |

| | | | |
|---|---|---|---|
| Author(s): | Gary Groth-Marnat | | |
| Title: | Handbook of Psychological Assessment | | |
| Edition: | 4ª | Year: | 2005 |
| Local: | EUA | | |
| Publisher: | Willey & Sons Editores | | |

| | | | |
|---|---|---|---|
| Author(s): | Hambrecht, G. & Rice, T. | | |
| Title: | Clinical Observation: a guide for students in speech, language and hearing. | | |
| Edition: | | Year: | 2011 |
| Local: | London, United Kingdom | | |
| Publisher: | Jones & Bartlett Learning, LLC. | | |


## 24. Complementary Bibliography


| | | | |
|---|---|---|---|
| Author(s): | Leal, I. | | |
| Title: | A Entrevista Psicológica: Técnica, Teoria e Clínica | | |
| Edition: | | Year: | 2008 |
| Local: | Lisboa, Portugal | | |
| Publisher: | Fim de Século | | |

| | | | |
|---|---|---|---|
| Author(s): | Pedinielli, J.; | | |
| Title: | Introdução à psicologia clínica | | |
| Edition: | 1ª | Year: | 2000 |
| Local: | Lisboa, Portugal | | |
| Publisher: | Climepsi Editores | | |




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| Ficha técnica MIP / MIP Datasheet | |
|---|---|
| Título / Title | Course Unit Program 'MÉTODOS DE OBSERVAÇÃO E ENTREVISTA': Academic Year 2023/2024 |
| Autor / Author | Prof. Doutora JOANA MARTINS GONÇALVES LOPES |
| Classificação / Classification | - |
| Descritores / Descriptors | - |
| Colaborador(es) / Colaborator(s) | - |
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