UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Group Psychology

Academic Year 2023/2024

1. Organic Unit

Institute of Psychology and Educational Sciences

2. Course

PSYCHOLOGY

3. Cycle

1st

4. Course Unit

Group Psychology (20319)

5. Scientific Area

6. Curricular Year

2nd

7. Type of Curricular Unit / Semester

2nd Semester

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8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	30,00
Tutorial Guidance:	

9. ECTS Credits

3,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutora TÚLIA RUTE MAIA CABRITA

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

- Introduce and familiarize students with up-to-date knowledge of principles, research results and theories related to group processes.
- Stimulate critical thinking, evaluation and application of interpersonal skills.
- Develop the ability to present and express ideas in a social context.

15. Specific Objectives

- Identify group processes in a given socio-organizational reality;
- Recognize the dynamics of social influence that emerge and develop within groups;
- Place the individual within the collective;
- Formulate the explicit and implicit mechanisms that affect productivity and decision-making processes in groups.

16. Skills to be acquired

- Development of comprehension skills
- Development and stimulation of critical ability
- Development of intervention capacity on the structural aspects of groups

17. Teaching Methodology

Classes using expository methodologies
Practical classes of analysis and discussion of cases
video
Group work that encourage interactivity between students and teachers.

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18. Course Unit Program

1. Introduction to group psychology.
2. Studying groups.
3. Inclusion and identity.
4. Training.
5. Cohesion and development.
6. Structure.
7. Influence.
8. Power.
9. Leadership.
10. Performance and effectiveness.
11. Teams.
12. Decision making.
13. Conflict.
14. Intergroup relations.
15. Groups in context.

19. Assessment Methods

2 written-tests.

20. Didactic Resources

- Expository method in the presentation of theoretical models
- case studies
- Videos

21. Sustainability Objectives

SDG 4: Quality Education
SDG 8: Decent work and economic growth

22. Keywords

Teams
Group Dynamics
Negotiation
Conflicts
Teambuilding

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23. Main Bibliography

Author(s):	Forsyth, D.		
Title:	Group dynamics		
Edition:	7 th	Year:	2014
Local:	NY		
Publisher:	Thomson		

Author(s):	Eduardo Salas, Ramón Rico, Jonathan Passmore (Eds.)		
Title:	The Wiley Blackwell Handbook of the Psychology of Team Working and Collaborative Processes		
Edition:	1	Year:	2017
Local:	UK		
Publisher:	John Wiley & Sons Ltd.		

Author(s):	E. Salas, S. I. Tannenbaum, D. Cohen, & G.Latham (Eds.)		
Title:	Developing and enhancing high-performance teams:		
Edition:	1ª	Year:	2015
Local:	NY		
Publisher:	Jossey-Bass.		

24. Complementary Bibliography

Author(s):	Cunha, M; Rego, A, Mota Rego, T.		
Title:	Super equipas		
Edition:	2	Year:	2018
Local:	Lisboa		
Publisher:	Actual		

Author(s):	Argote, L & . Levine J.M.		
Title:	The Oxford Handbook of Group and Organizational Learning		
Edition:	1ª	Year:	2017
Local:	NY		
Publisher:	Oxford University Press		

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Ficha técnica MIP / MIP Datasheet	
Título / Title	Course Unit Program 'PSICOLOGIA DOS GRUPOS': Academic Year 2023/2024
Autor / Author	Prof. Doutora TÚLIA RUTE MAIA CABRITA
Classificação / Classification	-
Descritores / Descriptors	-
Colaborador(es) / Colaborator(s)	-
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