UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Sports Sociology

Academic Year 2023/2024

1. Organic Unit

Faculty of Business and Economic Sciences

2. Course

Sport Organization Management

3. Cycle

1st

4. Course Unit

Sports Sociology (C1123)

5. Scientific Area

6. Curricular Year

3rd

7. Type of Curricular Unit / Semester

1st Semester

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8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	30,00
Tutorial Guidance:	20,00

9. ECTS Credits

6,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutora ISABEL CRISTINA DE SEIXAS PATRICIO DUARTE DE ALMEIDA

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

- Understand the approach and methods of Sociology;
- Analyse the importance of Sport Sociology in the development and understanding of the sporting phenomenon;
- Understand how the theories and methods of the social sciences allow a better understanding of Sport;
- Critically analyse the relationship between Ethics and Sport and understand the cultural and economic importance of sport in today's society;
- Promote and develop critical analysis of sport in society.

15. Specific Objectives

- Reflect on the problem of paradigms relating the Sport Sociology with the "episteme" of each era;
- Deepen the knowledge of sport in the social context;
- Relate facts and understand trends;
- Facilitate the acquisition of critical analysis skills in an empirical research proposal.

16. Skills to be acquired

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- Master basic concepts of sociology;
- Use social sciences research methodologies in the survey and diagnosis of socio-sports facts;
- Distinguish, evaluate and understand the trends inherent in sport and society;
- Understand the relationship between the socio-sporting facts of Portuguese society and the sports universe;
- Reflect on attitudes, ideas and values that characterise sporting activity.

17. Teaching Methodology

The Bologna ideas point to a methodology that allows co-operative teaching and learning, the development of interpersonal skills, greater transparency of content, the use of mentoring processes and the effective development of the actors in the teaching and learning process .
The scientific approach to concepts that integrate the themes of the programme will be made through the collection, systematisation and presentation of information. Scientific articles will be analysed and discussed.

18. Course Unit Program

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1. Sociology and objects of study
1.1 The importance of sociology as a science in analysing social behaviour in various dimensions (social, political, cultural, sporting).
1.2 Common sense and scientific knowledge; criteria of sociological knowledge and the articulation of sociology with other sciences.
1.3 Methods and techniques in Sociology: observation, survey, interview, content analysis
1.4 Some basic concepts: norms, values and socialisation, deviance, stereotypes and discrimination, belonging and reference groups

2. Sport, Society and Culture
2.1 Sociological concept of sport
2.2 Sport as a social phenomenon
a) Contemporary phenomenon of the origins of society
b) Social meaning of sport
c) Pluralism of sociological thought in sport
d) Sport and social theories (Functionalist, Conflict, Critical, Interactionist and Feminist).

3. Sport and identity
3.1 Sport and the analysis of society
a) Trends in sport and the "cult" of the body; deviant behaviour and sport for social integration.
b) The social dimension of doping.
c) Cheerleading as a social phenomenon.
d) Socialisation, sports practice and sport culture values.
e) Behaviours of the various actors in the sporting context.
f) Sport and social relations of power, inequality and oppression.
g) Gender, Age and Social Stratification in Sport
h) Sport as a space for negotiation, emancipation and social contestation.
3.2 Relationship between the media and sport. Influence of sport on the media.

4. Sport as a Social Product
4.1 Sport, leisure time and Lifestyles in post-modern Societies.
4.2 Social determinants of sports supply and demand. Social classes and sports.
4.3 Emerging sports as alternatives to formal sports.
4.4 Sports demand of the Portuguese population. Regularities and social and regional heterogeneity.
4.5 Sport as a Profession in Portugal
4.6 Influence of globalisation on sport

19. Assessment Methods

Two Tests. Weight: 50% each

20. Didactic Resources

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Scientific articles, books and other information support material.
Audiovisuals (blackboard, video projector).
Multimedia/Hypermedia.
Upload of diverse information related to the programme contents and b-learning tutoring, through the MOODLE platform.

21. Sustainability Objectives

SDG4

22. Keywords

Sociology of Sport
Sport and Society
Culture and Sport
Sociology

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23. Main Bibliography

Author(s):	Tim Delaney and Tim Madigan		
Title:	The Sociology of Sports: An Introduction		
Edition:	2nd	Year:	2015
Local:	Jefferson, USA		
Publisher:	McFarland & Co Inc.		

Author(s):	Earl Smith		
Title:	Sociology of Sport and Social Theory		
Edition:		Year:	2010
Local:	Stannlingley, UK		
Publisher:	Human Kinetics		

Author(s):	Richard Giulianotti		
Title:	Sport: A Critical Sociology		
Edition:	1st	Year:	2015
Local:	Lisboa		
Publisher:	POLITY PRESS		

24. Complementary Bibliography

Author(s):	Bodin, D. & Héas, S		
Title:	Introduction à la Sociologie du Sport		
Edition:		Year:	2002
Local:	Paris		
Publisher:	Editions Chiron		

Author(s):	Giddens, A.		
Title:	Sociologia		
Edition:		Year:	2000
Local:	Lisboa		
Publisher:	Fundação Calouste Gulbenkian		

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Ficha técnica MIP / MIP Datasheet	
Título / Title	Course Unit Program 'SOCIOLOGIA DO DESPORTO': Academic Year 2023/2024
Autor / Author	Prof. Doutora ISABEL CRISTINA DE SEIXAS PATRICIO DUARTE DE ALMEIDA
Classificação / Classification	-
Descritores / Descriptors	-
Colaborador(es) / Colaborator(s)	-
Data Hora / Date Time	
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