UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Human Development Contexts

Academic Year 2023/2024

1. Organic Unit

Higher Institute of Social Work

2. Course

SOCIAL WORK

3. Cycle

1st

4. Course Unit

Human Development Contexts (L4407)

5. Scientific Area

6. Curricular Year

1st

7. Type of Curricular Unit / Semester

1st Semester

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8. Class type and workload (work time)

Theoretical classes:	30,00
Practical classes:	
Theoretical-Practical Classes	
Tutorial Guidance:	20,00

9. ECTS Credits

6,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutora JOANA MARTINS GONÇALVES LOPES

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

General objectives:
- Provide students with comprehensive knowledge about the different currents of child, adolescent, adult and elderly developmental psychology from an ecological perspective
- Know the development processes in specific health conditions and in different socio-cultural contexts

15. Specific Objectives

Specific objectives:
- Know the different theories about the development path of the child, adolescent, adult and elderly, throughout the life cycle
- Explore and understand the implications of different theoretical approaches in psychosocial analysis and understanding of development
- Know and understand the main risk factors and protective factors of development

16. Skills to be acquired

- Identify the contributions of different authors/theories of child and adolescent development
- Develop skills of critical reflection on learning processes
- Understand the impact of physical, psychological and social factors on development
- Understand the psychologist's role in promoting healthy development, namely in populations with disadvantaged health or social conditions

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17. Teaching Methodology

METHODOLOGY:
- Theoretical and practical classes with emphasis on the discussion of texts/films, participation in lectures and seminars on the topics to be taught and carrying out small research works.

18. Course Unit Program

1. Developmental psychology
- Theories and methods

2. Prenatal development
- From conception to birth
- Embryonic development and embryopathies

3. Childhood development
- The child's social world
- Peer relationship development
- Bowlby's Theory
- Psychosocial development: theories of Erikson and Freud
- Development of emotional intelligence and social awareness
- Social learning theory: Bandura's theory
- Parenting styles

4. Development in adolescence
- Cognitive: Piaget's theory
- Cognitive: approach to information processing
- perceptive
- Linguistic

5. Risk behaviors in childhood and adolescence
6. Theories of Adult and Elderly Development (Biopsychosocial and Identity Development)
7. People with special needs (health and education) and development problems

19. Assessment Methods

ASSESSMENT:

- Two individual written tests
- Attendance and participation
- An individual job
- Written exam (frequency) on all contents taught

20. Didactic Resources

Pedagogical, technological, cultural and audiovisual resources

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21. Sustainability Objectives

SDG 4: Quality education and SDG5: Gender equality
SDG 8: Decent work and economic growth and SDG 10: Reduce inequalities

22. Keywords

Developmental Psychology
children
teenagers
adult
elderly

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23. Main Bibliography

Author(s):	SMITH, P.		
Title:	Understanding children´s development		
Edition:		Year:	2011
Local:	London		
Publisher:	Sage Publication		

Author(s):	Tara L. Kuther		
Title:	Lifespan Development in Context		
Edition:		Year:	2016
Local:	USA		
Publisher:	Sage Publication		

Author(s):	Laura E. Berk		
Title:	Exploring Lifespan Development		
Edition:		Year:	2017
Local:			
Publisher:	Pearson Education		

24. Complementary Bibliography

Author(s):	Laura E. Levine, Joyce Munsch		
Title:	Child Development From Infancy to Adolescence		
Edition:		Year:	2015
Local:	USA		
Publisher:	Sage Publication		

Author(s):	José Tavares , Anabela Sousa Pereira , Ana Allen Gomes , Sara Marques Monteiro , Alexandra Gomes		
Title:	Manual de Psicologia do Desenvolvimento e Aprendizagem		
Edition:		Year:	2011
Local:			
Publisher:	Porto Editora		

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Ficha técnica MIP / MIP Datasheet	
Título / Title	Course Unit Program 'CONTEXTOS DE DESENVOLVIMENTO HUMANO': Academic Year 2023/2024
Autor / Author	Prof. Doutora JOANA MARTINS GONÇALVES LOPES
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