UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Contemporary Social Policy and Social Security

Academic Year 2023/2024

1. Organic Unit

Higher Institute of Social Work

2. Course

SOCIAL WORK

3. Cycle

1st

4. Course Unit

Contemporary Social Policy and Social Security (L4426)

5. Scientific Area

6. Curricular Year

3rd

7. Type of Curricular Unit / Semester

1st Semester

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8. Class type and workload (work time)

Theoretical classes:	30,00
Practical classes:	
Theoretical-Practical Classes	
Tutorial Guidance:	20,00

9. ECTS Credits

6,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutora VANDA SOFIA BRAZ RAMALHO

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

Make known to students the notions, concepts, contexts and contemporary challenges of the Social Security System, within the framework of national and European Social Policy

15. Specific Objectives

- Fit the Portuguese Social Security system in the development of Social Policy, European Social Model and international guidelines;
- Know the national Social Security system, its principles and organization, as well as the determinants of its sustainability;
- Know the citizenship social protection and social action measures and their relationship with social work intervention.

16. Skills to be acquired

- Capacity to relate the trajectory of social needs with the political-institutional response organization;
- Understanding the social protection systems current context and challenges, in particular the Social Security system;
- Knowledge of the Social Security system structure and measures, as main resources for social work practices.
- Knowledge and ability to apply Social Security benefits.

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17. Teaching Methodology

Expository and participatory method with reflection and debate on the syllabus contents, based on texts and materials to be provided to students. Practical exercises related to social protection measures. Whenever possible, contact with social security specialists.

18. Course Unit Program

I - STATE AND SOCIAL PROTECTION: THE SOCIAL SECURITY POLICY WITHIN THE PUBLIC POLICY FRAMEWORK

II - SOCIAL SECURITY AND SOCIAL PROTECTION: EVOLUTIONARY CONTEXT

2.1. Risk protection and the origins of Social Security

2.2. Social Rights, Social Justice and Social Security Systems Development: Redistributive and Protective Function

2.3. Socioeconomic and demographic challenges and the sustainability of Social Security

2.4. European Social Model, Social Cohesion and Social Rights European Pillar

III ? SOCIAL SECURITY IN PORTUGAL

3.1. Historical background

3.2. Social Security system principles and goals

3.3. The public social security schemes

3.4. The System's financing and management modalities

IV - SOCIAL SECURITY SYSTEM ORGANIZATION

4.1. Portuguese Social Security System Architecture

4.2. Social Security Benefits

4.3. The social security system: goals, scope and Social benefits

4.4. The Citizenship Social Protection system: Goals, scope and social benefits

4.4.1. Social Action Subsystem

4.4.1.1. Coordination with civil society

4.4.1.2. The decentralizing competencies to municipalities process

4.4.2. Family Protection Subsystem: goals, scope of Application and social benefits

4.4.3. Solidarity Subsystem: goals, scope and type of benefits

4.5. The complementary system: goals and scope

V - SOCIAL MINIMUM REGIME IN PORTUGAL: CONSTRUCTION AND CONSOLIDATION

5.1. History of minimum benefits in Portugal

5.2. The 7 social minimums: - Social Pension; Minimum Old Age pension; Unemployment protection; Social Insertion Income, Solidarity Elderly Supplement; Child benefit and Disability and Dependency Protection

VI. SOCIAL SECURITY RELEVANCE FOR SOCIAL WORKERS PROFESSIONAL PRACTICE

19. Assessment Methods

- 2 written tests
- Written group work based on a topic about the course program

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20. Didactic Resources

Audiovisual resources (PC/Data Show/Power Point).
Recommended and complementary bibliography
Documents provided

21. Sustainability Objectives

Social protection policies contribute to the fulfillment of SDG30 (UN). The SDGs that are most related to the contents of the curricular unit are:
1 - No poverty
2- Zero Hunger
8- Decent work and economic growth
10- Reduce inequalities
16- Partnerships for the goals

22. Keywords

Social Policy
Social Security
Social Protection
Citizenship
Social Work
Social action

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23. Main Bibliography

Author(s):	Apelles Conceição, J. B.		
Title:	Segurança Social. Manual Prático		
Edition:	13ª	Year:	2022
Local:	Coimbra		
Publisher:	Almedina		

Author(s):	Miguel Coelho		
Title:	Segurança Social - Situação Atual e Perspetivas de Reforma		
Edition:	1ª	Year:	2013
Local:	Loures		
Publisher:	Diário de Bordo		

Author(s):	Pereirinha, José António, Pereira, Elvira (orgs.)		
Title:	Regime de Mínimos Sociais em Portugal? Evolução do Discurso Político e das Políticas		
Edition:	1ª	Year:	2021
Local:	Coimbra		
Publisher:	Almedina		

24. Complementary Bibliography

Author(s):	Raquel Varela (coord)		
Title:	A Segurança Social é Sustentável?		
Edition:	1ª	Year:	2013
Local:	Lisboa		
Publisher:	Diário de Bordo		

Author(s):	União Europeia		
Title:	Plano de Ação sobre o Pilar Europeu dos Direitos Sociais		
Edition:	1ª	Year:	2021
Local:	Bruxelas		
Publisher:	União Europeia		

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Ficha técnica MIP / MIP Datasheet	
Título / Title	Course Unit Program 'POLÍTICA SOCIAL E SEGURANÇA SOCIAL NA CONTEMPORANEIDADE': Academic Year
Autor / Author	Prof. Doutora VANDA SOFIA BRAZ RAMALHO
Classificação / Classification	-
Descritores / Descriptors	-
Colaborador(es) / Colaborator(s)	-
Data Hora / Date Time	
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