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LISBOA

Course Unit Program  
Leadership, Coaching and Negotiation

Academic Year 2023/2024

**1. Organic Unit**

Faculty of Business and Economic Sciences

**2. Course**

HUMAN RESOURCE MANAGEMENT AND ORGANIZATIONAL ANALYSIS

**3. Cycle**

2nd

**4. Course Unit**

Leadership, Coaching and Negotiation (N3106)

**5. Scientific Area**

**6. Curricular Year**

1st

**7. Type of Curricular Unit / Semester**

2nd Semester



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#### 8. Class type and workload (work time)

|                               |       |
|-------------------------------|-------|
| Practical classes:            | 0,00  |
| Theoretical-Practical Classes | 15,00 |
| Tutorial Guidance:            | 20,00 |

#### 9. ECTS Credits

7,50

#### 10. Scientific Area Coordinator

#### 11. Regent

Prof. Doutor MÁRIO ALEXANDRE GUERREIRO ANTÃO

#### 12. Assistants

#### 13. Teaching Language

Portuguese

#### 14. General Objectives

Review the theoretical frameworks for the study of leadership, coaching and negotiation;  
Reflect on the challenges of leadership today, studying the trends and requirements of new leaders;  
Analyse coaching as a relevant element in managerial performance;  
Evaluate the methodologies underlying the preparation and conduct of negotiations;  
Prepare master's students for the research process underlying the preparation of the dissertation and the respective project.

#### 15. Specific Objectives

Use the guidelines of leadership frameworks to design career, selection, training and research projects in the field of leadership;  
Identify trends in the study of leadership;  
Recognise the interrelationship between organisational culture and leadership and the leadership behaviours that create value in different organisational contexts;  
Recognise the factors that influence team effectiveness. Identify the various types of negotiation.

#### 16. Skills to be acquired



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Be able to:

Identify the profile of a leader

Define the most appropriate leadership profile in specific situations

Identify the profile of followers and their expectations

Participate in the selection, training and development of leaders;

Carry out a written and oral reflection on trends in leadership research and on the challenges faced by leaders in today's organisational contexts;

Participate in negotiation processes.

### 17. Teaching Methodology

Theoretical-practical classes encourage debate on the topics covered, using the active participation of the students.

In tutorial classes, group dynamics and exercises are carried out, videos are viewed and discussed.

The student's proactive ability to search for information from various sources is emphasised. Texts are also presented on thematic areas of the program, which are the result of the work carried out by the students.

### 18. Course Unit Program

1. leadership: concept and main approaches.
2. New leadership theories;
3. Leadership profiles and styles;
4. Leadership in family businesses;
5. Body expression as a relevant element of leadership;
6. Coaching, concept and process;
7. Coaching as a determining factor in improving business performance;
8. Negotiation: concept and main approaches;
9. The negotiation process;
10. Negotiation techniques.

### 19. Assessment Methods

Knowledge assessment test (40%);

Group work, corresponding to writing a working paper on a topic related to the subject (40%);

Group work discussion (20%).

### 20. Didactic Resources

Slides, analysis and discussion of videos, news and articles; case studies and group dynamics.

### 21. Sustainability Objectives

Serão prosseguidos objetivos de educação de qualidade, procurar-se-á contribuir para a redução de desigualdades, igualdade de género e melhoria do desempenho das indústrias, da inovação e das infraestruturas. Ter-se-ão em conta os restantes pilares dos objetivos da sustentabilidade.



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## 22. Keywords

Leadership,  
Decision,  
Effectiveness,  
Coaching,  
Negotiation.

## 23. Main Bibliography

Author(s): Northouse, P.  
Title: Leadership: Theory and Practice  
Edition: 7<sup>a</sup> Year: 2016  
Local:  
Publisher: Sage Publications

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Author(s): Bennis, W.  
Title: A Essência do Líder ? O Grande Clássico da Liderança  
Edition: 1 Year: 2010  
Local:  
Publisher: Elsevier

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Author(s): Shell, R. G.  
Title: Bargaining for Advantage: Negotiation Strategies for Reasonable People  
Edition: 2<sup>a</sup> Year: 2018  
Local: New York  
Publisher: Penguin Books

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## 24. Complementary Bibliography

Author(s): Hunter, J. C.  
Title: O Monge e o Executivo  
Edition: 1 Year: 2014  
Local:  
Publisher: Marcador

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Author(s): Cameron, K,  
Title: Positive Leadership: strategies for extraordinary performance  
Edition: 2 Year: 2012  
Local:  
Publisher: Berrett-Koehler Publishers

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| Ficha técnica MIP / MIP Datasheet |                                                                                 |
|-----------------------------------|---------------------------------------------------------------------------------|
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| Autor / Author                    | Prof. Doutor MÁRIO ALEXANDRE GUERREIRO ANTÃO                                    |
| Classificação / Classification    | -                                                                               |
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