



UNIVERSIDADE LUSÍADA DE LISBOA

Course Unit Program
Research Methods in Clinical Psychology

Academic Year 2023/2024

1. Organic Unit

Institute of Psychology and Educational Sciences

2. Course

CLINICAL PSYCHOLOGY

3. Cycle

2nd

4. Course Unit

Research Methods in Clinical Psychology (N5204)

5. Scientific Area

6. Curricular Year

1st

7. Type of Curricular Unit / Semester

1st Semester



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8. Class type and workload (work time)

Theoretical classes:

Practical classes:

Theoretical-Practical Classes 30,00

Tutorial Guidance: 20,00

9. ECTS Credits

7,50

10. Scientific Area Coordinator

11. Regent

Prof. Doutora JOANA MARTINS GONÇALVES LOPES

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

The objective of this UC is to promote in students knowledge and skills of research methods and techniques.

15. Specific Objectives

Understand research in Clinical Psychology in the context of the professional practice of the Psychologist.

16. Skills to be acquired

Writing skills, analysis and quality assessment of scientific articles.

Review of literature and databases.

Skills transversal to research.

17. Teaching Methodology

- Expository
- Practical classes
- Reading and reflection
- Journal clubs

18. Course Unit Program



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1. Scientific knowledge and common sense
2. The Research Method
3. Select a research topic
4. Define a research question
5. Research projects as to their nature (basic and applied research)
6. Research projects regarding their approach (qualitative and quantitative research)
7. The literature review
8. Method: sample (sample size and sampling methods), design, instruments, and procedures
9. Data analysis (qualitative data and quantitative data)
10. Evaluation of the quality of a scientific article

19. Assessment Methods

- Individual work
- Two tests
- a final frequency

20. Didactic Resources

- Videos, documentaries, articles, case discussions, analysis and reflection with practical examples

21. Sustainability Objectives

- SDG 4: Quality education and SDG5: Gender equality
- SDG 8: Decent work and economic growth and SDG 10: Reduce inequalities

22. Keywords

- Research
- Scientific method
- Scientific articles
- Phases of the research process
- Data collection an



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23. Main Bibliography

Author(s): Almeida, L. S. ; Freire, T.
Title: Metodol.da investigação científica em psicologia
Edition: 5ª edição Year: 2009
Local: Braga
Publisher: Psiquilibrios

Author(s): Wright, A.G. ; Hallquist, M.N.
Title: The Cambridge Handbook of Research Methods in Clin
Edition: 1ª edição Year: 2003
Local:
Publisher: Cambridge University Press

Author(s): Cooper, H.
Title: APA Handbook of Research Methods in Psychology Vol
Edition: Year: 2012
Local: Washington, DC
Publisher: American Psychological Association

24. Complementary Bibliography

Author(s): Haslam, S.A. ; McGarty, C
Title: Research methods and statistics in psychology.
Edition: Year:
Local:
Publisher:

Author(s): David, H.
Title: Statistical Methods for Psychology
Edition: Year:
Local:
Publisher:



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Ficha técnica MIP / MIP Datasheet	
Título / Title	Course Unit Program 'MÉTODOS DE INVESTIGAÇÃO EM PSICOLOGIA CLÍNICA': Academic Year 2023/2024
Autor / Author	Prof. Doutora JOANA MARTINS GONÇALVES LOPES
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Descritores / Descriptors	-
Colaborador(es) / Colaborator(s)	-
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