



UNIVERSIDADE LUSÍADA
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Course Unit Program
Internship and Final Report

Academic Year 2023/2024

1. Organic Unit

Institute of Psychology and Educational Sciences

2. Course

CLINICAL PSYCHOLOGY

3. Cycle

2nd

4. Course Unit

Internship and Final Report (N5212)

5. Scientific Area

6. Curricular Year

2nd

7. Type of Curricular Unit / Semester

Annual



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8. Class type and workload (work time)

Theoretical classes:

Practical classes:

Theoretical-Practical Classes

Tutorial Guidance: 60,00

9. ECTS Credits

30,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutora TÚLIA RUTE MAIA CABRITA

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

The frequency of an academic internship is a relevant condition for the training of the future clinical psychologist in order to be in contact with the professional reality and intervene in the clinical context.

The internship has a minimum duration of 450 hours and ends with an oral test of the final internship report. During this period, we aim to supervise the students' practice, liaise with the external supervisors of the internship location and guarantee the proper functioning and learning

15. Specific Objectives

Encourage reflection on the use and development of your skills developed throughout the course

Implement forms of reflection on the concrete problems of the clinical psychologist's day-to-day life

Increase the degree of maturity, preparation and human relationship of students for future professional performance;

Support the completion of the final internship report

16. Skills to be acquired

Capacity for self-analysis and self-criticism

Ability to work in a team

Scientific skills for the preparation of a scientific document - The final internship report



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17. Teaching Methodology

Essentially will be used:
Discussion and sharing groups
Case studies

18. Course Unit Program

1. The intervention of the clinical psychologist
 - 1.1. The specificity of the clinical context
 - 1.2 The specificity of the patient
 - 1.2 The multidisciplinary teams
 - 1.3 Ethics in clinical intervention
2. Elaboration of the Scientific Document
 - 2.1 Structuring a final internship report
 - 2.2 The elaboration and conceptualization of the Report
 - 2.3 Presentation and Discussion of the Report
 - 2.4 Good practices in preparing a Final Internship Report

19. Assessment Methods

The continuous evaluation criteria will be:
Participation and attendance
Motivation for self-discovery and investigation
Critical self-analysis ability
Ability to work in a team and help in a group

20. Didactic Resources

Computer and Microsoft office software
multimedia projector
Films
Copies of papers and case studies

21. Sustainability Objectives

Objective 3: Health and Quality

Reduce premature mortality from non-communicable diseases by one-third through prevention and treatment, and promote mental health and well-being.

Objective 4: Quality Education

Ensure that all learners acquire the knowledge and skills necessary to promote sustainable development, including but not limited to through education for sustainable development and sustainable lifestyles, human rights, gender equality.

22. Keywords

Clinical psychology
Good Practices
Final internship report



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23. Main Bibliography

Author(s): Pomerantz, A.
Title: Clinical Psychology: Science, Practice, and Diversity
Edition: 5^a Year: 2020
Local: California
Publisher: SAGE

Author(s): Bernstein, D., Teachman, B., Olantunji, B., & Lilienfeld, S.
Title: Introduction to Clinical Psychology
Edition: 9^a Year: 2021
Local: Cambridge
Publisher: Cambridge Press

Author(s): Andrew C. Page & Werner G. K. Stritzke
Title: Clinical Psychology for Trainees
Edition: 2^a Year: 2015
Local: Cambridge
Publisher: Cambridge University Press

24. Complementary Bibliography

Author(s): Jay Thomas & Michael Herson
Title: Understanding Research in Clinical and Counseling Psychology
Edition: 2^o Year: 2011
Local: New York
Publisher: Routledge

Author(s): Villatte, M., Villatte J., & Hayes, S.
Title: Mastering the Clinical Conversation: Language as Intervention
Edition: 1^a Year: 2019
Local: New Jersey
Publisher: Wiley Blackwell



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Ficha técnica MIP / MIP Datasheet	
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