



UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Introduction to Social Sciences

Academic Year 2026/2027

1. Organic Unit

Faculty of Business and Economic Sciences

2. Course

ECONOMICS

3. Cycle

1st

4. Course Unit

Introduction to Social Sciences (03308)

5. Scientific Area

6. Curricular Year

1st

7. Type of Curricular Unit / Semester

2nd Semester



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8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	30,00
Tutorial Guidance:	20,00

9. ECTS Credits

6,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutor ANTÓNIO AUGUSTO TEIXEIRA DA COSTA

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

Knowing how the social sciences produce knowledge about contemporary economics and social reality;
Provide elementary scientific resources and domains with an emphasis on economics science;
Raising awareness of the need and usefulness of interdisciplinary collaboration;
Providing instruments with a view to carrying out autonomous research in economics science.

15. Specific Objectives

Know conceptual models in science and economics;
Know the specificities of economics as a social science;
Knowing how to research any topic in the economic area.

16. Skills to be acquired

Knowing how to think in holistic terms;
Learn to reflect on social issues.
Develop creativity and critical thinking;
Develop skills to work in a group.

17. Teaching Methodology

Theoretical-practical classes using new information and communication technologies; Questions for discussion and case analysis.



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18. Course Unit Program

1. The economy and what economists study;
2. The economics approach to the major problems of the 21st century
3. Economics as a science
4. Economics and social sciences;
5. Economics is an empirical science;
- 6- The essence of methodology and the methodology of economics.

19. Assessment Methods

The Regulations for the Assessment of Knowledge and Skills currently in force will apply. Under continuous assessment, oral contributions distributed throughout the teaching period and a final written test will be mandatory

20. Didactic Resources

Video projector;

Search on the Internet;

Specialized bibliography.

21. Sustainability Objectives

The subject pursues, with more intensity, the following Sustainable Development Goals:

- 4- Quality education;
- 7- Renewable and accessible energies;
- 8- Decent work and economic growth;
- 9- Industry, innovation and infrastructure;
- 10- Reduce inequalities;
- 11- Sustainable cities and communities;
- 12- Sustainable production and consumption and
- 13- Climate action.

22. Keywords

Science;
Social Sciences;
Economics;
Methodology;
Research.



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23. Main Bibliography

Author(s): Jonker, Jan., Pennink, B., Morgado, P.M.
Title: Metodologia de investigação em ciências económicas: um guia conciso para estudantes de mestrado e do
Edition: Year: 2018
Local: Lisboa
Publisher: Conjuntura Atual Editora.
ISBN Code: 978-989-694-333-2.

Author(s): UNDP
Title: Human Development Report. Beyond income, beyond averages, beyond today: Inequalities in human develo
Edition: Year: 2019
Local: New York USA
Publisher: United Nations Development Programme
ISBN Code: 978-92-1-126439-5

Author(s): Blaug, Mark
Title: A metodologia da economia: Ou como os economistas explicam
Edition: Year: 1994
Local: Lisboa
Publisher: Gradiva
ISBN Code:

24. Complementary Bibliography

Author(s): Barbieri, F., Feijó, R.L.C
Title: Metodologia do Pensamento Económico: O modo de fazer ciência dos economistas
Edition: Year: 2013
Local: São Paulo
Publisher: Atlas
ISBN Code:

Author(s): Mações, Manuel
Title: Manual de gestão moderna
Edition: 2ª Year: 2018
Local: Lisboa



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Publisher: Actual - Almedina
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Ficha técnica MIP / MIP Datasheet	
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