UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Introduction to International Relations

Academic Year 2024/2025

1. Organic Unit

Faculty of Law

2. Course

INTERNATIONAL RELATIONS

3. Cycle

1st

4. Course Unit

Introduction to International Relations (07401)

5. Scientific Area

6. Curricular Year

1st

7. Type of Curricular Unit / Semester

1st Semester

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8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	30,00
Tutorial Guidance:	20,00

9. ECTS Credits

6,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutora MARIA MIGUEL SOUSA GALITO

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

The discipline focuses on the introductory concepts underlying the discipline of International Relations. It aims at the systematic study of political, economic and social relations between different countries and international organizations.

15. Specific Objectives

Gain skills in the field of International Relations and develop the ability to analyze events in the world. Main principles and paradigms of this scientific area.

16. Skills to be acquired

Intellectual skills (apprehension and understanding of contents).
Practical skills (ability to apply knowledge).
Qualifications within the scope of analyzing world conflicts and tensions, in an integrated and systematic way, from a structured perspective.
Development of analysis/critique skills.

17. Teaching Methodology

Theoretical-practical classes and tutoring classes using the most appropriate audiovisual means, which better enable the perception of the subjects.

In each class, the teacher presents the subject and contextualizes concepts; indicates the subject to be developed during the work sessions and suggests bibliography.

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18. Course Unit Program

1. Introduction to International Relations
1.1 Definition
1.2 International Relations, as an autonomous discipline
1.2.1 Nature, Purpose and Methodology
1.3 Paradigms of International Relations

2. Concepts of Political Science and International Relations
2.1 Sovereignty. Nation, State, Nation-State, State with several Nations, Nations among States
2.2 National interest vs. External Interests. Order and Anarchy
2.3 International System
2.4 Power
2.4.1 Definitions of Power
2.4.2 Power Factors
2.4.3 Hard Power; Soft Power and Smart Power
2.4.4 Power Structures
2.4.5 International Hierarchy
2.4.6 Expansionist Foreign Policy - Hegemony and Imperialism

3. International Relations Actors
3.1 States
3.2 International Organizations
3.3 Transnational Actors

4. Foreign Policy and Diplomacy
4.1 Definitions of Foreign Policy and Diplomacy
4.1.2 The Formulation of Foreign Policy
4.1.3 The Decision-Making Process in Foreign Policy
4.1.4 Types of Diplomacy

5. Globalization
5.1 Definition of Globalization
5.2 Internationalization vs. globalization

6. Conflict and Cooperation in International Relations
6.1 International Security
6.2 War and Peace
6.3 Cooperation and Interdependence
6.4 International Organizations, Regional Integration and Imperialism

7. Structuring themes of International Relations in the 21st century
7.1 Economic and Financial Crises
7.2 The Return of Nationalisms
7.3 Democracy vs. authoritarianism

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7.4 Populism
7.5 International Terrorism
7.6 Proliferation of Nuclear Weapons
7.7 Cybersecurity
7.8 Migrations and Refugees
7.9 Climate Change
7.10 Human Rights and International Law

8. The Future of International Relations
8.1 The Rise of New Powers
8.2 The International Order. World Chess Trends
8.3 Virtual World and New Socioeconomic Trends

19. Assessment Methods

The assessment is based on regulations, and may be modified in accordance with guidelines from Lusíada University of Lisbon. Continuous assessment takes into account the student's attendance and participation in classes (both theoretical-practical and tutorials). It is important to meet the challenges of the teacher, which may involve carrying out written and/or oral tests, and/or individual or group work/dynamics.

20. Didactic Resources

All those that are appropriate to the addressed topics, regardless of their nature, and that may achieve the objectives defined for the curricular unit.
Appropriate audiovisual means.
If necessary, "Teams IT platform" may be used.

21. Sustainability Objectives

Main Goals:
1 - Ensure equal access to quality technical, professional and cultural education.
2 - Substantially increase the number of young people and adults with relevant qualifications, including technical and professional skills, for employment, decent work and entrepreneurship.
3 - Guarantee equal opportunities in university education, including people in vulnerable situations.
4 ? Promoting the gradual dematerialization of the teaching/learning process.
Specific goals:
1 - Promote t

22. Keywords

International relations
Power
Foreign policy
Diplomacy
Globalization

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23. Main Bibliography

Author(s):	BRAILLARD, Philip		
Title:	Teoria das Relações Internacionais		
Edition:		Year:	2002
Local:	Lisboa		
Publisher:	Fundação Calouste Gulbenkian		

Author(s):	MALTEZ, José Adelino		
Title:	Curso de Relações Internacionais		
Edition:		Year:	2016
Local:	São João do Estoril		
Publisher:	Princípia		

Author(s):	MOREIRA, ADRIANO		
Title:	Teoria das Relações Internacionais		
Edition:		Year:	2016
Local:	Coimbra		
Publisher:	Almedina		

24. Complementary Bibliography

Author(s):	JACKSON, Robert and SORENSEN, Georg		
Title:	Introduction to International Relations: Theories and Approaches		
Edition:		Year:	2016
Local:	Oxford		
Publisher:	Oxford University Press		

Author(s):	KISSINGER, Henry		
Title:	Diplomacia		
Edition:		Year:	1996
Local:	Lisboa		
Publisher:	Gradiva		

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Ficha técnica MIP / MIP Datasheet	
Título / Title	Course Unit Program 'INTRODUÇÃO ÀS RELAÇÕES INTERNACIONAIS': Academic Year 2024/2025
Autor / Author	Prof. Doutora MARIA MIGUEL SOUSA GALITO
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