UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Security and Defense Policy

Academic Year 2025/2026

1. Organic Unit

Faculty of Law

2. Course

INTERNATIONAL RELATIONS

3. Cycle

1st

4. Course Unit

Security and Defense Policy (07424)

5. Scientific Area

6. Curricular Year

3rd

7. Type of Curricular Unit / Semester

2nd Semester

FUNDAÇÃO MINERVA CULTURA - ENSINO E INVESTIGAÇÃO CIENTÍFICA

Rua da Junqueira, 188 a 198 - 1349-001 LISBOA - Telefone 213 611 500 - Fax 213 638 307 - e-mail: info@lis.ulusiada.pt - https://www.lis.ulusiada.pt

8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	30,00
Tutorial Guidance:	20,00

9. ECTS Credits

6,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutor ANTÓNIO MANUEL GONÇALVES ALEXANDRE

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

Provide scientific and professional skills related to security and defense studies, allowing the interpretation and understanding, in an integrated and critical way, of the relationship between the variety of threats and growing contemporary challenges, within the framework of trends in security and defense studies.

15. Specific Objectives

Provide formative knowledge, establishing the concepts of security and defense according to different political contexts, developing critical and reflective thinking. Stimulate a critical-dynamic approach to doctrinal content: consultation, interpretation and analysis of studies and texts on program themes, in accordance with security and defense policy, national, European and international challenges within the framework of security and defense themes.

16. Skills to be acquired

Projecting, in an integrated and critical way, the dynamic relationship between the concepts of security and defense policy. The contents of this Curricular Unit are in full coherence with its objectives, privileging a global approach to security and defense policies in the face of different security challenges, as well as the increase in strategic thinking in accordance with the constitutional order of a time and space.

FUNDAÇÃO MINERVA CULTURA - ENSINO E INVESTIGAÇÃO CIENTÍFICA

Rua da Junqueira, 188 a 198 - 1349-001 LISBOA - Telefone 213 611 500 - Fax 213 638 307 - e-mail: info@lis.ulusiada.pt - https://www.lis.ulusiada.pt

17. Teaching Methodology

The teaching methodologies are in coherence with the learning objectives of the curricular unit given that the expository methodology makes it possible to specifically reach the different concepts, philosophical hermeneutics and their practical applications. The working methodology for students in the 1st cycle of studies in the assessment and discussion of scientific articles, themes and practical situations, with the aim of consolidating knowledge, acquiring skills and competencies.

18. Course Unit Program

1. Conceptual framework
(Security and Defense Concepts: evolution and organization)
2. Evolution of Strategic Security Thinking
(The relationships between Politics, Security and Defense)
3. The International Dimension of Security
(Evolution of the National Security Strategy)
4. Strategic Security Planning
(Defense and Security; from theory to practice)
5. Security and Defense Policy in Portugal, Europe and the World
(Analysis and prospective, cognitive dimensions and case studies)

19. Assessment Methods

Assessment methods enable the teacher to have a continuous idea of the evolution of knowledge, acquired skills and the development of the student's desired skills. The discussion of specialized bibliography and teaching content is promoted, exploring and interpreting, based on the structure of the classes. Emphasis will be placed on continuous assessment, attendance and participation, as well as the completion of two tests.

20. Didactic Resources

Theoretical-practical classes, where the exposition of content will be presented using the indicated bibliography of books and texts, exploring and interpreting, based on the structure of the classes. Although the theoretical component predominates in this discipline, classes will focus on the analysis and discussion of scientific texts, as well as other documentary sources and the performance of exercises to apply the knowledge transmitted.

21. Sustainability Objectives

1. Ensure equal access to quality technical, professional and cultural education.
2. Substantially increase the number of young people and adults with relevant qualifications, including technical and professional skills, for employment, decent work and entrepreneurship.

22. Keywords

Security and Defense Policy
Security
Defense
Threats
Armed forces

FUNDAÇÃO MINERVA CULTURA - ENSINO E INVESTIGAÇÃO CIENTÍFICA

Rua da Junqueira, 188 a 198 - 1349-001 LISBOA - Telefone 213 611 500 - Fax 213 638 307 - e-mail: info@lis.ulusiada.pt - https://www.lis.ulusiada.pt

23. Main Bibliography

Author(s):	Alan Collins		
Title:	Contemporary security studies		
Edition:	4	Year:	2016
Local:	Oxford		
Publisher:	Oxford University Press		

Author(s):	Barry Buzan & Lene Hansen		
Title:	The Evolution of International Security Studies		
Edition:	1	Year:	2009
Local:	Cambridge		
Publisher:	Cambridge University Press		

Author(s):	Myriam Dunn Cavelty e Victor Mauer (Coord.)		
Title:	The Routledge Handbook of Security Studies		
Edition:		Year:	2010
Local:			
Publisher:	Routledge		

24. Complementary Bibliography

Author(s):	Jospeh Grieco, John Ikenberry, Michael Mastanduno		
Title:	Introduction to International Relations		
Edition:	3	Year:	2022
Local:			
Publisher:			

Author(s):	Jolyon Howorth		
Title:	Security and Defence Policy in the European Union		
Edition:	2	Year:	2014
Local:	London		
Publisher:	Bloomsbury Publishing		

FUNDAÇÃO MINERVA CULTURA - ENSINO E INVESTIGAÇÃO CIENTÍFICA

Rua da Junqueira, 188 a 198 - 1349-001 LISBOA - Telefone 213 611 500 - Fax 213 638 307 - e-mail: info@lis.ulusiada.pt - https://www.lis.ulusiada.pt

UNIVERSIDADE LUSÍADA
LISBOA

Ficha técnica MIP / MIP Datasheet	
Título / Title	Course Unit Program 'POLÍTICA DE SEGURANÇA E DEFESA': Academic Year 2025/2026
Autor / Author	Prof. Doutor ANTÓNIO MANUEL GONÇALVES ALEXANDRE
Classificação / Classification	-
Descritores / Descriptors	-
Colaborador(es) / Colaborator(s)	-
Data Hora / Date Time	
Formato de dados / Data Format	Texto / Text, PDF
Estatuto de utilização / Usage	Acesso público / Public Access
Relação / Relation	Version 1,0

(c) Universidade Lusíada, 2025

FUNDAÇÃO MINERVA CULTURA - ENSINO E INVESTIGAÇÃO CIENTÍFICA

Rua da Junqueira, 188 a 198 - 1349-001 LISBOA - Telefone 213 611 500 - Fax 213 638 307 - e-mail: info@lis.ulusiada.pt - https://www.lis.ulusiada.pt