UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Psychology of Learning

Academic Year 2025/2026

1. Organic Unit

Institute of Psychology and Educational Sciences

2. Course

PSYCHOLOGY

3. Cycle

1st

4. Course Unit

Psychology of Learning (20307)

5. Scientific Area

6. Curricular Year

1st

7. Type of Curricular Unit / Semester

1st Semester

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8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	30,00
Tutorial Guidance:	20,00

9. ECTS Credits

6,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutor ANTÓNIO MARTINS FERNANDES REBELO

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

It is intended to encourage students to critically reflect on the pedagogical implications of scientific data from the psychology of learning.
The methodological strategies will favor participatory training, oriented towards discovery and knowledge of the learning processes themselves, which were developed throughout their academic career.

15. Specific Objectives

Enable students to recognize the different types, mechanisms and factors of different theoretical approaches to the learning process. It is intended to provide future psychologists with conceptual instruments that facilitate the analysis and understanding of learning processes.

16. Skills to be acquired

At the end of the course, students should be able to criticize different theories of learning and discuss the influence of internal and external factors.

17. Teaching Methodology

We will give priority to the investigative and critical spirit, privileging the oral or computer presentation of topics for discussion in a classroom environment. The oral exposition of the themes will be accompanied by reading and presentation works on scientific texts.

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18. Course Unit Program

1 - Learning as an area of study

- acquisition of concepts
- innate tendencies - reflexes, instinctual tropisms, "imrenting"
- learning and development
- learning and nervous system

2 - Learning processes

- Thornedike's connectionism
- Skinner's operant conditioning
- Tolman's sign learning
- Gestalt theory
- the behaviorist perspective
- the constructivist theory of Jean Piaget
- Vygotsky's socio-interactionist theory
- Bandura's social learning
- cognitive, psychoanalytic and social learning approaches
- meaningful learning from Ausubel
- Edgar Morin's theory of complexity
- Bruner's learning theory

3 - Learning Framework

- development and learning method
- sensory and motor domain
- cognitive domain
- affective domain

4 - Learning and the child's social world

- time and space
- learning and motivation
- cooperative learning

19. Assessment Methods

Critical presentation of scientific texts related to the different subjects to be taught.
2 mini tests
1 exam

20. Didactic Resources

Scientific texts; Films; Discussion of cases.

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21. Sustainability Objectives

Quality health
Quality education

22. Keywords

Learning
Motivation
Development
Cognition

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23. Main Bibliography

Author(s):	S. K. Mangal		
Title:	Psychology of Learning and development		
Edition:	5ª	Year:	2019
Local:	EUA		
Publisher:	PHI , learning		

Author(s):	Olson, Mathew		
Title:	An Introdution to theories of Learning		
Edition:	Digital	Year:	2020
Local:	London		
Publisher:	Digital		

Author(s):	COLL, C.; PALACIOS, J.; MARCHESI, A.		
Title:	Desenvolvimento psicológico e educação - psicologia evolutiva		
Edition:	2ª	Year:	2010
Local:	S. Paulo		
Publisher:	Artmed		

24. Complementary Bibliography

Author(s):	Monteiro, Tamires		
Title:	Psicologia da Educação		
Edition:	1ª	Year:	2021
Local:	S. paulo		
Publisher:	Senac		

Author(s):	Berbardes, Maria; Gomes, Maria; Fonseca, Viviane		
Title:	Desafios para uma Formação Integral		
Edition:	1ª	Year:	2023
Local:			
Publisher:	Paco Editorial		

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Ficha técnica MIP / MIP Datasheet	
Título / Title	Course Unit Program 'PSICOLOGIA DA APRENDIZAGEM': Academic Year 2025/2026
Autor / Author	Prof. Doutor ANTÓNIO MARTINS FERNANDES REBELO
Classificação / Classification	-
Descritores / Descriptors	-
Colaborador(es) / Colaborator(s)	-
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