UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Observational and Interview Methods

Academic Year 2025/2026

1. Organic Unit

Institute of Psychology and Educational Sciences

2. Course

PSYCHOLOGY

3. Cycle

1st

4. Course Unit

Observational and Interview Methods (20310)

5. Scientific Area

6. Curricular Year

1st

7. Type of Curricular Unit / Semester

2nd Semester

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8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	30,00
Tutorial Guidance:	

9. ECTS Credits

3,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutor JOÃO JOSÉ DA SILVA PISSARRA

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

The Curricular Unit of observation and interview methods aims to promote knowledge and skills in terms of techniques for collecting information: interview and observation in Psychology. Know, distinguish and articulate different types and techniques of observation and interview.

15. Specific Objectives

The UC of observation and interview methods aims to promote in students knowledge and skills in terms of:
- interview techniques
- observation techniques
- identify different types of interview
- identify different types of observation
- deepen the psychological and clinical interview
- integration of data collected using observation and clinical interview
- observation and interview in psychotherapy and in other clinical and non-clinical contexts

16. Skills to be acquired

Identify and characterize interview types and techniques
Identify and characterize types of observation
Construct an interview guide and an observation grid
Application of interview and observation in Psychology

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17. Teaching Methodology

Theoretical/practical classes
roleplay
Construction and experimental application of data collection material
Debate and discussion groups

18. Course Unit Program

1. Observation in psychology
1.1 Types of observation
1.2 Advantages of observation
1.3 Limitations of observation
1.4 Observation in a clinical context
1.5 Observation in a research context
2. Interview
2.1 Generalities and definitions
2.1.1 The interview in the field of psychology
2.2 Types of interviews
2.3 Interview techniques
2.3 Advantages of the interview
2.4 Limitations of the interview
3. Role of the observer and interviewer
3.1 Biases and distortions
3.2 Difficulties in observation and interview
3.3 Ethics in observation and interview methods in Psychology

19. Assessment Methods

The evaluation of the subject of observation and interview methods will be done through two written tests and a group assignment.

20. Didactic Resources

Use of assessment instruments (observation grids and interview guides, interactive methods and multimedia material and reference publications on the subject.

21. Sustainability Objectives

SDG 4: Quality education and SDG5: Gender equality
SDG 8: Decent work and economic growth and SDG 10: Reduce inequalities

22. Keywords

Observation
Interview
Psychology
Methodology
investigation

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23. Main Bibliography

Author(s):	H. Cooper, M. N. Coutanche, L. M. McMullen, A. T. Panter, D. Rindskopf, & K. J. Sher (Eds.),		
Title:	APA handbook of research methods in psychology: Foundations, planning, measures, and psychometrics		
Edition:	2ª Edition	Year:	2023
Local:	Washington DC		
Publisher:	American Psychological Association		

Author(s):	Goldstein, G., Allen, D. N., & DeLuca, J. (Eds.).		
Title:	Handbook of psychological assessment		
Edition:	4ª	Year:	2019
Local:			
Publisher:	Elsevier Academic Press		

Author(s):	Hambrecht, G. & Rice, T.		
Title:	Clinical Observation: a guide for students in speech, language and hearing.		
Edition:		Year:	2011
Local:	London, United Kingdom		
Publisher:	Jones & Bartlett Learning, LLC.		

24. Complementary Bibliography

Author(s):	Leal, I.		
Title:	A Entrevista Psicológica: Técnica, Teoria e Clínica		
Edition:		Year:	2008
Local:	Lisboa, Portugal		
Publisher:	Fim de Século		

Author(s):	Introduction to Clinical Psychology: Bridging Science and Practice		
Title:	Introduction to Clinical Psychology: Bridging Science and Practice		
Edition:	10th ed.	Year:	2024
Local:	Cambridge		
Publisher:	Cambridge University Press.		

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Ficha técnica MIP / MIP Datasheet	
Título / Title	Course Unit Program 'MÉTODOS DE OBSERVAÇÃO E ENTREVISTA': Academic Year 2025/2026
Autor / Author	Prof. Doutor JOÃO JOSÉ DA SILVA PISSARRA
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Colaborador(es) / Colaborator(s)	-
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