UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Group Psychology

Academic Year 2025/2026

## 1. Organic Unit

Institute of Psychology and Educational Sciences

## 2. Course

PSYCHOLOGY

## 3. Cycle

1st

## 4. Course Unit

Group Psychology (20319)

## 5. Scientific Area

## 6. Curricular Year

2nd

## 7. Type of Curricular Unit / Semester

2nd Semester



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## 8. Class type and workload (work time)

| | |
|---|---|
| Theoretical classes: | |
| Practical classes: | |
| Theoretical-Practical Classes | 30,00 |
| Tutorial Guidance: | |

## 9. ECTS Credits

3,00

## 10. Scientific Area Coordinator

## 11. Regent

Prof. Doutora MARIA MANUELA MARQUES FAIA CORREIA

## 12. Assistants

## 13. Teaching Language

Portuguese

## 14. General Objectives

- Introduce and familiarize students with up-to-date knowledge of principles, research results and theories related to group processes.
- Stimulate critical thinking, evaluation and application of interpersonal skills.
- Develop the ability to present and express ideas in a social context.

## 15. Specific Objectives

- Identify group processes in a given socio-organizational reality;
- Recognize the dynamics of social influence that emerge and develop within groups;
- Place the individual within the collective;
- Formulate the explicit and implicit mechanisms that affect productivity and decision-making processes in groups.

## 16. Skills to be acquired

- Development of comprehension skills
- Development and stimulation of critical ability
- Development of intervention capacity on the structural aspects of groups

## 17. Teaching Methodology

Classes using expository methodologies
Practical classes of analysis and discussion of cases
video
Group work that encourage interactivity between students and teachers.



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## 18. Course Unit Program

1. Introduction to group psychology.
2. Studying groups.
3. Inclusion and identity.
4. Training.
5. Cohesion and development.
6. Structure.
7. Influence.
8. Power.
9. Leadership.
10. Performance and effectiveness.
11. Teams.
12. Decision making.
13. Conflict.
14. Intergroup relations.
15. Groups in context.

## 19. Assessment Methods

2 written-tests.
1 group work with mandatory presentation in class.

## 20. Didactic Resources

- Expository method in the presentation of theoretical models
- case studies
- Videos

## 21. Sustainability Objectives

SDG 4: Quality Education
SDG 8: Decent work and economic growth

## 22. Keywords

Teams
Group Dynamics
Negotiation
Conflicts
Teambuilding



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## 23. Main Bibliography

| | | | |
|---|---|---|---|
| Author(s): | Forsyth, D. | | |
| Title: | Group dynamics | | |
| Edition: | 7 th | Year: | 2014 |
| Local: | NY | | |
| Publisher: | Thomson | | |

| | | | |
|---|---|---|---|
| Author(s): | Eduardo Salas, Ramón Rico, Jonathan Passmore (Eds.) | | |
| Title: | The Wiley Blackwell Handbook of the Psychology of Team Working and Collaborative Processes | | |
| Edition: | 1 | Year: | 2017 |
| Local: | UK | | |
| Publisher: | John Wiley & Sons Ltd. | | |

| | | | |
|---|---|---|---|
| Author(s): | Tannenbaum, D. Cohen, & E. Salas, S. I. | | |
| Title: | Teams That Work: The Seven Drivers of Team Effectiveness | | |
| Edition: | 1ª | Year: | 2024 |
| Local: | NY | | |
| Publisher: | Oxford University Press | | |

## 24. Complementary Bibliography

| | | | |
|---|---|---|---|
| Author(s): | Cunha, M; Rego, A, Mota Rego, T. | | |
| Title: | Super equipas | | |
| Edition: | 2 | Year: | 2018 |
| Local: | Lisboa | | |
| Publisher: | Actual | | |

| | | | |
|---|---|---|---|
| Author(s): | Gelfand, Michele J. & Erez, M (eds.) | | |
| Title: | The Oxford Handbook of Cross-Cultural Organizational Behavior | | |
| Edition: | 1ª | Year: | 2024 |
| Local: | NY | | |
| Publisher: | Oxford University Press | | |



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|---|---|
| Título / Title | Course Unit Program 'PSICOLOGIA DOS GRUPOS': Academic Year 2025/2026 |
| Autor / Author | Prof. Doutora MARIA MANUELA MARQUES FAIA CORREIA |
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| Colaborador(es) / Colaborator(s) | - |
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