



UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Group Psychology

Academic Year 2026/2027

1. Organic Unit

Institute of Psychology and Educational Sciences

2. Course

PSYCHOLOGY

3. Cycle

1st

4. Course Unit

Group Psychology (20319)

5. Scientific Area

6. Curricular Year

2nd

7. Type of Curricular Unit / Semester

2nd Semester



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8. Class type and workload (work time)

Theoretical classes:

Practical classes:

Theoretical-Practical Classes 30,00

Tutorial Guidance:

9. ECTS Credits

3,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutora MARIA MANUELA MARQUES FAIA CORREIA

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

- Introduce and familiarize students with up-to-date knowledge of principles, research results and theories related to group processes.
- Stimulate critical thinking, evaluation and application of interpersonal skills.
- Develop the ability to present and express ideas in a social context.

15. Specific Objectives

- Identify group processes in a given socio-organizational reality;
- Recognize the dynamics of social influence that emerge and develop within groups;
- Place the individual within the collective;
- Formulate the explicit and implicit mechanisms that affect productivity and decision-making processes in groups.

16. Skills to be acquired

- Development of comprehension skills
- Development and stimulation of critical ability
- Development of intervention capacity on the structural aspects of groups

17. Teaching Methodology



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Classes using expository methodologies

Practical classes of analysis and discussion of cases

video

Group work that encourage interactivity between students and teachers.

18. Course Unit Program

1. Introduction to group psychology.
2. Studying groups.
3. Inclusion and identity.
4. Training.
5. Cohesion and development.
6. Structure.
7. Influence.
8. Power.
9. Leadership.
10. Performance and effectiveness.
11. Teams.
12. Decision making.
13. Conflict.
14. Intergroup relations.
15. Groups in context.

19. Assessment Methods

In accordance with the current Knowledge Assessment Regulations.

20. Didactic Resources

- Expository method in the presentation of theoretical models
- case studies
- Videos

21. Sustainability Objectives

SDG 4: Quality Education

SDG 8: Decent work and economic growth

22. Keywords

Teams
Group Dynamics
Negotiation
Conflicts
Teambuilding



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23. Main Bibliography

Author(s): Forsyth, D.
Title: Group dynamics
Edition: 7 th Year: 2014
Local: NY
Publisher: Thomson
ISBN Code:

Author(s): Eduardo Salas, Ramón Rico, Jonathan Passmore (Eds.)
Title: The Wiley Blackwell Handbook of the Psychology of Team Working and Collaborative Processes
Edition: 1 Year: 2017
Local: UK
Publisher: John Wiley & Sons Ltd.
ISBN Code:

Author(s): Tannenbaum, D. Cohen, & E. Salas, S. I.
Title: Teams That Work: The Seven Drivers of Team Effectiveness
Edition: 1^a Year: 2024
Local: NY
Publisher: Oxford University Press
ISBN Code:

24. Complementary Bibliography

Author(s): Cunha, M; Rego, A, Mota Rego, T.
Title: Super equipas
Edition: 2 Year: 2018
Local: Lisboa
Publisher: Actual
ISBN Code:

Author(s): Gelfand, Michele J. & Erez, M (eds.)
Title: The Oxford Handbook of Cross-Cultural Organizational Behavior
Edition: 1^a Year: 2024
Local: NY
Publisher: Oxford University Press



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ISBN Code:

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