UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Psychopathology

Academic Year 2025/2026

## 1. Organic Unit

Institute of Psychology and Educational Sciences

## 2. Course

PSYCHOLOGY

## 3. Cycle

1st

## 4. Course Unit

Psychopathology (20322)

## 5. Scientific Area

## 6. Curricular Year

2nd

## 7. Type of Curricular Unit / Semester

1st Semester



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## 8. Class type and workload (work time)

| | |
|---|---|
| Theoretical classes: | |
| Practical classes: | |
| Theoretical-Practical Classes | 30,00 |
| Tutorial Guidance: | 20,00 |

## 9. ECTS Credits

6,00

## 10. Scientific Area Coordinator

## 11. Regent

Prof. Doutora JOANA MARTINS GONÇALVES LOPES

## 12. Assistants

## 13. Teaching Language

Portuguese

## 14. General Objectives

Acquisition and deepening of knowledge at the level of:
- Psychopathology as a Discipline (Definition, object and main concepts)
- Models of Causality in Psychopathology
- Classification and Diagnosis in Psychopathology
- Psychopathology of the Different Areas of Functioning
- MultiAxial Assessment

## 15. Specific Objectives

Acquisition and deepening of knowledge at the level of:
- Psychopathology as a Discipline (Definition, object and main concepts)
- Classification and Diagnosis in Psychopathology
- The clinical interview
- Screening and forwarding
- Anamnesis
- Psychopathology of the Different Areas of Functioning
- Nosology (Description of the Main Diagnosis Entities in Psychopathology, causal factors, and relevant conceptual aspects of the various diagnostic categories)

## 16. Skills to be acquired



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Students should acquire skills that allow them to:
- Characterize and understand normality and pathology
- Describe the main diagnostic entities in psychopathology
- Classify and diagnose psychopathology based on practical cases
- Master classification, diagnosis and multiaxial evaluation methodologies
- Diagnosis according to DSM-IV-tr/DSM-V
- Identify risk situations, the duty to protect and warn, namely in cases of suicide and homicide

## 17. Teaching Methodology

Theoretical-practical classes depart from the conceptual exposition to the discussion of the applications of the discussed contents to the clinical reality, through the presentation of clinical cases; and group analysis of clinical material in class.

## 18. Course Unit Program



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PART I - Psychopathology. Object of Study, Concepts and Methods

1. Psychopathology as a Discipline
1.1. Definition, object and main concepts.
1.2. Psychopathology, Psychology and Psychiatry - Intersection and Differentiation.
1.3. The Normal and the Pathological - Qualitative, quantitative and personal experience differentiation.
1.4. Classification and Diagnosis in Psychopathology
1.5. Objectives and limitations of a classification system. Why sort?

2. Psychopathology of the Different Areas of Functioning
2.1. Psychopathology of attention and orientation
2.2. Psychopathology of perception
2.3. Psychopathology of memory
2.4. Psychopathology of thought and language
2.5. Psychopathology of affect and emotions
2.6. Psychopathology of consciousness and self-experience
2.7. Psychopathology of psychomotricity
2.8. Psychopathology of intelligence
2.9. Psychopathology of behavior (aggressiveness, eating behavior, sexual behavior, etc.)

PART II - Nosology
Description of the Main Diagnosis Entities in Psychopathology, divergent theoretical approaches, causal factors associated with them, and relevant conceptual aspects of the different categories of diagnosis.

1. Mood Disorders
1.1. Depression and Dysthymia
1.2. Bipolar Disorders
1.2. Depression, learning, personality and psychopathology

2. Anxiety and Stress Disorders
2.1. Panic, Stress and Anxiety
2.2. Trauma, Neurosis and Stress
2.3. phobias
2.4. Types of Anxiety

3. Schizophrenia and Other Psychotic Disorders
3.1. Psychosis and Schizophrenia
3.2. Schizoaffective Disorder
3.3. Psychotic Syndrome and Chronic Mental Illness



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4. Psychopathology of the Personality.
4.1. Categorization of Personality Disorders

5. Substance-Related Disorders.
5.1. Substance-induced disorders, abuse, dependence.
5.2. Alcoholism and Drug Addiction
5.3. Substance use and psychopathology
5.4. Differential diagnosis and co-morbidity

6. Somatoform Disorders
6.1. Psychosomatics and Health Psychology
6.2. Body and Mind Pathology
6.3. Summation, Conversion

7. Eating Disorders
7.1. anorexia nervosa
7.2. Nervous bulimia
(partial listing)

## 19. Assessment Methods

- two individual written tests
- an individual job
- attendance and participation
- written exam (frequency) on all contents taught

## 20. Didactic Resources

Analysis of practical cases, interactive methods and multimedia material and reference publications on the subject

## 21. Sustainability Objectives

SDG 4: Quality education and SDG5: Gender equality
SDG 8: Decent work and economic growth and SDG 10: Reduce inequalities

## 22. Keywords

psychopathological disorders
psychological phenomena
multiaxial analysis



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## 23. Main Bibliography

| | | | |
|---|---|---|---|
| Author(s): | Diogo Teles Correia | | |
| Title: | Manual de Psicopatologia | | |
| Edition: | 3ª edição | Year: | 2023 |
| Local: | | | |
| Publisher: | LIDEL | | |

| | | | |
|---|---|---|---|
| Author(s): | American Psychiatric Association | | |
| Title: | DSM-5-TR Manual de Diagnóstico e Estatística das Perturbações Mentais | | |
| Edition: | 5ª edição | Year: | 2023 |
| Local: | | | |
| Publisher: | CLIMEPSI Editores | | |

| | | | |
|---|---|---|---|
| Author(s): | American Psychiatric Association | | |
| Title: | DSM- 5 -TR - Guia de Referência Rápida para os Critérios de Diagnóstico 5.ª Edição Texto Revisto | | |
| Edition: | 5ª | Year: | 2023 |
| Local: | NEW JERSEY | | |
| Publisher: | CLIMEPSI Editores | | |

## 24. Complementary Bibliography

| | | | |
|---|---|---|---|
| Author(s): | DANTE CICCHETTI, DONALD COHEN | | |
| Title: | Manual Clínico dos Transtornos Psicológicos Tratamento passo a passo | | |
| Edition: | 6ª edição | Year: | 2022 |
| Local: | | | |
| Publisher: | Artmed | | |

| | | | |
|---|---|---|---|
| Author(s): | Paulo Dalgalarrondo | | |
| Title: | Psicopatologia E Semiologia Dos Transtornos Mentais | | |
| Edition: | 3ª edição | Year: | 2019 |
| Local: | | | |
| Publisher: | Artmed | | |



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| Ficha técnica MIP / MIP Datasheet | |
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| Autor / Author | Prof. Doutora JOANA MARTINS GONÇALVES LOPES |
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