UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Educational Psychology

Academic Year 2025/2026

1. Organic Unit

Institute of Psychology and Educational Sciences

2. Course

PSYCHOLOGY

3. Cycle

1st

4. Course Unit

Educational Psychology (20326)

5. Scientific Area

6. Curricular Year

3rd

7. Type of Curricular Unit / Semester

1st Semester

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8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	30,00
Tutorial Guidance:	20,00

9. ECTS Credits

6,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutor ANTÓNIO MARTINS FERNANDES REBELO

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

Develop knowledge of basic principles in educational psychology and their application in childhood and adolescence.

15. Specific Objectives

t is intended that students are able to:
Understand the concept of Educational Psychology
Have an adequate understanding of the different scientific theories about the teaching-learning process.
Knowing the external and internal factors of the student, the teacher and their relationship, as well as the school and the family, which influence learning, both in terms of health and special educational needs.
Promote intervention skills in the school context.

16. Skills to be acquired

Develop skills:
theoretical-practical approach to the process of education and teaching-learning scientific and critical for evaluation and intervention in school contexts. Build intervention programs for students with SEN.

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17. Teaching Methodology

Theoretical classes
Practical classes
Analysis of cases and programs, with group discussion

18. Course Unit Program

1. The psychology of education: history, objectives, scope, basic principles, usefulness
2. The psychology of education and the psychology of teaching
3. The psychology of education in Portugal. Legislative aspects: LBSE-Law 46/86 and DL 54/2018 of July 6
4. The psychology of education and educational practices
5. Students' academic and professional guidance
6. Learning theories and learning-teaching processes in the classroom and group context
The. Intrapersonal factors in the learning process - stages of development, aptitudes and interests, personality variables, cognitive and sociocognitive styles, motivation
B. Interpersonal factors in the learning process - discipline, expectations and social representations, teacher/student relationships and interactions, class group, school community and external social networks (family, community, mass media...)
7. Educational psychology applied to Special Educational Needs
8. Educational psychology in promoting the student's psychosocial development
9. The school as a space for relationships and personal and interpersonal development
The. Culture and organizational climates of the school
B. Recent approaches of positive psychology in promoting school success
10. Psychological intervention programs in the school context: preventing and promoting well-being.

19. Assessment Methods

two mini tests

Exam

20. Didactic Resources

Scientific papers
Computer with data show and internet access
Printed material: case studies and practical programs in application in Portugal

21. Sustainability Objectives

Quality health
Quality education

22. Keywords

Education
Psychology
Learning
Development
inclusive education

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23. Main Bibliography

Author(s): Lord, Janet
Title: Psychology of Education: Theory, Research and Evidence
Edition: 1ª Year: 2022
Local: London, UK
Publisher: J. Lord Edition
ISBN Code:

Author(s): Coll, C; Palacios, J; Marchesi, A.
Title: Desenvolvimento psicológico e educação-psicologia da educação
Edition: Year: 2009
Local: Porto Alegre
Publisher: Artemed
ISBN Code:

Author(s): Stones, Edgar
Title: Psychology of Education: A Pedagogical Approach
Edition: 1ª Year: 2017
Local: London
Publisher: Routledge Library Edition
ISBN Code:

24. Complementary Bibliography

Author(s): Salvador, C.;Alemany, I.;Marti, E.;Majos, T.;Mestres,M.;Goni, J.; Gallart, I.; Gimenez, E.
Title: Psicologia do ensino
Edition: Year: 2000
Local: São Paulo
Publisher: Artmed
ISBN Code:

Author(s): Miranda, G. L., & Bahia, S.(Org.)
Title: Psicologia da Educação: Temas de desenvolvimento, Aprendizagem e Ensino
Edition: 1 Year: 2005
Local: Lisboa
Publisher: Relógio d' Água Editores

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ISBN Code:

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Autor / Author	Prof. Doutor ANTÓNIO MARTINS FERNANDES REBELO
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