UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Psychological Assessment II

Academic Year 2025/2026

1. Organic Unit

Institute of Psychology and Educational Sciences

2. Course

PSYCHOLOGY

3. Cycle

1st

4. Course Unit

Psychological Assessment II (20332)

5. Scientific Area

6. Curricular Year

3rd

7. Type of Curricular Unit / Semester

2nd Semester

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8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	30,00
Tutorial Guidance:	20,00

9. ECTS Credits

6,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutora TÚLIA RUTE MAIA CABRITA

12. Assistants

Prof. Doutora JOANA MARTINS GONÇALVES LOPES

13. Teaching Language

Portuguese

14. General Objectives

The specific psychological assessment of personality and intelligence is one of the dimensions most performed by psychology professionals. Thus, the objective of this course unit is to provide students with basic knowledge of psychological assessment that will allow them to identify, choose and apply psychological tests.

15. Specific Objectives

Familiarize students with the general characteristics of assessment tests
Identify specific characteristics of the personality assessment
Identify specific characteristics of intelligence assessment
Familiarize students with theoretical, ethical and professional issues related to evaluation

16. Skills to be acquired

Identify different assessment tests
Distinguish scales/questionnaires from psychological tests
Distinguish between projective and non-projective proofs
Identify evidence according to the age and characteristics of the subject

17. Teaching Methodology

Articulation of the active method with the expository using the interrogative. Case studies, reflection on scientific articles, practical applications, pedagogical applications, role-play will be used.

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18. Course Unit Program

1. General framework for psychological assessment
    a) Principles of psychological assessment
    b) Instruments of psychological assessment
        b1) The observation
        b2) The interview
        b3) Questionnaires, scales, inventories and psychological tests
        b4) Computers in psychological assessment
2. The assessment of intelligence
    a) Evaluation criteria
    b) Evaluation process
    C) Main tests and scales used

c1) The assessment of intelligence in children? development vs intelligence
c2) The assessment of intelligence in adults and the elderly

3. Personality assessment
    a) Evaluation criteria
    b) Evaluation process
    c) Main tests and scales used

c1) Projective techniques in personality assessment
c2) Questionnaires/inventories in personality assessment
c3) The assessment of personality in children
c4) The assessment of personality in adults and the elderly

4. Psychopathological dimensions in psychological assessment

a) Understanding of normal vs pathological
b) Anxiety in the evaluation process
c) Reports and relationship with the intervention

19. Assessment Methods

Fundamental Elements of Evaluation:
-1 Group work
-2 mini assessment tests
Supporting elements for continuous evaluation

-Observation of the following behavior indicators:
a) Participation and adherence
b) Attendance and punctuality
c) Cooperation and interaction with classmates and teacher
d) Initiative for research
e) Motivation for self-discovery

20. Didactic Resources

multimedia projector; office software
Copies of exercises and case studies

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21. Sustainability Objectives

Objective 3: Health and Quality
Reduce premature mortality from non-communicable diseases by one-third through prevention and treatment, and promote mental health and well-being.
Objective 4: Quality Education
Ensure that all learners acquire the knowledge and skills necessary to promote sustainable development, including but not limited to through education for sustainable development and sustainable lifestyles, human rights, gender equality.

22. Keywords

psychological evaluation
intelligence
personality
adult
child
elderly

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23. Main Bibliography

Author(s):	Reynolds, C., Altmann, R., & Allen, D.		
Title:	Mastering Modern Psychological Testing: Theory and Methods		
Edition:	2ª	Year:	2021
Local:	USA		
Publisher:	Springer		

Author(s):	Flanagan, D., McDonough, E., & Kaufman, A.		
Title:	Contemporary Intellectual Assessment, Fourth Edition: Theories, Tests, and Issues		
Edition:	4ª	Year:	2018
Local:	Newyork		
Publisher:	Guilford Press		

Author(s):	Weiner, I., & Greene, R.		
Title:	Handbook of Personality Assessment		
Edition:	1ª	Year:	2017
Local:	canada		
Publisher:	John Wiley and Sons		

24. Complementary Bibliography

Author(s):	Segal, D.		
Title:	Diagnostic Interviewing		
Edition:	5ª	Year:	2019
Local:	USA		
Publisher:	Spinger		

Author(s):	Wright, J., & Raiford, S.		
Title:	Essentials of Psychological Tele-Assessment		
Edition:	1ª	Year:	2021
Local:	USA		
Publisher:	John Wiley and Sons		

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Ficha técnica MIP / MIP Datasheet	
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Autor / Author	Prof. Doutora TÚLIA RUTE MAIA CABRITA
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Colaborador(es) / Colaborator(s)	-
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