



UNIVERSIDADE LUSÍADA
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Course Unit Program
Psychological Assessment II

Academic Year 2026/2027

1. Organic Unit

Institute of Psychology and Educational Sciences

2. Course

PSYCHOLOGY

3. Cycle

1st

4. Course Unit

Psychological Assessment II (20332)

5. Scientific Area

6. Curricular Year

3rd

7. Type of Curricular Unit / Semester

2nd Semester



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8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	30,00
Tutorial Guidance:	20,00

9. ECTS Credits

6,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutora TÚLIA RUTE MAIA CABRITA

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

The specific psychological assessment of personality and intelligence is one of the dimensions most performed by psychology professionals. Thus, the objective of this course unit is to provide students with basic knowledge of psychological assessment that will allow them to identify, choose and apply psychological tests.

15. Specific Objectives

Familiarize students with the general characteristics of assessment tests
Identify specific characteristics of the personality assessment
Identify specific characteristics of intelligence assessment
Familiarize students with theoretical, ethical and professional issues related to evaluation

16. Skills to be acquired

Identify different assessment tests
Distinguish scales/questionnaires from psychological tests
Distinguish between projective and non-projective proofs
Identify evidence according to the age and characteristics of the subject

17. Teaching Methodology

Articulation of the active method with the expository using the interrogative. Case studies, reflection on scientific articles, practical applications, pedagogical applications, role-play will be used.



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18. Course Unit Program

1. General framework for psychological assessment
 - a) Principles of psychological assessment
 - b) Instruments of psychological assessment
 - b1) The observation
 - b2) The interview
 - b3) Questionnaires, scales, inventories and psychological tests
 - b4) Computers in psychological assessment
2. The assessment of intelligence
 - a) Evaluation criteria
 - b) Evaluation process
 - C) Main tests and scales used
 - c1) The assessment of intelligence in children? development vs intelligence
 - c2) The assessment of intelligence in adults and the elderly
3. Personality assessment
 - a) Evaluation criteria
 - b) Evaluation process
 - c) Main tests and scales used
 - c1) Projective techniques in personality assessment
 - c2) Questionnaires/inventories in personality assessment
 - c3) The assessment of personality in children
 - c4) The assessment of personality in adults and the elderly
4. Psychopathological dimensions in psychological assessment
 - a) Understanding of normal vs pathological
 - b) Anxiety in the evaluation process
 - c) Reports and relationship with the intervention

19. Assessment Methods

Fundamental Elements of Evaluation:

- 1 Group work
- 2 mini assessment tests

Supporting elements for continuous evaluation

-Observation of the following behavior indicators:

- a) Participation and adherence
- b) Attendance and punctuality
- c) Cooperation and interaction with classmates and teacher
- d) Initiative for research
- e) Motivation for self-discovery

20. Didactic Resources

multimedia projector; office software
Copies of exercises and case studies



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21. Sustainability Objectives

Objective 3: Health and Quality

Reduce premature mortality from non-communicable diseases by one-third through prevention and treatment, and promote mental health and well-being.

Objective 4: Quality Education

Ensure that all learners acquire the knowledge and skills necessary to promote sustainable development, including but not limited to through education for sustainable development and sustainable lifestyles, human rights, gender equality.

22. Keywords

psychological evaluation

intelligence

personality

adult

child

elderly



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23. Main Bibliography

Author(s): Reynolds, C., Altmann, R., & Allen, D.
Title: Mastering Modern Psychological Testing: Theory and Methods
Edition: 2^a Year: 2021
Local: USA
Publisher: Springer
ISBN Code:

Author(s): Flanagan, D., McDonough, E., & Kaufman, A.
Title: Contemporary Intellectual Assessment, Fourth Edition: Theories, Tests, and Issues
Edition: 4^a Year: 2018
Local: Newyork
Publisher: Guilford Press
ISBN Code:

Author(s): Weiner, I., & Greene, R.
Title: Handbook of Personality Assessment
Edition: 1^a Year: 2017
Local: canada
Publisher: John Wiley and Sons
ISBN Code:

24. Complementary Bibliography

Author(s): Segal, D.
Title: Diagnostic Interviewing
Edition: 5^a Year: 2019
Local: USA
Publisher: Spinger
ISBN Code:

Author(s): Wright, J., & Raiford, S.
Title: Essentials of Psychological Tele-Assessment
Edition: 1^a Year: 2021
Local: USA
Publisher: John Wiley and Sons



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ISBN Code:

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