UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
History of Portuguese Culture

Academic Year 2026/2027

1. Organic Unit

Institute of Psychology and Educational Sciences

2. Course

PSYCHOLOGY

3. Cycle

1st

4. Course Unit

History of Portuguese Culture (20333)

5. Scientific Area

6. Curricular Year

3rd

7. Type of Curricular Unit / Semester

2nd Semester

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8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	30,00
Tutorial Guidance:	

9. ECTS Credits

3,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutor GUILHERME VALDEMAR PEREIRA DE OLIVEIRA MARTINS

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

It is intended to provide future Lusíada University graduates with fundamental training on the History of Portuguese Culture so that they understand, from an interdisciplinary perspective, the fundamental characteristics of the national identity, based on an open relation with the world and knowledge of the major trends in Portuguese History.

15. Specific Objectives

Based on the great references of Portuguese Culture over time, the aim is to give students a balanced and comprehensive view of the dialogue between built and intangible heritage and the added value of contemporary cultural creation.

16. Skills to be acquired

Identify and analyze the various characteristics of Portuguese culture.
Ability to reflect on the main guidelines of Portuguese History and Culture, in the past and present.
Ability to envision the future on a global scale.

17. Teaching Methodology

Theoretical and practical classes with discussion of program themes and relevant texts.

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18. Course Unit Program

1. Identity and Culture
1.1. Portugal, Mediterranean Sea and Atlantic - the importance of Geography.
1.2. Diversity and unity: contrasts and unification factors.
1.3. Divisions of Territory - North Atlantic, Transmountain North and South.
1.4. Fundamental elements of Portuguese Culture.
1.5. Culture, Heritage and Memory - dead and alive stones.
1.6. History, Identity, Cohesion and Will.
II. From Ancient Roots until Portugal foundation
2.1. Ancient roots and identity factors.
2.2. Christian ?Reconquista?, the State before the Nation, founding Portugal
2.3. Royal power, Religious Orders and municipalities.
2.4. D. Dinis: political border, official language, administration, justice and education.
2.5. The importance of 1383-85 Crisis, a new paradigm. The chronist Fernão Lopes.
2.6. National identity, State, Nation, Pátria (homeland) and Representation.
III. The Dilemma between "fixação" and transport.
3.1. The Lure of the Sea. Plans of Portuguese navigations.
3.2. Royal Infants Peter and Henri: Complementarity or opposition.
3.3. Ecumenic perspective of John the II, the Plan of India and Tordesilhas treaty.
3.4. Portuguese builders of Renaissance.
3.5. Vasco da Gama and Afonso de Albuquerque: The Universal Empire.
3.6. The first globalization. Camões.
IV. Post-Imperial Age
4.1. Causes of the downfall of Empire.
4.2. D. Sebastião and Sebastianism.
4.3. Filipino period. Restauration: balance and siege.
4.4. 1600s, Father António Vieira and the 5th Empire.
4.5. After Westphalia (1648).
4.6. The Brazilian Gold and the Methuen Treaty.
V. Enlightment and Good Reason.
5.1. Europe of Lights.
5.2. Reformism of "estrangeirados".
5.3. Enlightened despotism of Pombal.
5.4. Lisbon after the 1755 Earthquake.
5.5 Political, economic and educational reorganization.
5.6. "Viradeira" the Kingdom in Brazil and Liberal Revolution.
VI. One Century of Regeneration and Freedom.
6.1. 1820 Revolution, civil wars and constitutionalism.
6.2. Almeida Garrett and Alexandre Herculano symbols of liberal and romantic Portugal.
6.3. Regeneration, "rotativism" and modern country.
6.4. 1870s Generation, Democratic Conferences and "Vida Nova".
6.5. British Ultimatum, 31th January and Republicanism.
6.6. The end of 19th century and decadence

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6.7. The Dilemma of Gonçalo Mendes Ramires.
VII. From Autarcy of "Estado Novo" to Openness and Democracy.
7.1. The paradox of "Portuguese Renaissance", decay, "saudosism" and modernism.
7.2. Orpheu, Fernando Pessoa and Presença .
7.3. The Effect of the Second World War - The way towards democracy.
7.4. Democracy, decolonization and development.
7.5. Portuguese language culture - building diversity.

19. Assessment Methods

Two assessment tests and permanent dialogue in participated classes

20. Didactic Resources

See below.

21. Sustainability Objectives

Theoretical and practical classes with discussion of program themes and relevant texts.

1 - Promote the rule of law, and guarantee equality and universal access to justice.
2 - Contribute to responsible, inclusive, participatory and representative decision-making at all levels.

22. Keywords

Identity
Memory
Portuguese language
Universalism
Culture

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23. Main Bibliography

Author(s): Martins,Guilherme d'Oliveira
Title: Portugal, Identidade e Diferença
Edition: Year: 2007
Local: Lisboa
Publisher: Gradiva
ISBN Code:

Author(s): Martins, Guilherme d´Oliveira
Title: Ao encontro da História
Edition: Year: 2018
Local: Lisboa
Publisher: Gradiva
ISBN Code:

Author(s): Martins, Guilherme d´Oliveira
Title: Na senda de Fernão Mendes- Percursos Portugueses no Mundo
Edition: Year: 2014
Local: Lisboa
Publisher: Gradiva
ISBN Code:

24. Complementary Bibliography

Author(s): Ribeiro,Orlando
Title: Portugal, o Mediterrâneo e o Atlântico
Edition: 4ª Year: 1986
Local: Lisboa
Publisher: Sá da Costa
ISBN Code:

Author(s): Martins, Guilherme D'Oliveira
Title: Património, Herança e Memória
Edition: Year: 2009
Local: Lisboa
Publisher: Gradiva
ISBN Code:

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Título / Title	Course Unit Program 'HISTÓRIA DA CULTURA PORTUGUESA': Academic Year 2026/2027
Autor / Author	Prof. Doutor GUILHERME VALDEMAR PEREIRA DE OLIVEIRA MARTINS
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Colaborador(es) / Colaborator(s	-
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