UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Applied Psychologies

Academic Year 2025/2026

1. Organic Unit

Institute of Psychology and Educational Sciences

2. Course

PSYCHOLOGY

3. Cycle

1st

4. Course Unit

Applied Psychologies (20334)

5. Scientific Area

6. Curricular Year

3rd

7. Type of Curricular Unit / Semester

1st Semester

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8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	30,00
Tutorial Guidance:	20,00

9. ECTS Credits

6,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutora ANA CRISTINA DOS SANTOS LOPES

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

-Allow the acquisition of fundamental knowledge at theoretical and practical level about the different aspects of applied psychology.
-Understand how psychology can address complex and real situations.

15. Specific Objectives

Foster the acquisition of fundamental knowledge at a theoretical and practical level about the different psychologies applied to traditional and emerging areas.

16. Skills to be acquired

- Develop the capacity for critical thinking about traditional and emerging areas of applied psychology.
- Analyse the complexity of real world scenarios and see the potential role of Psychology (interacting with other disciplines) in addressing these issues;
- Apply theory and research from psychology and other disciplines;
- Discuss and apply ethical considerations that impact on applied psychological and other research;

17. Teaching Methodology

Theoretical and practical classes with expositive method, discussion and active reflection of the themes and scientific texts, practical implications and discussion of the themes with the possibility of the participation of invited psychologists.

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18. Course Unit Program

1. introduction
- What is Applied Psychology
- What is Applied Psychology for
- Basic X Applied Psychology and the Evidence-Based Knowledge
- Applied Psychology in Portugal
2. Applied psychologies in the field of:
- Clinical and health psychology;
- Educational psychology;
- Work, social and organizational psychology
3. Concepts and contexts deepening
- Community Psychology
- Justice psychology
- Sport psychology
- Environmental psychology
- Occupational health psychology
- Vocational and career development psychology
- Economic and consumer psychology
- Psychological coaching
- Early intervention
- Special educational needs
- Psychogerontology
- Sexology
- Palliative care and bereavement intervention

19. Assessment Methods

Students will sit two written tests (60%) and one final exam (40%)

20. Didactic Resources

Audiovisual resources (videos) and analysis of texts and scientific articles.

21. Sustainability Objectives

Goal 4: Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all

Target 4.4: By 2030, substantially increase the number of youth and adults who have relevant skills, including technical and vocational skills, for employment, decent jobs and entrepreneurship

Target 4.7: By 2030, ensure that all learners acquire the knowledge and skills needed to promote sustainable development.

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22. Keywords

Applied psychology
Traditional areas of psychology
Emerging areas of psychology

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23. Main Bibliography

Author(s): Lopes, M. P., Palma, P. J., Bártolo-Ribeiro, R, & Cunha, M. P.
Title: Psicologia Aplicada
Edition: 1ª Year: 2011
Local:
Publisher: Editora RH
ISBN Code:

Author(s): Martin, P. R., Cheung, F. M., Knowles, M. C., Kyrios, M., Littlefield, L., Overmier, J. B., & Prieto
Title: IAAP handbook of applied psychology
Edition: Year: 2011
Local:
Publisher: John Wiley & Sons
ISBN Code:

Author(s): Graham C. Davey
Title: Applied Psychology
Edition: 2ª edição Year: 2023
Local:
Publisher: Wiley Blackwell
ISBN Code:

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24. Complementary Bibliography

Author(s): E. Scott Geller
Title: Applied Psychology Actively Caring For People
Edition: 1ª edição Year: 2016
Local:
Publisher: Cambridge University Press
ISBN Code:

Author(s): Peter Macaulay, Lee-Ming Tan
Title: Applied Psychology Readings
Edition: Year: 2023
Local:
Publisher: Springer Singapore
ISBN Code:

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Autor / Author	Prof. Doutora ANA CRISTINA DOS SANTOS LOPES
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Descritores / Descriptors	-
Colaborador(es) / Colaborator(s)	-
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