UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Elective I - MULTICULTURAL PSYCHOLOGY

Academic Year 2025/2026

1. Organic Unit

Institute of Psychology and Educational Sciences

2. Course

PSYCHOLOGY

3. Cycle

1st

4. Course Unit

Elective I - MULTICULTURAL PSYCHOLOGY (20347)

5. Scientific Area

6. Curricular Year

3rd

7. Type of Curricular Unit / Semester

1st Semester

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8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	30,00
Tutorial Guidance:	

9. ECTS Credits

3,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutora TERESA PAULA RODRIGUES DE OLIVEIRA LEITE MAURER

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

Provide knowledge to students about multiculturalism, diversity and its psychological implications

Build up students' skills in regards to approaching, communicating and understanding the individual from other cultures and their experiences

15. Specific Objectives

Develop students' awareness of the multicultural dimension of today's society and the psychological/social phenomena associated with multiculturalism and diversity;

Promote reflection on the concepts of Culture, Ethnicity, Subculture and Cultural Identity, as well as their impact on the profile of individuals with whom the psychologist will come to work;

Broaden the knowledge of the socio-cultural variants of the central models of psychology and their application

16. Skills to be acquired

Communication skills with individuals from various cultures

Competencies of adjustment of psychological intervention practices to the multiplicity of cultures

Interaction skills and empathic understanding of the experiences of individuals belonging to minority cultures

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17. Teaching Methodology

Oral presentation of theoretical subjects
Reading and debate of books and empirical articles on the application of psychology in different socio-cultural contexts
Sharing concrete experiences with subjects from minority cultures

18. Course Unit Program

1. The concept of multiculturalism and diversity
2. Multicultural Psychology: new paradigm, fundamental competence
3. Race, ethnicity, minorities and social class
4. Identity, social representation and inter-group relations
5. Migration, acculturation and social adaptation
6. Interculturality and communication
7. Culture, family and identity
8. Other forms of diversity: religion, gender, race
9. Multicultural subjects in psychological research, assessment and intervention

19. Assessment Methods

Written mid-term tests
Interaction exercises and written essay
Attendance and participation in classes

20. Didactic Resources

Bibliographic material
Computer equipment and audio-video
Audio-visual content

21. Sustainability Objectives

Reduced inequality
Quality education
Peace, justice and strong institutions

22. Keywords

Multicultural psychology
Diversity
Culture and Ethnicity
Multicultural families

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23. Main Bibliography

Author(s):	Hall, G.		
Title:	Multicultural Psychology		
Edition:	4ª	Year:	2023
Local:	Londres		
Publisher:	Routledge Editora		

Author(s):	Pedrotti, J., & Isom, D.		
Title:	Multicultural Psychology: Self, Society and Social Change		
Edition:	1ª	Year:	2020
Local:	Nova iorque		
Publisher:	Sage Publications		

Author(s):	Mio, J., Barker, et al.		
Title:	Multicultural psychology:understanding our diverse communities		
Edition:	1ª	Year:	2013
Local:			
Publisher:	Oxford Press		

24. Complementary Bibliography

Author(s):	Leroy G. Baruth e M. Lee Manning		
Title:	Developing Multicultural Counselling Competence: A Systems Approach		
Edition:	5ª	Year:	2019
Local:	Londres		
Publisher:	Oxford University Press		

Author(s):	Casas, J., Suzuki, L., Alexandre, C., & Jackson, M.		
Title:	Handbook of multicultural counselling		
Edition:	4ª	Year:	2017
Local:	Thousand Oaks, CA		
Publisher:	Sage Publications		

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Ficha técnica MIP / MIP Datasheet	
Título / Title	Course Unit Program 'OPÇÃO I - PSICOLOGIA MULTICULTURAL': Academic Year 2025/2026
Autor / Author	Prof. Doutora TERESA PAULA RODRIGUES DE OLIVEIRA LEITE MAURER
Classificação / Classification	-
Descritores / Descriptors	-
Colaborador(es) / Colaborator(s)	-
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