



UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Planning and Management Control

Academic Year 2025/2026

1. Organic Unit

Faculty of Business and Economic Sciences

2. Course

Business Management

3. Cycle

1st

4. Course Unit

Planning and Management Control (24124)

5. Scientific Area

6. Curricular Year

3rd

7. Type of Curricular Unit / Semester

1st Semester



UNIVERSIDADE LUSÍADA
LISBOA

8. Class type and workload (work time)

Theoretical classes:

Practical classes:

Theoretical-Practical Classes 30,00

Tutorial Guidance: 20,00

9. ECTS Credits

6,00

10. Scientific Area Coordinator

11. Regent

Dr. LUIS FILIPE COSTA TORRES CAPAZ COELHO

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

Transmit the methodological bases of planning, strategic and operational, and their control.

15. Specific Objectives

Learn to identify the critical areas of organizations,
Learn to prepare global plans and budgets for organizations,
Learn to create and develop a system of management indicators,
Learn to set up a management control system
Learn to calculate and interpret deviations.

16. Skills to be acquired

At the end of the semester, students should be able to create a global planning and control system for an organization.

17. Teaching Methodology

Theoretical presentation of concepts and techniques
Practical presentation of techniques
Solving exercises, individually and in groups.



UNIVERSIDADE LUSÍADA
LISBOA

18. Course Unit Program

1. - The exploration cycle
 - 1.1. - The importance of planning for Management
 - 1.1.1. - Internal diagnosis of the company
 - 1.1.2. - External diagnosis of the company
 - 1.1.3. - Strategic planning
 - 1.1.4. - Operational planning.
 - 1.1.5. - the Balance Score Card
2. Operational planning (short-term)
 - 2.1. Notion of program
 - 2.2. Notion of budget
 - 2.2.1. Advantages of budgets
 - 2.3. Types of programs
 - 2.4. Types of Budgets
 - 2.5. Monetary and financial budgets
 - 2.6. Forecast Statements
3. Difficulties in implementing Budget Management.
4. Types of Budgeting
- 5- Forecast Methods
 - 5.1. Least squares
 - 5.2. Arithmetic means
 - 5.3. Moving averages
 - 5.4. Arithmetic statistics
6. Typology of costs
7. The Control
 - 7.1. - Notion and characteristics
 - 7.2. - The Trilogy of Control
 - 7.3. - The three levels of control within the company
 - 7.4. - Budget Control
 - 7.5. - The Tableau de Bord

19. Assessment Methods

Student attendance;
Class participation;
Calls to the blackboard;
Survey of questions resulting from research/study;
Two assessment tests.



UNIVERSIDADE LUSÍADA
LISBOA

20. Didactic Resources

Sharing resources with students on Moodle;
Use of (students) computers in classes
Power point
Excel

21. Sustainability Objectives

ODS 4 - Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all

ODS 8 - Promote sustained, inclusive and sustainable economic growth, full and productive employment and decent work for all

22. Keywords

Planning,
Programs,
Budgets,
Management control.



UNIVERSIDADE LUSÍADA
LISBOA

23. Main Bibliography

Author(s): JORDAN,H., NEVES, João Carvalho das, RODRIGUES, José Azevedo
Title: O Controlo de Gestão - Ao Serviço da Estratégia e dos Gestores
Edition: 11.^a Year: 2021
Local: Lisboa
Publisher: Áreas Editora

Author(s): LOPES, Ilídio Tomás
Title: Controlo de Gestão - Uma Visão Integrada do Desempenho Empresarial
Edition: 3 Year: 2025
Local: Lisboa
Publisher: Actual Editora

Author(s): CAIADO, António Campos Pires
Title: Contabilidade Analítica e de Gestão
Edition: 9.^a Year: 2020
Local: Lisboa
Publisher: Áreas Editora

24. Complementary Bibliography

Author(s): REIS, Henrique, RODRIGUES, Jorge
Title: Controlo de Gestão - Ao Encontro da Eficiência
Edition: 2 Year: 2014
Local: Lisboa
Publisher: Escolar Editora

Author(s): BORRALHO, Carlos
Title: Sistemas de Planeamento e Controlo de Gestão
Edition: 2 Year: 2023
Local: Lisboa
Publisher: Edições Siiabus



UNIVERSIDADE LUSÍADA
LISBOA

Ficha técnica MIP / MIP Datasheet	
Título / Title	Course Unit Program 'PLANEAMENTO E CONTROLE DE GESTÃO': Academic Year 2025/2026
Autor / Author	Dr. LUIS FILIPE COSTA TORRES CAPAZ COELHO
Classificação / Classification	-
Descritores / Descriptors	-
Colaborador(es) / Colaborator(s)	-
Data Hora / Date Time	
Formato de dados / Data Format	Texto / Text, PDF
Estatuto de utilização / Usage	Acesso público / Public Access
Relação / Relation	Version 1,0
(c) Universidade Lusíada, 2025	