UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Sports Legislation

Academic Year 2025/2026

1. Organic Unit

Faculty of Business and Economic Sciences

2. Course

Sport Organization Management

3. Cycle

1st

4. Course Unit

Sports Legislation (C1114)

5. Scientific Area

6. Curricular Year

2nd

7. Type of Curricular Unit / Semester

2nd Semester

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8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	30,00
Tutorial Guidance:	20,00

9. ECTS Credits

6,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutor LÚCIO MIGUEL TEIXEIRA CORREIA

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

- Provide specialized knowledge in various aspects of Sports Law
- Acquisition of indispensable knowledge in matters of functioning of the Legislation and of the Law of the Sport
- Knowledge and understanding of current issues related to the sports legal area

15. Specific Objectives

- Domain and knowledge of some of the most important National Sports Legislation
- Domain and knowledge of techniques that allow solving tasks and problems related to the National Sports Legislation in the area of Human Motrocity
- Knowledge and understanding of current issues related to the sports legal area

16. Skills to be acquired

- Ability to know and interpret different matters of Sports Law
- Apply the acquired knowledge to current issues of Sports Law
- Acquisition of indispensable knowledge in matters of functioning of the Legislation and of the Law of the Sport

17. Teaching Methodology

- Analysis of texts on various syllabus contents indicated above, both in class and outside of it
- Oral presentations
- 2 face-to-face continuous assessment tests

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18. Course Unit Program

I
- Sport and Law. Relations between both. Historical Genesis
- Sport and the Constitution of the Portuguese Republic
- The Basic Laws of the National Sports System - Brief reference
- Summary analysis of Law nº 5/2007, of January 16th, which approved the Basic Law of Physical Activity and Sport

II
- The Sports Federations and the National Sports System. Brief introduction
- The Legal Regime of Sports Federations. Summary analysis of Decree-Law No. 248-B/2008, of December 31st, amended by Decree-Law No. 93/2014, of June 23rd
- Contracts-Program for Sports Development. Summary analysis of Decree-Law No. 3/2009, of October 1st, amended by Decree-Law No. 41/2019, of March 26th

III
- The Court of Arbitration for Sport
- Operation and skills

19. Assessment Methods

-Oral participation in classes
- Oral presentations
- Assessment of 2 face-to-face tests

20. Didactic Resources

- Power point
- Bibliography
- Distributed texts
- Possibility of using online platforms (through platforms for this purpose)

21. Sustainability Objectives

SDG 4 - Quality education: the course provides legal literacy applied to sport, enabling students to understand and apply relevant legislation in a professional context.
SDG 8 - Decent work and economic growth: by addressing legal frameworks for professional practice in the sports sector, it promotes the formalization of fair and sustainable labor relations.

22. Keywords

Sport
Law
federations
sportsman

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23. Main Bibliography

Author(s): Luís Paulo Relógio
Title: Legislação do Desporto
Edition: Year: 2017
Local:
Publisher: INCM
ISBN Code:

Author(s): Lúcio Miguel Correia / Luís Paulo Relógio
Title: O Novo Regime jurídico das Federações Desportivas Anotado e Comentado
Edition: 3ª Year: 2023
Local:
Publisher: Vida Económica
ISBN Code:

Author(s): José Manuel Meirim
Title: Lei de Bases da Actividade Física e do Desporto Anotada
Edition: Year: 2007
Local:
Publisher:
ISBN Code:

24. Complementary Bibliography

Author(s): Albino Mendes Baptista
Title: Estudos sobre o Contrato de Trabalho Desportivo
Edition: Year: 2006
Local:
Publisher: Coimbra Editora
ISBN Code:

Author(s): Lúcio Miguel Correia
Title: Limitações à Liberdade Contratual do praticante Desportivo
Edition: Year: 2008
Local:
Publisher: Petrony
ISBN Code:

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Ficha técnica MIP / MIP Datasheet	
Título / Title	Course Unit Program 'LEGISLAÇÃO DO DESPORTO': Academic Year 2025/2026
Autor / Author	Prof. Doutor LÚCIO MIGUEL TEIXEIRA CORREIA
Classificação / Classification	-
Descritores / Descriptors	-
Colaborador(es) / Colaborator(s)	-
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