



UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Ethics

Academic Year 2024/2025

1. Organic Unit

Faculty of Business and Economic Sciences

2. Course

Sport Organization Management

3. Cycle

1st

4. Course Unit

Ethics (C1125)

5. Scientific Area

6. Curricular Year

3rd

7. Type of Curricular Unit / Semester

2nd Semester



UNIVERSIDADE LUSÍADA
LISBOA

8. Class type and workload (work time)

Theoretical classes:

Practical classes:

Theoretical-Practical Classes 30,00

Tutorial Guidance:

9. ECTS Credits

3,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutor VÍTOR MANUEL LEITÃO COUTINHO

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

Explain morality as a constitutive dimension of the human being;
Define the scope and delimitations of moral philosophy;
Identify the different moral conceptions and ethical paradigms;
Develop the elements of ethical reasoning and the fundamental ethical principles;
Understand the essential categories of human morality;
Analyze paradigmatic situations and problems in multiple areas of applied ethics.

15. Specific Objectives

Rigorously use the concepts of ethics in relation to deontology, law and religion;
Describe the main ethical theories;
Framing the concept of the person and human dignity as the fundamental basis of ethics;
Understand the principles of humanist ethics;
Identify elements that are relevant to responsible decisions;
Analyze the elements of the moral act in the context of concrete situations;
Approach several contemporary problems from the specific perspective of ethics.

16. Skills to be acquired



UNIVERSIDADE LUSÍADA
LISBOA

Ability to:

- make adequate use, in ethical reflection, of the concepts and methodology specific to ethical rationality;
- argue about moral issues using ethical foundations;
- use discursive and dialogical skills in the field of ethics;
- correctly apply the main ethical principles to different situations;
- develop reasoned ethical reflection, both in the professional sphere and in the debates of contemporary society.

17. Teaching Methodology

The syllabus will be presented by the lecturer in a predominantly expositive way, usually with the support of slides, occasionally using academic texts as a starting point for reflection. Student intervention is encouraged, through comments, questions or proposals of cases for debate.

* Note: Some thematic units may not be dealt with in class, but may be the subject of self-study.

18. Course Unit Program



UNIVERSIDADE LUSÍADA
LISBOA

I. Introduction

1. To Think Human Action: The Fundamental Concepts
2. Ethics as an Academic Discipline
3. Relationship between Ethics and the Law, Ethics and Religion, Ethics and Professional Deontology

II. Nature of Morality

4. Ethical Concerns: Man as a Moral Being
5. Morality as Dimension of Human Action
6. Truth in Ethics? Realism and Cognitivism
7. Are there universal ethical principles? Moral Universalism and Relativism
8. How do we know what is good? Moral Foundations and Ethical Theories

III. Elements of Morality

9. Human Action: Freedom, Responsibility, Action and Omission
10. Extrinsic Ethical References: Values, Principles and Moral Norms
11. Obligations and Conscientious Objection
12. Ethical Decision

IV. Foundation of Ethics

13. The Person as Fundamental Value
14. Human Dignity as Ethical Reference
15. Fundamental Ethics Principles

V. Ethics in Fundamental Areas of Human Life

16. Elements of a Professional Ethics
17. Ethics in Professional Relationship (the example of health care)
18. Confidentiality and Professional Secrecy
19. The Right to life and the Prohibition of Killing
20. Sexual Identity between Sex and Gender
21. Death and Dying in Contemporary Society
22. Ethical Issues at the End of Life

19. Assessment Methods

The continuous assessment will comply with the norms in force in the University, combining of two written assessment tests (that constitutes 60% of the final grade) and an exam (that constitutes 40% of the final grade).

20. Didactic Resources

E-Learning Platform / Texts / Slides

21. Sustainability Objectives



UNIVERSIDADE LUSÍADA
LISBOA

Assume human dignity as the basis of respect for human rights

Encourage respect for cultural diversity and the coexistence of multiple ethical worldviews in pluralistic secular societies

Develop a sense of responsibility towards future generations and the preservation of the environment

Raise awareness of the demands of social responsibility, through active solidarity based on socially relevant ethical principles

Motivate towards an active and responsible citizenship, based on common ethical

22. Keywords

Ethics

Morality

Bioethics

Person

Human Dignity

Deontology

Conscience

Values

Principles



UNIVERSIDADE LUSÍADA
LISBOA

23. Main Bibliography

Author(s): BAGÃO FÉLIX António et al.
Title: Temas de Ética. Reflexões e desafios
Edition: Year: 2022
Local: Cascais
Publisher: Principia

Author(s): PATRÃO NEVES Maria do Céu (Coord.)
Title: Ética - Dos fundamentos às práticas
Edition: Year: 2016
Local: Lisboa
Publisher: Edições 70

Author(s): CORTINA Adela ? MARTÍNEZ Emilio
Title: Ética
Edition: Year: 2001
Local: Madrid
Publisher: Akal

24. Complementary Bibliography

Author(s): CORTINA Adela
Title: Ética Mínima. Introducción a la filosofía práctica
Edition: Year: 2000
Local: Madrid
Publisher: Tecnos

Author(s): BECKERT Cristina
Title: Ética
Edition: Year: 2012
Local: Lisboa
Publisher: Centro de Filosofia da Universidade de Lisboa



UNIVERSIDADE LUSÍADA
LISBOA

Ficha técnica MIP / MIP Datasheet	
Título / Title	Course Unit Program 'ÉTICA': Academic Year 2024/2025
Autor / Author	Prof. Doutor VÍTOR MANUEL LEITÃO COUTINHO
Classificação / Classification	-
Descritores / Descriptors	-
Colaborador(es) / Colaborator(s)	-
Data Hora / Date Time	
Formato de dados / Data Format	Texto / Text, PDF
Estatuto de utilização / Usage	Acesso público / Public Access
Relação / Relation	Version 1,0
(c) Universidade Lusíada, 2024	