UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Sports and International Relations

Academic Year 2025/2026

1. Organic Unit

Faculty of Business and Economic Sciences

2. Course

Sport Organization Management

3. Cycle

1st

4. Course Unit

Sports and International Relations (C1127)

5. Scientific Area

6. Curricular Year

3rd

7. Type of Curricular Unit / Semester

1st Semester

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8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	30,00
Tutorial Guidance:	20,00

9. ECTS Credits

6,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutor LÚCIO MIGUEL TEIXEIRA CORREIA

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

Introduce students to the themes of international relations and the sports phenomenon.

15. Specific Objectives

Enable students to identify and problematize issues of Portuguese sport and International Relations.
Analyze the role of international relations in the sports context
and analyze the role of international federations in relation to national sports federations and sovereign bodies (Government and Assembly of the Republic).
Analyze certain geopolitical behaviors and their impact on high-level sports.

16. Skills to be acquired

Apply the acquired knowledge to the explanation of national and international sports phenomena.
Communicate effectively through written, oral, graphic and numerical language.
Be able to self-study and research individually or in a group.
Analyze the evolution of international relations in the context of sports
Interpret the role of international federations
Apply geopolitical concepts to elite sports
Develop an understanding of the impact of international phenomena on sports.

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17. Teaching Methodology

Oral presentation and distribution of suitable texts.
Individual or group work on class or current affairs.
Discussion of these works based on the presentation by the students themselves and elaboration of conclusions.

18. Course Unit Program

1. Basic concepts of international relations and Sport in Modernity and in Portugal
2. The evolution of Sport Sec. XX and the evolution of international relations.
3. State and Nation.
4. Ideology; Olympic Ideology; Olympism; Strategy; Ideological Line of Strategic Orientation and Sports federations.
5. The actors of international relations and Sport
6. The theoretical evolution of International Relations and Sport.
7. The European Union and Sport
8. The relationship between international (FIFA/UEFA/IOC) and national sports federations and the role of the State
9. Brexit
10. The European Super League
11. International Relations - Future Perspectives
12. The Russia/Ukraine War and Sport

19. Assessment Methods

Grades of tests, frequencies and final exams.
Notes of individual or group work.
Record of written or oral interventions during classes.

20. Didactic Resources

Collection of texts.
Bibliographic references of the discipline.
Archive of relevant articles and news.
Internet research on various topics.

21. Sustainability Objectives

- Ensure equal access to quality technical, professional and cultural education.
- Substantially increase the number of young people and adults with relevant qualifications, including technical and professional skills, for employment, decent work and entrepreneurship.
- Guarantee equal opportunities in university education, including for people in vulnerable situations.

22. Keywords

Sport, Economy, Politics, International System.

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23. Main Bibliography

Author(s):	ADRIAN BUDD (Editor), ROGER LEVERMORE (Editor)		
Title:	Sport and International Relations: An Emerging Relationship (Sport in the Global Society)		
Edition:	1ª	Year:	2004
Local:	London and New York		
Publisher:	Routledge		

Author(s):	Pecequilo, Cristina Soreanu		
Title:	Introdução às Relações Internacionais		
Edition:	1ª Edição	Year:	2004
Local:	Petrópolis		
Publisher:	Editora Vozes		

Author(s):	Maltez, José Adelino		
Title:	Curso de Relações Internacionais		
Edition:	1ª Edição	Year:	2002
Local:	São João do Estoril		
Publisher:	Principia		

24. Complementary Bibliography

Author(s):	Professor Jim Riordan (Author), Jim Riordan (Author)		
Title:	International Politics of Sport in the 20th Century		
Edition:	1ª	Year:	1999
Local:	London and New York		
Publisher:	Routledge		

Author(s):	Lúcio Miguel Correia e Luís Paulo Relógio		
Title:	O Novo Regime Jurídico das Federações Desportivas		
Edition:	2ª	Year:	2017
Local:	Lisboa		
Publisher:	Vida Económica		

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Ficha técnica MIP / MIP Datasheet	
Título / Title	Course Unit Program 'DESPORTO E RELAÇÕES INTERNACIONAIS': Academic Year 2025/2026
Autor / Author	Prof. Doutor LÚCIO MIGUEL TEIXEIRA CORREIA
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