



UNIVERSIDADE LUSÍADA  
LISBOA

Course Unit Program  
Management of Sports Facilities

Academic Year 2026/2027

**1. Organic Unit**

Faculty of Business and Economic Sciences

**2. Course**

Sport Organization Management

**3. Cycle**

1st

**4. Course Unit**

Management of Sports Facilities (C1131)

**5. Scientific Area**

**6. Curricular Year**

3rd

**7. Type of Curricular Unit / Semester**

2nd Semester



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#### 8. Class type and workload (work time)

Theoretical classes:

Practical classes:

Theoretical-Practical Classes 30,00

Tutorial Guidance: 20,00

#### 9. ECTS Credits

6,00

#### 10. Scientific Area Coordinator

#### 11. Regent

Prof. Doutor TIAGO ANDRÉ FREIRE DE ALMEIDA

#### 12. Assistants

#### 13. Teaching Language

Portuguese

#### 14. General Objectives

1. Understand the concept of sports space, in an integrated way and its importance in the community and for the practice of sport.
2. Develop the capacity to intervene in the management of spaces and the activities that take place there.
3. Define and understand the different types of sports facilities.
4. Understand in an integrated and consistent way the planning phases of sports facilities.
5. Understand and apply the main analysis and intervention tools

#### 15. Specific Objectives

1. Develop an integrated vision of the sports space and its importance in the community and for sports.
2. Understand the process of planning and managing sports facilities from an integrated and consistent perspective.
3. Combine the main analysis and intervention tools, processes and techniques necessary for the management and maintenance of sports facilities.
4. Get to know sports facilities and improve their management skills.

#### 16. Skills to be acquired



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- 1- Identify and characterize different types of sports facilities and spaces, recognizing their functional, legal, and community frameworks.
- 2- Analyze and plan the development of sports facilities, applying criteria of feasibility, functionality, and sustainability.
- 3- Apply operational management principles and techniques, ensuring the efficient, safe, and accessible operation of sports facilities.
- 4- Design and implement maintenance and conservation plans, optimizing resources and ensuring

### 17. Teaching Methodology

The course will be delivered through theoretical-practical classes and tutorials, using expository and active methods, case studies, and scientific articles. Guided learning will include exploration of the sports market. Whenever possible, study visits to sports complexes will be organized to observe facilities and operational management.

### 18. Course Unit Program

1. Sports Spaces and Facilities
  - 1.1. Concept, social role, and legal framework
  - 1.2. Classification and main typologies
2. Planning and Design of Sports Facilities
  - 2.1. Stages of planning and decision-making
  - 2.2. Feasibility studies and criteria of functionality and sustainability
3. Operational Management of Sports Facilities
  - 3.1. Management models and organizational structures
  - 3.2. Organization, safety, and accessibility
4. Maintenance and Conservation
  - 4.1. Types and planning of maintenance
  - 4.2. Resource management and service quality
5. Economic and Financial Dimension
  - 5.1. Financing, budgeting, and financial control
  - 5.2. Strategies for profitability and management models
6. Case Studies and Best Practices
  - 6.1. Analysis and diagnosis of sports facilities
  - 6.2. Proposals for improvement and innovation in management

### 19. Assessment Methods

Follows the RGAC currently in force at Univ. Lusíada - Lisboa.

### 20. Didactic Resources

The course work will be conducted using specialized literature, multimedia presentations (e.g., PowerPoint), and interactive study materials, complemented by resources made available on the Moodle platform.



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## 21. Sustainability Objectives

SDG 4 - Quality Education: Development of applied knowledge in sports facility management and operational skills in planning, operation, and maintenance;

SDG 8 - Decent Work and Economic Growth: Promotion of sustainable and efficient management practices, contributing to economic value and professional opportunities in the sports sector;

SDG 11 - Sustainable Cities and Communities: Planning of accessible, safe, and environmentally responsible sports facilities;

## 22. Keywords

- Sport Infrastructures;
- Infrastructures Management;
- Infrastructures planing.



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### 23. Main Bibliography

Author(s): Fried, G  
Title: Managing Sport Facilities  
Edition: 2 Year: 2010  
Local:  
Publisher: Human Kinetics  
ISBN Code:

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Author(s): Farmer, P.; Mulrooney, A. & Ammon, R.  
Title: Sport Facility Planning and Management  
Edition: Year: 1996  
Local:  
Publisher: Fitness Information Technology  
ISBN Code:

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Author(s): Schwarz, E. C.; Hall, S. & Shibli, S  
Title: Sport Facility Operations Management, A Global Perspective  
Edition: Year: 2010  
Local:  
Publisher: Butterworth-Heinemann  
ISBN Code:

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### 24. Complementary Bibliography

Author(s): Cunha, L. 24.  
Title: Os Espaços do Desporto - Uma Gestão para o Desenvolvimento Humano  
Edition: Year: 2007  
Local:  
Publisher:  
ISBN Code:

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Author(s): Correia, A. & Biscaia, R. (Editores)  
Title: Gestão do Desporto: Compreender para Gerir  
Edition: 1 Year: 201  
Local: Lisboa  
Publisher: Faculdade de Motricidade Humana  
ISBN Code:

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|-----------------------------------|-----------------------------------------------------------------------------------|
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