UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Instrument I

Academic Year 2025/2026

1. Organic Unit

Faculty of Architecture and Arts

2. Course

JAZZ AND MODERN MUSIC

3. Cycle

1st

4. Course Unit

Instrument I (C6201)

5. Scientific Area

6. Curricular Year

1st

7. Type of Curricular Unit / Semester

1st Semester

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8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	45,00
Theoretical-Practical Classes	
Tutorial Guidance:	

9. ECTS Credits

6,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutor JORGE MIGUEL CECÍLIA MONIZ

12. Assistants

Prof. Doutor NUNO ALEXANDRE PINTO RIBEIRO DA COSTA, Prof. Doutora ISABEL MARIA DE CAMPÊLO FERNANDES, Dr. JOSÉ MIGUEL LUIS SOARES

13. Teaching Language

Portuguese

14. General Objectives

Enhance knowledge of the instrument: posture, technical terms, and study of its timbre and physical characteristics.
Develop the most basic technical and theoretical resources applied to the instrument, as well as some idiomatic aspects of jazz and modern music.

15. Specific Objectives

Knowing the instrument from the melodic, harmonic and rhythmic point of view, namely with regard to intervals, scales, chords, arpeggios and rhythmic figures. Study repertoire and develop the ability to improvise, transcribe, and sight-read.

16. Skills to be acquired

Play the major scale and its modes in all keys, triads and quattriads.
Improvise on predominantly diatonic repertoire and blues structures.
Master the instrument technically, using not only auditory skills but also theoretical ones.

17. Teaching Methodology

Oral exposition of the contents.
Listening to relevant musical examples.
Instrumental practice of the subject taught.

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18. Course Unit Program

I. Guitar, Electric Bass, Double Bass, Piano, Saxophone, Voice and Trumpet
1. Major scale
2. Patterns 123, 1234, and 3rds over the major scale
3. Chromatic scale
4. Scale of "Blues"
5. Major Scale Modes
6. Major, minor and diminished triads with inversions
7. Major scale diatonic triad sequence
8. Major seventh, minor seventh, dominant and half-diminished quattriads in the ground state
9. Reading and studies (parts recommended by the teacher)
10. Solo memorized
11. Study of four pieces selected by the student from the repertoire list of the corresponding Ensemble Class (one of which will be chosen by the teacher in the final exam).

II. Drums:
1. Rudiments (roll, diddle)
2. 6 Wilcoxon Studies
3. Elementary reading: fundamentals and notion of time and setback (Syncopation)
4. "Swing" rhythmic style
5. "second line" rhythmic style
6. Introduction to using brooms
7. Memorization of solos
8. Study of four pieces selected by the teacher (one of which will be chosen by the teacher in the final exam).

19. Assessment Methods

1. Accompanying the material taught throughout the semester and carrying out homework assignments.
2. Attendance.
3. Performance on two interim tests.
4. Performance in final frequency exam.

20. Didactic Resources

Diverse audio and video material shown in class.

21. Sustainability Objectives

Reduction in the use of paper media by sharing teaching materials on the different digital platforms available, such as Microsoft teams or Moodle. The use of paper is also facilitated by booking appointments online. Conducting videoconferences to clarify students' doubts, avoiding unnecessary trips and, consequently, the influence of the environment.

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22. Keywords

Major scale
Gregorian modes
Improvisation
AABA form
ABAC form
II-V-I
"Standard"
"Blues"

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23. Main Bibliography

Author(s): Ligon, Bert
Title: Jazz Theory Resources Vol. I-II
Edition: 1ª Year: 2001
Local: Milwaukee
Publisher: Houston Publishing, Inc

Author(s): Ligon, Bert
Title: Comprehensive Technique for Jazz Musicians
Edition: 2ª Year: 1999
Local: Milwaukee
Publisher: Houston Publishing, Inc

Author(s): Reed, Ted
Title: Progressive Steps to Syncopation for the Modern Drummer
Edition: 1ª Year: 1997
Local: California
Publisher: Alfred Music

24. Complementary Bibliography

Author(s): DeGreg, Phil
Title: Jazz Keyboard Harmony & Voicings
Edition: 3ª Year: 2010
Local: New Albany, IN
Publisher: Jamey Aebersold

Author(s): Crook, Hal
Title: How to Improvise: An Approach to Practicing Improvisation
Edition: 1ª Year: 1991
Local: Alemanha
Publisher: Advance Music

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Autor / Author	Prof. Doutor JORGE MIGUEL CECÍLIA MONIZ
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