



UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Elective - Psychology of Artistic Expression

Academic Year 2024/2025

1. Organic Unit

Faculty of Architecture and Arts

2. Course

JAZZ AND MODERN MUSIC

3. Cycle

1st

4. Course Unit

Elective - Psychology of Artistic Expression (C6241)

5. Scientific Area

6. Curricular Year

1st

7. Type of Curricular Unit / Semester

1st Semester



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8. Class type and workload (work time)

Theoretical classes:

Practical classes:

Theoretical-Practical Classes 30,00

Tutorial Guidance: 20,00

9. ECTS Credits

6,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutora TERESA PAULA RODRIGUES DE OLIVEIRA LEITE MAURER

12. Assistants

Dr. MOISÉS DUARTE ABREU FERNANDES

13. Teaching Language

Portuguese

14. General Objectives

Promote knowledge of the main topics of study in Psychology of the Arts and Expression.

To enable students to understand the phenomena of artistic production and appreciation in a perspective of the psychological processes involved in them.

Explore the topics of perception and cognition, from the socio-cultural point of view with regard to how psychology affects artistic movements.

Develop thinking about the arts phenomenon and its role in society

15. Specific Objectives

To inform about the processes and constraints implicit in the constitution and development of artistic production and appreciation.

Promote involvement in experiences of appreciation and artistic production, taking into account the experiential, relational and social processes that characterize them.

Explore the art history of Pop & Rock from a psycho-social perspective, its relationship with phenomena of perception and cognition.

16. Skills to be acquired



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To identify and understand the main concepts of the field of Psychology that are present in arts appreciation.

To analyze artistic phenomena according to its inherent psychosocial aspects. Training at conceptualization and elaboration of artistic products.

To know the psychological processes of those who create, who appreciate art and who they are influenced by the phenomena linked to the arts

17. Teaching Methodology

-Oral theoretical presentation in class and debate on the application of the concepts.

-Presentation of multimedia material for analysis.

- Group discussion. -Independent work on the part of the students of participation in artistic events, bibliographic review and written exposition on the psychological aspects of these same events

18. Course Unit Program

1. Brief introduction to the history of the art of Pop & Rock, from a technical-scientific perspective and its connection with known phenomena of human perception.
2. Introduction to the Psychology of the Arts and Expressiveness: Art, Aesthetics and Psychology; intersection between Art, Communication and Psychology.
3. The psychological components of the artistic phenomenon.
4. The cognitive processes of the multimedia consumer and the artistic experience: perception, memory, mental representation, thought and language.
5. Affective processes and artistic experience: Emotion and affection, motivation and personality. Personal expression and experience of affections. The dynamics of emotion and conscienceness.
6. Group processes in artistic experience: The masses and small groups; group dynamics; identity, belonging and social adaptation
7. The Arts and Social Psychology: The Product, Experience, and Mechanisms of Social Influence
8. Creativity: definition; the creator, the process and the product; creative thinking.
9. Expressiveness: The arts and the symbolic. Meaning is significant. Symbolic language and personal expression. Verbal and non-verbal language.
10. Art, health and wellness. Art, artists, people and groups.
11. Art and Psychopathology - psychopathology criteria; pathology of cognitive, affect, and personality processes; the arts as an expression of pathology. The pathology of the absence of the symbolic and the creative.
12. Therapeutic approach to the Art phenomenon: Art therapy, Drama therapy, Music Therapy and Dance Therapy.
13. The arts in communication phenomena and specifically in multimedia production: symbol, sign and sign. Message, sender and receiver. Interpretation references

19. Assessment Methods

Attendance and participation in classes.

Visual or multimedia production work, accompanied by psychological reflection on the creative process.

Written report of psychological reflection on the artistic experience experienced.



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20. Didactic Resources

Audio-visual reproduction equipment
Computer and video projector
Books and periodicals
Multimedia productions
Statements

21. Sustainability Objectives

Quality education
Health and well-being
Industry, innovation and infrastructure

22. Keywords

Psychology
Arts
Expression
Creativity
Cognition
Perception



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23. Main Bibliography

Author(s): Winner, E.
Title: How art works: a psychological exploration
Edition: 1 Year: 2019
Local: Oxford
Publisher: Oxford Press

Author(s): GLEITMAN, H., & FRIDLUND, A., & RESIBERG, D
Title: Psicologia
Edition: 1ª Year: 2003
Local: Lisboa
Publisher: Fundação Gulbenkian

Author(s): DEMIRCIOGLU, Beliz
Title: Improvisation in the expressive and performing arts
Edition: 1ª Year: 2014
Local: Londres
Publisher: Jessica Kingsley Publishers

24. Complementary Bibliography

Author(s): LOCHER, P., MARTINDALE, C., & DORFMAN, L
Title: New directions in aesthetics, creativity and the arts
Edition: 1ª Year: 2006
Local: Amityville
Publisher: Baywood Publishing Company

Author(s): Wall, Tim
Title: Studying Popular Music Culture (studying the media)
Edition: 1ª Year: 2003
Local: Lonres
Publisher: Hodder Headline Group



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Ficha técnica MIP / MIP Datasheet	
Título / Title	Course Unit Program 'OPÇÃO - PSICOLOGIA DA ARTE E EXPRESSIVIDADE': Academic Year 2024/2025
Autor / Author	Prof. Doutora TERESA PAULA RODRIGUES DE OLIVEIRA LEITE MAURER
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