UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
ADVANCED SEMINAR ON SOCIAL SERVICE INTERVENTION

Academic Year 2025/2026

1. Organic Unit

Higher Institute of Social Work

2. Course

SOCIAL WORK

3. Cycle

3rd

4. Course Unit

ADVANCED SEMINAR ON SOCIAL SERVICE INTERVENTION (I2105)

5. Scientific Area

6. Curricular Year

1st

7. Type of Curricular Unit / Semester

2nd Semester

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8. Class type and workload (work time)

Theoretical classes:
Practical classes:
Theoretical-Practical Classes
Tutorial Guidance:

9. ECTS Credits

10,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutora CRISTINA MARIA RAMOS COELHO

12. Assistants

Prof. Doutora MARIA ISABEL DE JESUS SOUSA

13. Teaching Language

Portuguese

14. General Objectives

Increase and systematize knowledge in Social Work, particularly regarding intervention with individuals, groups, communities and networks, within the framework of contemporary social transformations.

15. Specific Objectives

- Revisit, in a critical and in-depth way, knowledge in Social Work, in the area of intervention with individuals, groups, communities and networks;
- Stimulate analytical reflection and debate, as elements that enable the production and systematization of knowledge in Social Work;
- Promote the articulation of CU content with research and knowledge production strategies, aiming to prepare Social Work doctoral theses.

16. Skills to be acquired

- Advanced knowledge in Social Work, particularly regarding intervention with individuals, groups, communities and networks;
- Ability to identify and discuss the paradigms underlying different intervention strategies;
- Development of a reflective attitude, the capacity for scientific analysis and synthesis;
- Reinforcement of capabilities for autonomous scientific research work;
- Development of interest in research and production of knowledge in Social Work.

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17. Teaching Methodology

Seminar Dynamics, in which the active and planned participation of doctoral students is assumed, based on:
- Presentation of program contents and provision of bibliographical references by the professor;
- Analytical reflection and broad debate on the program contents and its articulation with matters related to professional action and ongoing investigations;
- Oral presentation of scientific texts by doctoral students, individually.

18. Course Unit Program

The 3rd cycle of studies advises the development of sufficiently flexible programs that can accommodate the expectations and needs of doctoral students and thus contribute to the development of work aiming the production of their respective doctoral theses. We then opted for a program that, although it responds to the general guidelines that led to the creation of this CU, given its designation, it presents itself in some generic way, to accommodate these needs and expectations.

1. Relational levels of social organization and social intervention
Micro, mezzo and macro levels of social intervention.

2. Intervention with individuals and families
From appointments to social care - professional acts and decision-making processes. Empowerment and accountability - activation of subjects versus palliative social intervention. The strengths approach and the collaborative intervention process. Biographical and narrative approaches. Social intervention geographies. Involuntary users; barriers to change.

3. Intervention with groups
Social work with groups - concepts and skills. Types of groups. Individual aims and group aims. Consensus and dissent; conflict and creativity; disruptive behaviors. Collaborative strategies.

4.Intervention with communities
The implementation of territorial-based policy measures. Intervention models with communities. Integrated strategic thinking and planning in social intervention. Collaborative and participatory strategies. The SPIRAL Methodology.

5. Network intervention
The importance of social networks in society and social support. Primary social or micro-social networks; network ethnography. Social networks in social intervention and the implementation of policy measures.

6.Professional action, reflexivity and societal involvement
Social Advocacy and Policy Practice in the Social Workers professional practice. Skills for intervention at a macro level.

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19. Assessment Methods

The evaluation will be carried out using the following elements:
- Oral presentation and individual comment on a scientific article relevant to the CU program - 40% of the final grade;
- Individual preparation of a scientific article (10-12 pages) on a topic that ensures a bridge between the CU program content and the doctoral student's preferred research area - 60% of the final grade.

20. Didactic Resources

- Bibliographic reference documents;
- Web resources;
- Visual presentation of key ideas (power point);
- Computer and multimedia projector;
- Digital platforms (MOODLE & TEAMS).

21. Sustainability Objectives

SDG 16
Promote peaceful and inclusive societies for sustainable development, provide access to justice for all and build effective, accountable and inclusive institutions at all levels.

22. Keywords

Social work with individuals and families
Social work with groups
SW with communities and networ

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23. Main Bibliography

Author(s): PARKER, Jonathan
Title: Social Work Practice: Assessment, Planning, Intervention and Review
Edition: 1st Year: 2021
Local: Exeter, UK
Publisher: Learning Matters
ISBN Code:

Author(s): TODD, Sarah & Julie DROLET (ed.)
Title: Community Practice and Social Development in Social Work
Edition: 1st Year: 2020
Local:
Publisher: Springer
ISBN Code:

Author(s): ZASTROW, Charles & Sarah L. Hessenauer
Title: Social Work with Groups: Comprehensive Practice and Self-Care
Edition: 10th Year: 2019
Local: Boston
Publisher: Cengage
ISBN Code:

24. Complementary Bibliography

Author(s): PAYNE, Malcolm
Title: How to Use Social Work Theory in Practice: An Essential Guide
Edition: 1st Year: 2020
Local: Bristol
Publisher: Policy Press
ISBN Code:

Author(s): SCOURFIELD, Peter
Title: Using Advocacy in Social Work Practice. A Guide for Students and Professionals
Edition: 1st Year: 2021
Local: London
Publisher: Routledge

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Autor / Author	Prof. Doutora CRISTINA MARIA RAMOS COELHO
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