



UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
PROJECT / THESIS II

Academic Year 2024/2025

1. Organic Unit

Institute of Psychology and Educational Sciences (3rd cycle)

2. Course

APPLIED PSYCHOLOGY: HEALTH AND WELL-BEING

3. Cycle

3rd

4. Course Unit

PROJECT / THESIS II (I9006)

5. Scientific Area

6. Curricular Year

1st

7. Type of Curricular Unit / Semester

2nd Semester



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8. Class type and workload (work time)

Theoretical classes:

Practical classes:

Theoretical-Practical Classes

Tutorial Guidance: 30,00

9. ECTS Credits

12,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutora TÚLIA RUTE MAIA CABRITA

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

This UC continues the process developed in the UC Project/Thesis I (complementarity of OA and continuity of processes).

This UC pursues the objectives of the CE by developing: Skills in designing, planning, implementing and evaluating research activities from the CE.

15. Specific Objectives

This UC continues the process developed in the UC Project/Thesis I (complementarity of OA and continuity processes).

This UC pursues the objectives of the CE to develop ?Design, planning, implementation and evaluation of CE research activities, which are operationalized in this UC in the following:

O1 Understanding the interrelationship between research questions and methodological design

O2 Selection of the appropriate design for the research questions

O3 Identification of factors and var

16. Skills to be acquired



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The OA of this UC pursue the objective of developing skills in designing and developing an IP, which involves the development of several skills that have become OA. The programmatic contents will promote the development of the various OA. In fact, each topic in the syllabus explicitly addresses processes involved in the different AO. Content 1. Types of methodological designs; 2. Advantages and limitations of each.

17. Teaching Methodology

The teaching methodologies in this UC include 1) expository methodologies where they are presented in a structured content relevant to the construction and preparation of the IP; 2) participation/discussion methodologies which require the student to participate in research group meetings, discussion sessions with advisor (supervision), and in the presentation/discussion of the PI in the group; and 3) the reflective feedback methodologies that involve discussion of the process under individual

18. Course Unit Program

1. Phases of a Research Project
 - Plan and start Research
 - Data collection
 - Treatment and interpretation of results
 - Discussion of results
2. Investigation Report
 - Title
 - Summary
 - Introduction
 - Method
 - Results
 - Discussion
 - References
 - Attachments
3. Ethical issues in Clinical Psychology Research

19. Assessment Methods

Avaliação individual escrita: entrega do projeto de investigação. Assiduidade mínima de 70% às sessões presenciais

20. Didactic Resources

- Discussion seminars
- Scientific publications

21. Sustainability Objectives



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Objective 3: Health and Quality

Reduce premature mortality from non-communicable diseases by one-third through prevention and treatment, and promote mental health and well-being.

Objective 4: Quality Education

Ensure that all learners acquire the knowledge and skills necessary to promote sustainable development, including but not limited to through education for sustainable development and sustainable lifestyles, human rights, gender equality.

22. Keywords

Project
investigation
methodology
clinical psychology
clinical investigation



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23. Main Bibliography

Author(s): Cooper, Harris
Title: APA Handbook of Research Methods in Psychology: Volume 1:Volume 2
Edition: 2^a Year: 2023
Local: Washington, DC:
Publisher: American Psychological Association.

Author(s): Kazdin, A.
Title: Methodological Issues and Strategies in Clinical Research
Edition: Year: 2024
Local: Washington, DC:
Publisher: APA

Author(s): Trafimow, D.
Title: Methodological Issues in Psychology: Concept, Method, and Measurement
Edition: 1 Year: 2023
Local: lisboa
Publisher: Rotledge

24. Complementary Bibliography

Author(s): Creswell, John
Title: Research Design Qualitative and Quantitative Methods Approaches
Edition: Year: 2003
Local: USA, California
Publisher: Sage Publications

Author(s): David Howell
Title: Statistical Methods for Psychology
Edition: Year: 2010
Local: LBelmont, USA
Publisher: Wedsworth Cengage Learning



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Ficha técnica MIP / MIP Datasheet	
Título / Title	Course Unit Program 'PROJECTO/TESE II': Academic Year 2024/2025
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Descritores / Descriptors	-
Colaborador(es) / Colaborator(s)	-
Data Hora / Date Time	
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