UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
RESEARCH SEMINAR I

Academic Year 2025/2026

1. Organic Unit

Institute of Psychology and Educational Sciences (3rd cycle)

2. Course

APPLIED PSYCHOLOGY: HEALTH AND WELL-BEING

3. Cycle

3rd

4. Course Unit

RESEARCH SEMINAR I (I9007)

5. Scientific Area

6. Curricular Year

2nd

7. Type of Curricular Unit / Semester

1st Semester

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8. Class type and workload (work time)

Theoretical classes:
Practical classes:
Theoretical-Practical Classes
Tutorial Guidance:

9. ECTS Credits

12,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutora TÚLIA RUTE MAIA CABRITA

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

In line with the objectives of this CE, to promote the development of advanced research skills in Psyc/Apli, namely implementation and evaluation of research activities; and skills in organizing/expressing ideas/arguments according to scientific criteria.

15. Specific Objectives

It is expected that, in this UC, students will be able to:
O1 Identify the main characteristics of scientific writing
O2 Operationalize in a synthetic way the main idea(s) to be communicated;
O3 Coherent organization of ideas;
O4 Identify synthetic and objective ways of expressing ideas;
O5 Identify threats to a neutral expression of ideas;
O6 Substantiate ideas in reliable sources and cite each source;

16. Skills to be acquired

The main OA of this UC is to promote in-depth knowledge and skills within the scope of the various phases of the development of a PI, skills in implementing and evaluating research activities; skills in organizing/expressing ideas/arguments according to scientific criteria as well as the skills in developing and writing various scientific products.

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17. Teaching Methodology

Expository, participatory and interactive methodologies with group sessions; seminars with specific themes; work presentation sessions; and tutorial sessions between students and teachers that allow students to learn about and understand the evolution and development phases of a research project. Likewise, this methodology will allow students to acquire skills in developing and writing various scientific products.

18. Course Unit Program

Part A - General aspects of scientific writing:
1. Scientific writing (from functions to characteristics);
a) Functions of scientific writing;
b) Characteristics of scientific writing;
c) Types of scientific papers;
2. The message in scientific writing;
3. Organization/structure in scientific writing;
4. Content in scientific writing;
5. Form in scientific writing (APA standards)
6. The process in scientific writing;
7. Review in scientific writing;
Part B - Applied scientific writing:
1. Scientific writing applied to research
1.1. Research project or plan
1.2. Communication of research results
a) Communication in thesis;
b) Communication in article;
c) Oral communication in scientific meeting;
d) Communication in poster;
e) Oral communication in non-scientific meeting (e.g. in class);
Part C - Process of submitting scientific content for peer review:
1. Submission to scientific journals;
2. Submission to conferences
18. Program Contents

19. Assessment Methods

Assessment is continuous and includes the completion of 1 work that demonstrates scientific writing skills (e.g. a manuscript that describes 1 synthesis 1 set of articles specific to the area in which you are developing your research)

20. Didactic Resources

Powerpoints and databases
Computers
Scientific articles
Recommended reading

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21. Sustainability Objectives

Target 4.4: By 2030, substantially increase the number of youth and adults who have relevant qualifications, including technical and vocational skills, for employment, decent work and entrepreneurship.
Target 4.7: By 2030, ensure that all learners acquire the knowledge and skills needed to promote sustainable development.

22. Keywords

Scientific writing
Scientific dissemination
Communication

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23. Main Bibliography

Author(s): American Psychological Association
Title: Publication Manual of the American Psychological Association
Edition: 7ª Year: 2019
Local:
Publisher: APA

Author(s): Bell, D. J., Foster, S. L., & Cone, J. D.
Title: Dissertations and Theses from Start to Finish: Psychology and Related Fields
Edition: 3ª Year: 2019
Local:
Publisher: APA

Author(s): Iphofen, R.
Title: Handbook of Research Ethics and Scientific Integrity
Edition: 1 Year: 2019
Local:
Publisher: Springer

24. Complementary Bibliography

Author(s): Thompson, P., & Kamler, B.
Title: Detox your writing
Edition: 1 Year: 2016
Local:
Publisher: Routledge, Taylor & Francis Group

Author(s):
Title:
Edition: Year:
Local:
Publisher:

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Ficha técnica MIP / MIP Datasheet	
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Autor / Author	Prof. Doutora TÚLIA RUTE MAIA CABRITA
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