UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
RESEARCH SEMINAR II

Academic Year 2025/2026

1. Organic Unit

Institute of Psychology and Educational Sciences (3rd cycle)

2. Course

APPLIED PSYCHOLOGY: HEALTH AND WELL-BEING

3. Cycle

3rd

4. Course Unit

RESEARCH SEMINAR II (I9009)

5. Scientific Area

6. Curricular Year

2nd

7. Type of Curricular Unit / Semester

2nd Semester

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8. Class type and workload (work time)

Theoretical classes:
Practical classes:
Theoretical-Practical Classes
Tutorial Guidance:

9. ECTS Credits

12,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutora TÚLIA RUTE MAIA CABRITA

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

This unit integrates skills developed in year 1 units and Research Seminar I. This unit pursues the objectives: to
understand applied research as a dynamic between theoretical-conceptual, empirical, and professional practice
dimensions; and research management skills. The unit promotes the learning objectives: planning research,
articulating arguments; competence in preparing/submitting applications for funding.

15. Specific Objectives

Understand the role of research funding
Understand the various forms of research funding in competitive calls
Understand the specificities of types of funding as a structural element of the proposal
Deepen understanding of ethical issues and their importance for funding
Manage the phases of preparing a proposal for submission

16. Skills to be acquired

Identify funding sources
Prepare proposals that meet funders? requirements
Manage funding competitions

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17. Teaching Methodology

Expository, participatory, and interactive methods with group sessions; seminars with specific themes; presentation of
project work and discussion of the strengths and weaknesses of each.

18. Course Unit Program

-Specifics of funding bodies
-Effective/non-effective proposals
-Eligibility criteria
-Project development (project summary; rationale, objectives; method)
-Expected results; financing; team; evaluation; dissemination

19. Assessment Methods

Assessment is continuous and includes the preparation of a research project proposal along the lines of a submission for funding. NOTE: This is a simulation and not an actual
submission. A minimum attendance of 70% is required.

20. Didactic Resources

PC
Data base
Multimedia projector

21. Sustainability Objectives

Objective 3: Health and Quality
Reduce premature mortality from non-communicable diseases by one-third through prevention and treatment, and promote mental health and well-being.
Objective 4: Quality Education
Ensure that all learners acquire the knowledge and skills necessary to promote sustainable development, including but not limited to through education for sustainable development and sustainable lifestyles, human rights, gender equality.

22. Keywords

Project
investigation
methodology
clinical psychology
clinical investigation

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23. Main Bibliography

Author(s):	Tori O'Neal-McElrat, Lynn Kanter, Lynn Jenkins English		
Title:	Winning Grants Step by Step: The Complete Workbook for Planning, Developing, and Writing Successful		
Edition:	5ª	Year:	2019
Local:	London		
Publisher:	Jossey-Bass		
ISBN Code:			

Author(s):	Dawn M. McBride		
Title:	The Process of Research in Psychology		
Edition:	5ª	Year:	2023
Local:	London		
Publisher:	SAGE Publications		
ISBN Code:			

Author(s):	Cooper, Harris		
Title:	APA Handbook of Research Methods in Psychology: Volume 1:Volume 2		
Edition:	2ª	Year:	2023
Local:	Washington, DC:		
Publisher:	Editora: American Psychological Association		
ISBN Code:			

24. Complementary Bibliography

Author(s):	Zaumanis, M.		
Title:	Write a Winning Research Proposal: How to Generate Grant Ideas and Secure Funding Using Research Pro		
Edition:	1ª	Year:	2023
Local:	England		
Publisher:	Independently Published By Peer		
ISBN Code:			

Author(s):	Steven R. Terrell		
Title:	Writing a Proposal for Your Dissertation: Guidelines and Examples		
Edition:	2ª	Year:	2023
Local:	London		

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Autor / Author	Prof. Doutora TÚLIA RUTE MAIA CABRITA
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