UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Social History and of Social Work

Academic Year 2025/2026

1. Organic Unit

Higher Institute of Social Work

2. Course

SOCIAL WORK

3. Cycle

1st

4. Course Unit

Social History and of Social Work (L4502)

5. Scientific Area

6. Curricular Year

1st

7. Type of Curricular Unit / Semester

1st Semester

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8. Class type and workload (work time)

Theoretical classes:	30,00
Practical classes:	
Theoretical-Practical Classes	
Tutorial Guidance:	20,00

9. ECTS Credits

6,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutora TERESA PAULA GARCIA RODRIGUES DA SILVA

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

- Contextualize Social Work in the framework of Social History and understand its emergence and institutionalization as a profession and scientific area within the Social and Human Sciences;

15. Specific Objectives

- Identify milestones in social history that influenced the emergence of Social Work in Portugal and in the world;
- Learn the fundamentals of Social Work as an area of knowledge within the framework of Social and Human Sciences;
- Problematize from the dominant paradigms in Social Work and the contribution of the reconceptualization movement;
-Analyze and reflect on Social Work as an area of intervention and knowledge based on the theory-practice relationship.

16. Skills to be acquired

- Situate and analyze the contributions of Social History in the emergence of Social Work and its institutionalization in Portugal and in the world;
- Understand its development in the multidisciplinary framework of Social Sciences and Humanities;
- Situate and understand the structuring of the conceptual bases of Intervention in Social Work and critical movements.

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17. Teaching Methodology

- Expository method;
- Participation of students through the elaboration of reading sheets and organization of collective activities;
- Debate and reflection on the subject of the curricular unit in the classroom

18. Course Unit Program

I. Social History and Social Work
1. Conceptual dimensions of Social History and Social Work - the conditions of origin
2. Evolution and development of social protection: the role of the State, the Church and Social Institutions
3. The social question: social reformers and the contribution of the pioneers
II. Emergence and institutionalization of Social Work within the framework of Social and Human Sciences
1. Social Work and Social and Human Sciences
2. Introduction to the fundamentals and principles of Social Work
3. Traditional methods: Case Social Service, Group Social Service, Community Social Service
III. Emergency and institutionalization of Social Work in Portugal
IV. Critical thinking and the Social Work reconceptualization movement
V. Social Work today
1. From profession to area of knowledge: the evolution of academic qualification
2. Knowledge and action, the theory-practice relationship
3. Intervention Levels and Units

19. Assessment Methods

2 individual written tests
1 group work and presentation
Oral intervention (active participation)

20. Didactic Resources

Power point and other audio-visual means
Constitution of a dossier of texts
Participation of students in the organization of collective activities

21. Sustainability Objectives

The U.C. of Social History and Social Works aims to contribute to sustainability in the following areas:1-Substantially increase the number of young people and adults with relevant qualifications, including technical and professional skills, for employment, decent work and entrepreneurship.2-Ensure equal opportunities in university education. 3-Respect for cultural diversity. Social and environmental responsibility. 4-Capacity training for the development of SDG 2023, UN.

22. Keywords

Social History, Social Work, Reconceptualization, Human Rights;

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23. Main Bibliography

Author(s):	Silva, Teresa Paula G. R. da		
Title:	A primeira escola de Serviço Social em Portugal: o projeto educativo fundador e a configuração de um		
Edition:		Year:	2017
Local:	Lisboa		
Publisher:	tese de doutoramento em Serviço Social:Universiadade luisada de Lisboa		

Author(s):	MARTÍNEZ, Manuel Moix		
Title:	Introducción al Trabajo Social		
Edition:	1ª edição	Year:	1991
Local:	Madrid		
Publisher:	Editorial Trivium		

Author(s):	RICHMOND, Mary		
Title:	Diagnóstico Social.		
Edition:		Year:	1950
Local:	Lisboa		
Publisher:	Instituto Superior de Higiene Dr. Ricardo Jorge		

24. Complementary Bibliography

Author(s):	Garcia, Tomáz Fernandez		
Title:	Trabajo social una historia global;		
Edition:	1ª edição	Year:	2014
Local:	Madrid		
Publisher:	McGraw-Hill Interamericana de España S.L.		

Author(s):	MENDES, J.M. Amado		
Title:	História Económica e Social dos Séculos XV a XX		
Edition:		Year:	1993
Local:	Lisboa		
Publisher:	Fundação Calouste Gulbenkian		

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Autor / Author	Prof. Doutora TERESA PAULA GARCIA RODRIGUES DA SILVA
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