UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Group and Community Intervention. Theory and Methods

Academic Year 2025/2026

1. Organic Unit

Higher Institute of Social Work

2. Course

SOCIAL WORK

3. Cycle

1st

4. Course Unit

Group and Community Intervention. Theory and Methods (L4518)

5. Scientific Area

6. Curricular Year

2nd

7. Type of Curricular Unit / Semester

2nd Semester

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8. Class type and workload (work time)

Theoretical classes:	30.00
Practical classes:	
Theoretical-Practical Classes	
Tutorial Guidance:	20.00

9. ECTS Credits

6.00

10. Scientific Area Coordinator

11. Regent

Prof. Doutora CLÁUDIA PATRÍCIA DINIZ ROSA ALMEIDA LOPES

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

Understanding and development of theoretical-methodological frameworks to support the intervention of the Social Worker in the following domains: group, community and network.

15. Specific Objectives

-Deepen the relationship between theory and intervention models in groups and communities;
-Identify the theoretical-methodological references of Social Work for groups and communities;
- Perceive and develop dynamics and strategies with the different social actors involved in processes of Social Intervention with Communities
-Elaborate operational proposals for intervention with groups and communities

16. Skills to be acquired

- Conceptualize the intervention with groups and communities in Social Work in the theoretical and methodological dimensions
- Structuring and planning intervention actions with groups and communities
- Develop a reflective and critical attitude towards social intervention

17. Teaching Methodology

-Expository method
-Simulations of work situations
-Analysis and interpretation of documents by students
-Group work

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18. Course Unit Program

I. Intervention with groups.
1. Main theoretical and action foundations: the theoretical and professional practice relationship
2. Fundamentals, objectives and types of groups
3. Group dynamics
3.1. Methods and techniques of communication
3.2. Inhibiting/enabling factors of interpersonal and communicational relationships
3.3. Dynamics of the communication process
4. Intervention models with groups
4.1. Methodological process
4.2. Support tools for intervention with groups
II. Partnerships and network intervention
1. Fundamentals, concept and types of network
2. Objectives and dimensions
2.1. Network based intervention models
2.2. Methods and techniques of networking
3. Importance of social ties and partnerships
3.1. Types of partnerships
4. "Rede Social" Program
4.1. Operationalization of the Program
5. Concept of Development and Social Development
III. Community intervention and development
1. Concept of Community Development
2. Fundamentals, principles and objectives
3. Models of intervention with communities
3.1. Structure and methodological process
3.2. Tools to support community intervention
4. Advocacy and Empowerment Process

19. Assessment Methods

-2 written tests with consultation- weighting factor 3
- Oral intervention (includes scheduled oral intervention: presentation and discussion of the results of pratical exercices- weighting factor 2.5)
- Other elements- weighting factor 1

20. Didactic Resources

Powerpoint
Texts to be made available to students
Bibliographic research by students

21. Sustainability Objectives

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The Social work and Society C.U. aims to contribute to sustainability in the following areas:1-Substantially increase the number of young people and adults with relevant qualifications, including technical and professional skills, for employment, decent work and entrepreneurship.2-Ensuring equal opportunities in university education
3-Respect for cultural diversity. Social and environmental responsibility.4-Training capacities to put the SDGs 2023, UN into practrice.

22. Keywords

Group
community development
Social network
intervention models

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23. Main Bibliography

Author(s):	Barbero, Josep Manuel e Cortèz, Ferran		
Title:	Trabajo comunitário, organización e desarrollo social		
Edition:		Year:	2005
Local:	Madrid		
Publisher:	Alianza editorial		

Author(s):	Robertis, Cristina de		
Title:	Fundamentos del Trabajo Social		
Edition:		Year:	2003
Local:	Valência		
Publisher:	Nau libres - Universitat Valência		

Author(s):	Garcia, Tomás Fernández e Peláez, António Lopez		
Title:	Trabajo social comunitáro		
Edition:		Year:	2008
Local:	Madrid		
Publisher:	Alianza		

24. Complementary Bibliography

Author(s):	Garcia, Tomás		
Title:	Trabajo Social com grupos		
Edition:		Year:	2006
Local:	Madrid		
Publisher:	Alianza		

Author(s):	Dumoulin, Philipe et all		
Title:	Travailler en réseaux		
Edition:		Year:	2006
Local:	Paris		
Publisher:	Dunod		

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Ficha técnica MIP / MIP Datasheet	
Título / Title	Course Unit Program 'TEORIA E METODOLOGIA DE INTERVENÇÃO EM GRUPOS E COMUNIDADES': Academic Year
Autor / Author	Prof. Doutora CLÁUDIA PATRÍCIA DINIZ ROSA ALMEIDA LOPES
Classificação / Classification	-
Descritores / Descriptors	-
Colaborador(es) / Colaborator(s)	-
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