



UNIVERSIDADE LUSÍADA  
LISBOA

Course Unit Program  
Group and Community Intervention. Theory and Methods

Academic Year 2026/2027

**1. Organic Unit**

Higher Institute of Social Work

**2. Course**

SOCIAL WORK

**3. Cycle**

1st

**4. Course Unit**

Group and Community Intervention. Theory and Methods (L4518)

**5. Scientific Area**

**6. Curricular Year**

2nd

**7. Type of Curricular Unit / Semester**

2nd Semester



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#### 8. Class type and workload (work time)

|                               |       |
|-------------------------------|-------|
| Theoretical classes:          | 30,00 |
| Practical classes:            |       |
| Theoretical-Practical Classes |       |
| Tutorial Guidance:            | 20,00 |

#### 9. ECTS Credits

6,00

#### 10. Scientific Area Coordinator

#### 11. Regent

Prof. Doutora CLÁUDIA PATRÍCIA DINIZ ROSA ALMEIDA LOPES

#### 12. Assistants

#### 13. Teaching Language

Portuguese

#### 14. General Objectives

Understanding and development of theoretical-methodological frameworks to support the intervention of the Social Worker in the following domains: group, community and network.

#### 15. Specific Objectives

- Deepen the relationship between theory and intervention models in groups and communities;
- Identify the theoretical-methodological references of Social Work for groups and communities;
- Perceive and develop dynamics and strategies with the different social actors involved in processes of Social intervention with communities
- Elaborate operational proposals for intervention with groups and communities

#### 16. Skills to be acquired

- Conceptualize the intervention with groups and communities in Social Work in the theoretical and methodological dimensions
- Structuring and planning intervention actions with groups and communities
- Develop a reflective and critical attitude towards social intervention

#### 17. Teaching Methodology

- Expository method
- Simulations of work situations
- Analysis and interpretation of documents by students
- Group work



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## 18. Course Unit Program

- I. Intervention with groups.
  1. Main theoretical and action foundations: the theoretical and professional practice relationship
  2. Fundamentals, objectives and types of groups
  3. Group dynamics
    - 3.1. Methods and techniques of communication
    - 3.2. Inhibiting/enabling factors of interpersonal and communicational relationships
    - 3.3. Dynamics of the communication process
  4. Intervention models with groups
    - 4.1. Methodological process
    - 4.2. Support tools for intervention with groups
- II. Partnerships and network intervention
  1. Fundamentals, concept and types of network
  2. Objectives and dimensions
    - 2.1. Network based intervention models
    - 2.2. Methods and techniques of networking
  3. Importance of social ties and partnerships
    - 3.1. Types of partnerships
  4. "Rede Social" Program
    - 4.1. Operationalization of the Program
5. Concept of Development and Social Development
- III. Community intervention and development
  1. Concept of Community Development
  2. Fundamentals, principles and objectives
  3. Models of intervention with communities
    - 3.1. Structure and methodological process
    - 3.2. Tools to support community intervention
  4. Advocacy and Empowerment Process

## 19. Assessment Methods

- 2 written tests with consultation- weighting factor 3
- Oral intervention (includes scheduled oral intervention: presentation and discussion of the results of practical exercises- weighting factor 2.5)
- Other elements- weighting factor 1

## 20. Didactic Resources

- Powerpoint
- Texts to be made available to students
- Bibliographic research by students

## 21. Sustainability Objectives



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The C.U. Theory and Methodology of Intervention in Groups and Communities aims to equip students with the knowledge and skills to design and implement group, community, and network-based interventions focused on social inclusion, community empowerment, the reduction of inequalities, and the promotion of sustainable development, in alignment with the Sustainable Development Goals (SDGs).

### 22. Keywords

Group  
Community development  
Social network  
Intervention models



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### 23. Main Bibliography

Author(s): Barbero, Josep Manuel e Cortèz, Ferran  
Title: Trabajo comunitário, organización e desarrollo social  
Edition: Year: 2005  
Local: Madrid  
Publisher: Alianza editorial  
ISBN Code:

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Author(s): Robertis, Cristina de  
Title: Fundamentos del Trabajo Social  
Edition: Year: 2003  
Local: Valência  
Publisher: Nau libres - Universitat Valência  
ISBN Code:

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Author(s): Garcia, Tomás Fernández e Peláez, António Lopez  
Title: Trabajo social comunitário  
Edition: Year: 2008  
Local: Madrid  
Publisher: Alianza  
ISBN Code:

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### 24. Complementary Bibliography

Author(s): Garcia, Tomás  
Title: Trabajo Social com grupos  
Edition: Year: 2006  
Local: Madrid  
Publisher: Alianza  
ISBN Code:

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Author(s): Dumoulin, Philipe et all  
Title: Travailler en réseaux  
Edition: Year: 2006  
Local: Paris  
Publisher: Dunod  
ISBN Code:

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| Ficha técnica MIP / MIP Datasheet |                                                                                                  |
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| Autor / Author                    | Prof. Doutora CLÁUDIA PATRÍCIA DINIZ ROSA ALMEIDA LOPES                                          |
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