UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Seminar: Reflection and Analysis of Professional Practices

Academic Year 2025/2026

1. Organic Unit

Higher Institute of Social Work

2. Course

SOCIAL WORK

3. Cycle

1st

4. Course Unit

Seminar: Reflection and Analysis of Professional Practices (L4523)

5. Scientific Area

6. Curricular Year

3rd

7. Type of Curricular Unit / Semester

2nd Semester

FUNDAÇÃO MINERVA CULTURA - ENSINO E INVESTIGAÇÃO CIENTÍFICA

Rua da Junqueira, 188 a 198 - 1349-001 LISBOA - Telefone 213 611 500 - Fax 213 638 307 - e-mail: info@lis.ulusiada.pt - https://www.lis.ulusiada.pt

8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	30,00
Tutorial Guidance:	20,00

9. ECTS Credits

6,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutora MARIA ISABEL DE JESUS SOUSA

12. Assistants

Prof. Doutora VANDA SOFIA BRAZ RAMALHO

13. Teaching Language

Portuguese

14. General Objectives

Consolidate theoretical and methodological knowledge in Social Work, reflecting on the challenges of exercising the profession, given the contemporary contexts of professional intervention.

15. Specific Objectives

- Identify and elaborate analytical and operational reference frameworks, guiding the intervention of the Social Worker, in relation to specific contexts;
- Articulate the specific problems of the intervention, with the applicable social policies/measures and the reality of the internship environment;
- Reflect on the challenges facing the exercise of the profession, in different contexts.

16. Skills to be acquired

- Understanding and analysis of Social Work intervention in different contexts
- Evaluation of technical instruments to support professional practice, within the framework of an ethical, political and scientifically based practice
- Critical reflection on situations that maintained special difficulties in the professional action of Social Workers
- Identification of ethical dilemmas and their resolution processes
- Assessment of lifelong learning needs.

FUNDAÇÃO MINERVA CULTURA - ENSINO E INVESTIGAÇÃO CIENTÍFICA

Rua da Junqueira, 188 a 198 - 1349-001 LISBOA - Telefone 213 611 500 - Fax 213 638 307 - e-mail: info@lis.ulusiada.pt - https://www.lis.ulusiada.pt

17. Teaching Methodology

Teaching-learning for the application of ethical-theoretical-methodological references of Social Work, focusing on:

i) the approach centered on practice, using the expository method, for the introduction of each programmatic point, in articulation with the active and interrogative methods, for the analysis of cases;

ii) research applied to the intervention context;

iii) training in oral and written communication skills;

iv) valuing autonomous and shared learning.

18. Course Unit Program

1. Social Work anchor references: articulation with professional practice
1.1. Global Definition, professional project and Ethics Code - challenges in the daily practice of social workers;
1.2. Instrumentality vis-à-vis the ethical-political project of Social Work: procedural issues and methodological finalism;
1.3. Fields of intervention, identity, and professional jurisdiction. Multidisciplinary, interdisciplinary and transdisciplinary teams.

2. Collaborative and participatory methodologies, as privileged strategies in professional practice
2.1. Concepts and examples. The SPIRAL methodology
2.2. Role of the social worker in the implementation and dynamization of collaborative and participatory processes
2.3. Articulation of the different levels of intervention: micro, meso and macro
2.4. Skills to mobilize/develop.

3. Addressing specific thematic areas, depending on the experiential learning contexts, taking into account, namely: i) support policies and measures, intervention models and their vision on the intervention subjects; ii) ethical dilemmas and resolution strategies; iii) critical-reflective analysis of internship practices.

4. Addressing thematic areas and/or relevant sectors for professional practice not covered by the experiential learning contexts.

5. Reflective analysis on the specific skills set out in the Ethics Code for Social Workers and their mobilization in the contexts of professional practice.

6. Balance of professional practices analysis and the reflective process developed, as well as the respective importance for training in Social Work.

FUNDAÇÃO MINERVA CULTURA - ENSINO E INVESTIGAÇÃO CIENTÍFICA

Rua da Junqueira, 188 a 198 - 1349-001 LISBOA - Telefone 213 611 500 - Fax 213 638 307 - e-mail: info@lis.ulusiada.pt - https://www.lis.ulusiada.pt

19. Assessment Methods

According with the general knowledge regulation, continuous assessment will consist of:
- 2 individual written tests ? weighting factor 3.
- Oral intervention (includes scheduled oral intervention: individual reflection on pre-professional practice, considering, namely, the dimensions of point 3 of the Program) ? weighting factor 2.5.
- Other elements - weighting factor 1.

20. Didactic Resources

- Reference bibliographic documents;
- Specific documentation associated with internship contexts and their problems;
- Computer and multimedia projector;
- Digital platforms (Moodle & Teams).

21. Sustainability Objectives

SDG 16
Promote peaceful and inclusive societies for sustainable development, provide access to justice for all and build effective, accountable and inclusive institutions at all levels

22. Keywords

Reflexivity in Social Work
Ethics and Professional Deontology
Intervention models

FUNDAÇÃO MINERVA CULTURA - ENSINO E INVESTIGAÇÃO CIENTÍFICA

Rua da Junqueira, 188 a 198 - 1349-001 LISBOA - Telefone 213 611 500 - Fax 213 638 307 - e-mail: info@lis.ulusiada.pt - https://www.lis.ulusiada.pt

23. Main Bibliography

Author(s):	Fialho Joaquim & Inês Casquilho-Martins		
Title:	Serviço Social - Fundamentos, metodologia e contextos de intervenção		
Edition:	1.ª	Year:	2025
Local:	Lisboa		
Publisher:	Sílabo		

Author(s):	Judith Milner, Steve Myers & Patrick O'Byrne		
Title:	Assessment in Social Work		
Edition:	5th	Year:	2020
Local:	London		
Publisher:	MacMillan Education		

Author(s):	REAMER, Frederic G.		
Title:	Social Work Values and Ethics		
Edition:	5th	Year:	2018
Local:	New York		
Publisher:	Columbia University Press		

24. Complementary Bibliography

Author(s):	Michaela Rogers, Dawn Whitaker, David Edmondson & Donna Peach		
Title:	Developing Skills and Knowledge for Social Work Practice		
Edition:	2nd	Year:	2020
Local:	Thousand Oaks		
Publisher:	Sage		

Author(s):	THOMPSON, Sue & Neil Thompson		
Title:	The Critically Reflective Practitioner		
Edition:	2nd	Year:	2018
Local:	London		
Publisher:	Red Globe Press		

FUNDAÇÃO MINERVA CULTURA - ENSINO E INVESTIGAÇÃO CIENTÍFICA

Rua da Junqueira, 188 a 198 - 1349-001 LISBOA - Telefone 213 611 500 - Fax 213 638 307 - e-mail: info@lis.ulusiada.pt - https://www.lis.ulusiada.pt

UNIVERSIDADE LUSÍADA
LISBOA

Ficha técnica MIP / MIP Datasheet	
Título / Title	Course Unit Program 'SEMINÁRIO DE REFLEXÃO E ANÁLISE DE PRÁTICAS PROFISSIONAIS': Academic Year 2025/2026
Autor / Author	Prof. Doutora MARIA ISABEL DE JESUS SOUSA
Classificação / Classification	-
Descritores / Descriptors	-
Colaborador(es) / Colaborator(s)	-
Data Hora / Date Time	
Formato de dados / Data Format	Texto / Text, PDF
Estatuto de utilização / Usage	Acesso público / Public Access
Relação / Relation	Version 1,0

(c) Universidade Lusíada, 2025

FUNDAÇÃO MINERVA CULTURA - ENSINO E INVESTIGAÇÃO CIENTÍFICA

Rua da Junqueira, 188 a 198 - 1349-001 LISBOA - Telefone 213 611 500 - Fax 213 638 307 - e-mail: info@lis.ulusiada.pt - https://www.lis.ulusiada.pt