



UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Seminar: Reflection and Analysis of Professional Practices

Academic Year 2026/2027

1. Organic Unit

Higher Institute of Social Work

2. Course

SOCIAL WORK

3. Cycle

1st

4. Course Unit

Seminar: Reflection and Analysis of Professional Practices (L4523)

5. Scientific Area

6. Curricular Year

3rd

7. Type of Curricular Unit / Semester

2nd Semester



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8. Class type and workload (work time)

Theoretical classes:

Practical classes:

Theoretical-Practical Classes 30,00

Tutorial Guidance: 20,00

9. ECTS Credits

6,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutora MARIA ISABEL DE JESUS SOUSA

12. Assistants

ANA RITA VENTURA VERÇAS

13. Teaching Language

Portuguese

14. General Objectives

Consolidate theoretical and methodological knowledge in Social Work, reflecting on the challenges of exercising the profession, given the contemporary contexts of professional intervention.

15. Specific Objectives

- Identify and elaborate analytical and operational reference frameworks, guiding the intervention of the Social Worker, in relation to specific contexts;
- Articulate the specific problems of the intervention, with the applicable social policies/measures and the reality of the internship environment;
- Reflect on the challenges facing the exercise of the profession, in different contexts.

16. Skills to be acquired

- Understanding and analysis of Social Work intervention in different contexts
- Evaluation of technical instruments to support professional practice, within the framework of an ethical, political and scientifically based practice
- Critical reflection on situations that maintained special difficulties in the professional action of Social Workers
- Identifying ethical issues and dilemmas, and processes for resolving them
- Assessment of lifelong learning needs.



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17. Teaching Methodology

Teaching-learning for the application of ethical-theoretical-methodological references of Social Work, focusing on:

- i) the approach centered on practice, using the expository method, for the introduction of each programmatic point, in articulation with the active and interrogative methods, for the analysis of cases;
- ii) research applied to the intervention context;
- iii) training in oral and written communication skills;
- iv) valuing autonomous and shared learning.

18. Course Unit Program

1. Social Work anchor references: articulation with professional practice
 - 1.1. Global Definition, professional project and Ethics Code - challenges in the daily practice of social workers;
 - 1.2. Instrumentality vis-à-vis the ethical-political project of Social Work: procedural issues and methodological finalism;
 - 1.3. Fields of intervention, identity, and professional jurisdiction. Multidisciplinary, interdisciplinary and transdisciplinary teams.
2. Collaborative and participatory methodologies, as privileged strategies in professional practice
 - 2.1. Concepts and examples. The SPIRAL methodology
 - 2.2. Role of the social worker in the implementation and dynamization of collaborative and participatory processes
 - 2.3. Articulation of the different levels of intervention: micro, meso and macro
 - 2.4. Skills to mobilize/develop.
3. Addressing specific thematic areas, depending on the experiential learning contexts, taking into account, namely: i) support policies and measures, intervention models and their vision on the intervention subjects; ii) ethical dilemmas and resolution strategies; iii) critical-reflective analysis of internship practices.
4. Addressing thematic areas and/or relevant sectors for professional practice not covered by the experiential learning contexts.
5. Reflective analysis on the specific skills set out in the Ethics Code for Social Workers and their mobilization in the contexts of professional practice.
6. Balance of professional practices analysis and the reflective process developed, as well as the respective importance for training in Social Work.



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19. Assessment Methods

According with the general knowledge regulation, continuous assessment will consist of:

- 2 individual written tests - weighting factor 3.
- Oral intervention (includes scheduled oral intervention: individual reflection on pre-professional practice, considering, namely, the dimensions of point 3 of the Program) - weighting factor 2.5.
- Other elements - weighting factor 1.

20. Didactic Resources

- Reference bibliographic documents;
- Specific documentation associated with internship contexts and their problems;
- Computer and multimedia projector;
- Digital platforms (Moodle & Teams).

21. Sustainability Objectives

The Seminar on Reflection and Analysis of Professional Practices aims to contribute to sustainability in the following areas:

- 1 - Substantially increase the number of young people and adults with relevant qualifications, including technical and professional skills, for employment, decent work and entrepreneurship.
- 2 - Respect for cultural diversity, social and environmental responsibility, ethical values and commitments.

22. Keywords

Reflexivity in Social Work
Ethics and Professional Deontology
Intervention models



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23. Main Bibliography

Author(s): Fialho Joaquim & Inês Casquilho-Martins
Title: Serviço Social - Fundamentos, metodologia e contextos de intervenção
Edition: 1.^a Year: 2025
Local: Lisboa
Publisher: Sílabo
ISBN Code:

Author(s): Judith Milner, Steve Myers & Patrick O'Byrne
Title: Assessment in Social Work
Edition: 5th Year: 2020
Local: London
Publisher: MacMillan Education
ISBN Code:

Author(s): REAMER, Frederic G.
Title: Social Work Values and Ethics
Edition: 5th Year: 2018
Local: New York
Publisher: Columbia University Press
ISBN Code:

24. Complementary Bibliography

Author(s): Michaela Rogers, Dawn Whitaker, David Edmondson & Donna Peach
Title: Developing Skills and Knowledge for Social Work Practice
Edition: 2nd Year: 2020
Local: Thousand Oaks
Publisher: Sage
ISBN Code:

Author(s): THOMPSON, Sue & Neil Thompson
Title: The Critically Reflective Practitioner
Edition: 2nd Year: 2018
Local: London
Publisher: Red Globe Press
ISBN Code:



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Ficha técnica MIP / MIP Datasheet	
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Autor / Author	Prof. Doutora MARIA ISABEL DE JESUS SOUSA
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