UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Social Work and Law

Academic Year 2026/2027

1. Organic Unit

Higher Institute of Social Work

2. Course

SOCIAL WORK

3. Cycle

1st

4. Course Unit

Social Work and Law (L4524)

5. Scientific Area

6. Curricular Year

3rd

7. Type of Curricular Unit / Semester

2nd Semester

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8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	30,00
Tutorial Guidance:	

9. ECTS Credits

3,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutora ANA SOFIA DA SILVA GOMES

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

Attitudes:
- Critical spirit - Knowledge based on study, reflection and valuation
Capabilities:
- Investigate and collect information - Carry out projects - Develop evaluation and decision-making skills - Use legal language - Acquire practical training based on correlative theoretical frameworks
Knowledge:
- Know/understand the legal concepts taught, namely: The concept of Family and Person and Fundamental Rights.

15. Specific Objectives

Know the role of law in society. Understand the concepts of personality, ability and legitimacy. Understand the concepts of natural person. Know the basic regime to which the natural person is submitted. Know the main personality rights. Understand the concept of subjective right. Understand the concept of family law and fundamental right.

16. Skills to be acquired

Knowing how to recognize the role of Law in Society. Knowing how to recognize the role of People and the Family in humanistic formation. Knowing how to investigate and collect information. Know how to carry out project work. Knowing how to consult, interpret and use legal diplomas necessary for the curricular unit. Knowing how to apply acquired knowledge to new situations.

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17. Teaching Methodology

Use of examples from everyday life, applying them to the subject taught. Resolution of specific cases. Analysis of legislation and jurisprudence applicable to the curricular unit. Participation in debates and colloquiums (if relevant). Others that prove necessary.

18. Course Unit Program

Introductory note
- The role of law in society
Title I
Chapter I
The Individuals
1. Legal personality 1.1. Personality rights 1.2. Legal guardianship of the personality 1.2.1. Most relevant special personality rights 1.2.2. Restrictions on the exercise of personality rights 1.2.3. Extension of personality rights to legal persons 1.2.4. Living testament 2. Beginning and end of legal personality 3. Legal capacity, enjoyment and exercise 4. Civil status 5.Disability a. Disability of minors b. The regime of the adult accompanied.
Chapter II
Legal Persons
6. Notion 7. Species 9. Nature
Title II
Fundamental rights
9. Categories of fundamental rights 9.1. Rights, Freedoms and Guarantees 9.2. Other fundamental rights 10. General regime of fundamental rights 10.1. The ownership of fundamental rights: the principle of universality 10.2. The ownership of fundamental rights by legal persons 10.3. The exercise of fundamental rights: the principle of equality 10.4. The limits to fundamental rights 11. The specific regime of rights, freedoms and guarantees 11.1. Direct and immediate applicability 11.2. The binding of public and private entities 11.3. Restrictions on the exercise of rights, freedoms and guarantees rights 11.4. The right of resistance 11.5. Responsibility of the State and other public entities
Title III
The fundamental right to found a family
12. Sources of family relationships 13. Marriage and family. 14. Membership - Establishment 15. Parental Responsibilities 15.1. Content 15.2. Ownership 15.3. Exercise
Title IV
Fundamental rights in terms of social security
16. Social rights and duties 17. Fundamental principles regarding social security 18. Fundamental principles regarding access to health.

19. Assessment Methods

Carrying out two tests, all in accordance with the weighting defined by the General Regulation for the Assessment of Knowledge at Lusíada University. In addition to other assessment instruments determined or to be determined in the same Regulation, and that prove to be relevant.

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20. Didactic Resources

Indicated bibliography.
Constitution of the Portuguese Republic.
Civil Code.
Separate legislation.
Articles.
Jurisprudence.
Developed summaries of the matter.
Others that prove to be essential.

21. Sustainability Objectives

The curricular unit of Law and Social Work aims to contribute to sustainability in the following areas:

In general

1 - Ensure equal access to quality technical, professional and cultural education.
2 - Substantially increase the number of young people and adults with relevant qualifications, including technical and professional skills, for employment, decent work and entrepreneurship.
3 - Guarantee equal opportunities in university education, including for people in vulnerable situations

22. Keywords

Individual
Personality rights
Fundamental rights
Family law

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23. Main Bibliography

Author(s): González, José
Title: Código Civil Anotado, Volume V - Direito da Família
Edition: 1ª Year: 2014
Local: Lisboa
Publisher: Quid Juris
ISBN Code:

Author(s): Alexandrino, Jorge de Melo
Title: Direitos Fundamentais - Introdução Geral
Edition: 2ª Year: 2015
Local: Cascais
Publisher: Principia
ISBN Code:

Author(s): Pinheiro, Jorge Duarte
Title: O Direito da Família Contemporâneo
Edition: 4ª Year: 2020
Local: Lisboa
Publisher: AAFDL
ISBN Code:

24. Complementary Bibliography

Author(s): Gomes, Ana Sofia
Title: Responsabilidades Parentais/Responsabilidades P. Internacionais
Edition: 3ª Year: 2012
Local: Lisboa
Publisher: Quid Juris
ISBN Code:

Author(s): Cunha, Paulo Ferreira da
Title: Direitos Fundamentais - Fundamentos e Direitos Sociais
Edition: 1ª Year: 2014
Local: Lisboa
Publisher: Quid Juris
ISBN Code:

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Ficha técnica MIP / MIP Datasheet	
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Autor / Author	Prof. Doutora ANA SOFIA DA SILVA GOMES
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Descritores / Descriptors	-
Colaborador(es) / Colaborator(s	-
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