



UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
ADVANCED METHODOLOGIES IN SOCIAL INTERVENTION

Academic Year 2026/2027

1. Organic Unit

Higher Institute of Social Work

2. Course

SOCIAL WORK

3. Cycle

2nd

4. Course Unit

ADVANCED METHODOLOGIES IN SOCIAL INTERVENTION (M6305)

5. Scientific Area

6. Curricular Year

1st

7. Type of Curricular Unit / Semester

1st Semester



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8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	15,00
Tutorial Guidance:	20,00

9. ECTS Credits

7,50

10. Scientific Area Coordinator

11. Regent

Prof. Doutora CRISTINA MARIA RAMOS COELHO

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

Deepen the knowledge of the conceptual framework of Social Work, addressing the methodology in the frame of theoretical, political and practical dimensions and their relationship with the current expressions of the social question.

15. Specific Objectives

Problematize the concept of methodology, establishing appropriate relationships between its evolution, construction, and development and the conceptualisation of social workers' professional practice.

Analyse the principles and objectives of applying social intervention across individual and collective dimensions.

Deepen knowledge of the most recent methodologies and fields of intervention within the sphere of Social Work.

Develop a critical analysis of social workers' professional

16. Skills to be acquired

Ethical-Analytical Competence: To problematize social intervention in light of the Ethical-Political Project, basing professional action on the uncompromising defense of Human Rights and social justice. Multidimensional Technical-Operative Competence: To master the processes of constructing methodological approaches suited to the problems at hand. Reflective and Innovation Competence: To exercise a "methodical action" based on practical intelligence and reflexivity (in and on action), being capable



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17. Teaching Methodology

The teaching-learning methodology shall be student-centered, encompassing thematic presentations by the instructor and/or students, case-study analysis, and project-based learning

18. Course Unit Program

Module 1: Identity, Reflexivity, and Epistemology of Action

1.1: Epistemic Clarification - Distinguishing between Theory, Perspective, Methodology, and Method.

1.2: Genesis of Foundational Methods -Social Case (Richmond), Community Reform (Addams), and "crossroad sociology".

1.3: Epistemology of Practice - Social Work as a science of the concrete, practical intelligence.

1.4: The debate between EBP (Evidence-Based Practice) and relational practice. Professional reflexivity.

Module 2: Foundational Methods (Case, Group, and Community): Processes and Strategies

2.1: Transformations of the Social Question - New contexts of exclusion: social inclusion, intersectionality, and superdiversity.

2.1.1: The Social Worker: "Agent of Change" or "Manager of Exclusion"?

2.1.2: The concept of street-level bureaucracy.

2.2: Multidimensional and Participatory Diagnosis - The ecological-systems perspective and Participatory Action Research (PAR).

2.3: Coordination Strategies - Case Management, Social Mediation, and network models as foundational models of professional identity.

Module 3: Contemporary Challenges, Innovation, and Values

3.1: Advocacy and Policy Practice - Translating problems into the political arena; promoting active participation.

3.1.1: Anti-oppressive and decolonial practice.

3.1.2: Feminist intervention

3.2: Sustainability and Sensitive Approaches - Crisis intervention and trauma-informed intervention.

3.1: Human and Digital Rights - Implications of the digital transition on professional practice and service users' literacy.

Module 4: Evaluation, Reflexivity, and Innovation

4.1: Professional reflexivity.

4.2: Impact and Qualitative Evaluation ? Self-evaluation and participatory evaluation models.

4.3: Innovation Mainstreaming ? Models for the transfer of best practices and sustainability (horizontal and vertical).

19. Assessment Methods

Individual paper and oral presentation in class; class participation.



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20. Didactic Resources

PC and data show

21. Sustainability Objectives

The U.C. contributes to the sustainability of the following areas: 1-Substantially increase the number of young people and adults with relevant qualifications, including technical and professional skills, for employment, decent work and entrepreneurship. 2-Ensure equal opportunities in university education. 3-Respect for cultural diversity. Social and Environmental Responsibility. 4-Capacity training for the development of SDGs 2023, UN

22. Keywords

Social Work;
Human Rights;
Methodologies;
Professional reflexivity.



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23. Main Bibliography

Author(s): Albuquerque, Cristina; Arcoverde, Ana (org)
Title: SERVIÇO SOCIAL CONTEMPORÂNEO Reflexividade e estratégia
Edition: 1 Year: 2017
Local: Lisboa
Publisher: Pactor
ISBN Code:

Author(s): Martins, Inês; Fialho Joaquim (Org)
Title: Planeamento da Intervenção Social: Conceção, ação e avaliação
Edition: 1º Year: 2023
Local: Lisboa
Publisher: Edições Sílabo , lda
ISBN Code:

Author(s): Ruch, G., Turney, D., & Ward, A. (ed.)
Title: Relationship-based social work: getting to the heart of practice. Jessica Kingsley Publishers
Edition: 1º Year: 2010
Local: londres
Publisher: Jessica Kingsley Publishers
ISBN Code:

24. Complementary Bibliography

Author(s): Almeida, H. N.
Title: Gestão de caso e mediação social: abordagens, processos e competências cruzadas na agenda do conheç
Edition: Year: 2013
Local: Coimbra
Publisher: Imprensa da Universidade de Coimbra
ISBN Code:

Author(s): Amaro, M. I.
Title: Urgências e Emergência do Serviço Social: Fundamentos da Profissão na Contemporaneidade.
Edition: 1ª Year: 2015
Local: Lisboa



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Ficha técnica MIP / MIP Datasheet	
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Autor / Author	Prof. Doutora CRISTINA MARIA RAMOS COELHO
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