UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
CHILD AND ADOLESCENT PSYCHOLOGICAL CONSULTATION AND PSYCHOLOGICAL EXAM

Academic Year 2025/2026

1. Organic Unit

Institute of Psychology and Educational Sciences

2. Course

CLINICAL PSYCHOLOGY

3. Cycle

2nd

4. Course Unit

CHILD AND ADOLESCENT PSYCHOLOGICAL CONSULTATION AND PSYCHOLOGICAL EXAM (N5202)

5. Scientific Area

6. Curricular Year

1st

7. Type of Curricular Unit / Semester

1st Semester

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8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	20,00
Tutorial Guidance:	15,00

9. ECTS Credits

5,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutora RITA ALEXANDRA ROSA ANTUNES

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

- Understand the fundamentals of the clinical evaluation of children and adolescents in their theoretical and practical assumptions.
- Know and master the most used techniques in the clinical evaluation of children and adolescents, namely the scope of application, the scoring and interpretation of results and their clinical significance.

15. Specific Objectives

- Acquire skills in the clinical assessment of children and adolescents, selecting techniques and instruments and designing psychological assessment plans appropriate to the life story, the problem and the context.
- Master model(s) of conceptualization of case(s) of children and adolescents.

16. Skills to be acquired

- Knowing how to plan and implement a case of psychological assessment of children and adolescents, from its planning, administration of tests, quotation and interpretation of instrument results, interpretation and integration of results, transmission of results and elaboration of the report.
- Develop the ability to prepare evaluation reports and transmit the results to clients and other professionals.
- Become aware of ethical principles in the process of psychological assessment of children

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17. Teaching Methodology

- Expository-interrogative method with a view to theoretical deepening and open discussion to students.
- Simulation of the application of psychological assessment tests, as well as their quotation, interpretation and reporting.
- Discussion of cases and films applied to the contents worked.

18. Course Unit Program

I - The clinical evaluation of children and adolescents: concept, characteristics and specificities.
- The importance of the therapeutic relationship and the training of psychological assessment skills

II - Procedures and Instruments for the Psychological Assessment of Children and Adolescents:
1 - Psychological Assessment Interviews: Clinical Assessment Interview; Interview with parents and/or other reference adults
2 - The Empirically Validated Assessment System (ASEBA; Achenbach & Rescorla): An integrated assessment system with multiple informants
CBCL, TRF and YSR.
3 - Developmental assessment: Griffiths Mental Development Scale.
4- Intelligence Assessment (WPPSI, WISC III, Raven's Progressive Matrices)
5- Assessment of personality characteristics and psychological functioning
6 - Assessment of family relational dynamics.
7 - Evaluation through graph-expressive techniques and ludotherapy.
III - Preparation of reports and return of results.
IV - Legal issues and aspects of ethical and deontological action in the assessment of children and adolescents.

19. Assessment Methods

The final evaluation grade consists of the weighted average of the following elements:
- Carrying out a group work: Conducting a case of psychological assessment (on a child or teenager), through the collection of life history, application of some test, analysis of results and elaboration of an evaluation report.
- written test.

20. Didactic Resources

Pedagogical, technological, clinical and audiovisual resources.

21. Sustainability Objectives

3 - Quality health
4 - Quality education

22. Keywords

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Psychology
Child development
Children and Adolescents
School context vs family context
Assessmen

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23. Main Bibliography

Author(s): Claudio Hutz, Denise Bandeira, Clarissa Trentini, Jeferson Krug
Title: Psicodiagnóstico
Edition: 1º edição Year: 2016
Local: Porto Alegre
Publisher: Artmed
ISBN Code:

Author(s): Carla Fonte e Sónia Caridade
Title: Intervenção Psicológica com Crianças e Adolescentes
Edition: 1ª edição Year: 2022
Local: Portugal
Publisher: Pactor
ISBN Code:

Author(s): Manuela Lins, Monalisa Muniz, Lucila Cardoso
Title: Avaliação Psicológica Infantil
Edition: 1ª edição Year: 2018
Local: Portugal
Publisher: Hogrefe
ISBN Code:

24. Complementary Bibliography

Author(s): Fonseca, V.
Title: Estudo das Funções Cognitivas, Conativas ou Emocionais e Executivas.
Edition: 1ª edição Year: 2017
Local: Lisboa
Publisher: Âncora
ISBN Code:

Author(s):
Title:
Edition: Year:
Local:
Publisher:
ISBN Code:

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Título / Title	Course Unit Program 'CONSULTA PSICOLÓGICA E EXAME PSICOLÓGICO DA CRIANÇA E DO ADOLESCENTE': Academic
Autor / Author	Prof. Doutora RITA ALEXANDRA ROSA ANTUNES
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Colaborador(es) / Colaborator(s)	-
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