UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
PSYCHOLOGICAL CONSULTATION AND PSYCHOLOGICAL ASSESSMENT FOR ADULTS AND OLDER ADULTS

Academic Year 2025/2026

1. Organic Unit

Institute of Psychology and Educational Sciences

2. Course

CLINICAL PSYCHOLOGY

3. Cycle

2nd

4. Course Unit

PSYCHOLOGICAL CONSULTATION AND PSYCHOLOGICAL ASSESSMENT FOR ADULTS AND OLDER ADULTS (N5203)

5. Scientific Area

6. Curricular Year

1st

7. Type of Curricular Unit / Semester

1st Semester

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8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	20,00
Tutorial Guidance:	15,00

9. ECTS Credits

5,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutora TERESA PAULA RODRIGUES DE OLIVEIRA LEITE MAURER

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

To provide students with the main knowledge about pscyhological examination and psychologcal consultation; to make the student familiar with the various contexts in which a clinical psychologist can be called to perform psychological examination and what will be required of him/her; to advance the knowledge of clincal observation, clinical interviewing and standradized tests

15. Specific Objectives

To inform the student about the several domains one must cover in a psychological examination; to provide knowledge about specific contents to be evaluated in psychological examination; to inform the students about the contents and the procesures required by the main standardized tests to be utilized and the scripts for structured diagnostic interviews

16. Skills to be acquired

Basic interpersonal skills to be used in a clinical setting; clinical interviewing management techinques and test application techniques; quantitative and qualitative data analysis in the context of psychological testing; screening and interviewing techniques for the evaluation of specific contents in adult psychological examination

17. Teaching Methodology

Oral presentation of contents; clinical interviewing role-play exercises; video presentations on issues related to adult and elderly psychological examination; handliing of psychological testing materials; literature review skills

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18. Course Unit Program

1. Introducing the concept of psychological examination and psychological consultation
2. Clinical method and experimental method in the context of psychological examination
3. Characteristics that are specific to adult and elderly psychological examinations
4. Psychological examination clinical interviews
5. Psychological testing; basic principles of construction, data collection and data analysis
6. Psychiatric diagnosis and psychological examination
7. Qualitative and quantitative data
8. The various psychological domains to be evaluated:
   - 8.1. cognitive functioning
   - 8.2. Emotions and behaviour
   - 8.3. Personality
   - 8.4. Social adaptation and interpersonal relationships
9. Specific content evaluation:
   - 9.1. Neuropsychological evaluation
   - 9.2. Substante use, abuse and dependency
   - 9.3. Trauma and interpersonal violence
   - 9.4. Suicide risk
   - 9.5. Family fucntioning
10. Psychological evaluation report writing

19. Assessment Methods

Presence and participation in class; oral presentation of contents; clinical interviewing role-playing exercices; test application and interpretation exercises; written essay papers; written essay tests

20. Didactic Resources

Computer equipment; video projector; psychological testes for cognitive, emotion, symptomatoloy, interpersonal and behavior fucntioning; data bases and literature review electronic and paper resources

21. Sustainability Objectives

Good health and well-being
Quality education

22. Keywords

Psychological evaluation
Adult and elderly psychopathology
Clinical interviewing
Psychological te

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23. Main Bibliography

Author(s):	Anthony, M., & Barlow, D.		
Title:	Handbook of assessment and treatment planning for psychological disorders		
Edition:	3ª	Year:	2020
Local:	New York, USA		
Publisher:	Guilford Publications		

Author(s):	Baptista, M., Muniz, M., Reppold, C., Nunes, C., Carvalho, L., Primi, R., Noronha, A., Seabra, A., W		
Title:	Compêndio de Avaliação Psicológica		
Edition:	1ª	Year:	2019
Local:	Rio de Janeiro		
Publisher:	Editora Vozes		

Author(s):	Wright, J.		
Title:	Conducting Psychological assessment: a guide for practicioners		
Edition:	2ª	Year:	2021
Local:	New Jersey, USA		
Publisher:	John WIley and Sons		

24. Complementary Bibliography

Author(s):	Groth-Marnat, G. & Wright, A.J.		
Title:	Handbook of psychological assessment		
Edition:	6ª	Year:	2016
Local:	New Jersey, EUA		
Publisher:	Wiley and Sons		

Author(s):	First, M., Williams,J., Karg, R., & Spitzer, R.		
Title:	Entrevista estruturada para o DSM-V		
Edition:	1ª	Year:	2017
Local:	Sao Paulo		
Publisher:	Artes Médicas		

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Ficha técnica MIP / MIP Datasheet	
Título / Title	Course Unit Program 'CONSULTA PSICOLÓGICA E EXAME PSICOLÓGICO DO ADULTO E DO IDOSO': Academic Year
Autor / Author	Prof. Doutora TERESA PAULA RODRIGUES DE OLIVEIRA LEITE MAURER
Classificação / Classification	-
Descritores / Descriptors	-
Colaborador(es) / Colaborator(s)	-
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