



UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
PSYCHOLOGICAL CONSULTATION AND PSYCHOLOGICAL ASSESSMENT FOR ADULTS AND
OLDER ADULTS
Academic Year 2026/2027

1. Organic Unit

Institute of Psychology and Educational Sciences

2. Course

CLINICAL PSYCHOLOGY

3. Cycle

2nd

4. Course Unit

PSYCHOLOGICAL CONSULTATION AND PSYCHOLOGICAL ASSESSMENT FOR ADULTS AND
OLDER ADULTS (N5203)

5. Scientific Area

6. Curricular Year

1st

7. Type of Curricular Unit / Semester

1st Semester



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8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	20,00
Tutorial Guidance:	15,00

9. ECTS Credits

5,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutora TERESA PAULA RODRIGUES DE OLIVEIRA LEITE MAURER

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

To provide students with the main knowledge about psychological examination and psychological consultation; to make the student familiar with the various contexts in which a clinical psychologist can be called to perform psychological examination and what will be required of him/her; to advance the knowledge of clinical observation, clinical interviewing and standardized tests

15. Specific Objectives

To inform the student about the several domains one must cover in a psychological examination; to provide knowledge about specific contents to be evaluated in psychological examination; to inform the students about the contents and the procedures required by the main standardized tests to be utilized and the scripts for structured diagnostic interviews

16. Skills to be acquired

Basic interpersonal skills to be used in a clinical setting; clinical interview management techniques and test application techniques; quantitative and qualitative data analysis in the context of psychological testing; screening and interviewing techniques for the evaluation of specific contents in adult psychological examination

17. Teaching Methodology

Oral presentation of contents; clinical interviewing role-play exercises; video presentations on issues related to adult and elderly psychological examination; handling of psychological testing materials; literature review skills



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18. Course Unit Program

1. Introducing the concept of psychological examination and psychological consultation
2. Clinical method and experimental method in the context of psychological examination
3. Characteristics that are specific to adult and elderly psychological examinations
4. Psychological examination clinical interviews
5. Psychological testing; basic principles of construction, data collection and data analysis
6. Psychiatric diagnosis and psychological examination
7. Qualitative and quantitative data
8. The various psychological domains to be evaluated:
 - 8.1. cognitive functioning
 - 8.2. Emotions and behaviour
 - 8.3. Personality
 - 8.4. Social adaptation and interpersonal relationships
9. Specific content evaluation:
 - 9.1. Neuropsychological evaluation
 - 9.2. Substance use, abuse and dependency
 - 9.3. Trauma and interpersonal violence
 - 9.4. Suicide risk
 - 9.5. Family functioning
10. Psychological evaluation report writing

19. Assessment Methods

Presence and participation in class; oral presentation of contents; clinical interviewing role-playing exercises; test application and interpretation exercises; written essay papers; written essay tests

20. Didactic Resources

Computer equipment; video projector; psychological tests for cognitive, emotion, symptomatology, interpersonal and behavior functioning; data bases and literature review electronic and paper resources

21. Sustainability Objectives

Good health and well-being
Quality education

22. Keywords

Psychological evaluation
Adult and elderly psychopathology
Clinical interviewing
Psychological tests



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23. Main Bibliography

Author(s): Anthony, M., & Barlow, D.
Title: Handbook of assessment and treatment planning for psychological disorders
Edition: 3^a Year: 2020
Local: New York, USA
Publisher: Guilford Publications
ISBN Code:

Author(s): Baptista, M., Muniz, M., Reppold, C., Nunes, C., Carvalho, L., Primi, R., Noronha, A., Seabra, A., W
Title: Compêndio de Avaliação Psicológica
Edition: 1^a Year: 2019
Local: Rio de Janeiro
Publisher: Editora Vozes
ISBN Code:

Author(s): Wright, J.
Title: Conducting Psychological assessment: a guide for practitioners
Edition: 2^a Year: 2021
Local: New Jersey, USA
Publisher: John Wiley and Sons
ISBN Code:

24. Complementary Bibliography

Author(s): Groth-Marnat, G. & Wright, A.J.
Title: Handbook of psychological assessment
Edition: 6^a Year: 2016
Local: New Jersey, EUA
Publisher: Wiley and Sons
ISBN Code:

Author(s): First, M., Williams, J., Karg, R., & Spitzer, R.
Title: Entrevista estruturada para o DSM-V
Edition: 1^a Year: 2017
Local: Sao Paulo
Publisher: Artes Médicas



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ISBN Code:

Ficha técnica MIP / MIP Datasheet	
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Autor / Author	Prof. Doutora TERESA PAULA RODRIGUES DE OLIVEIRA LEITE MAURER
Classificação / Classification	-
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Colaborador(es) / Colaborator(s)	-
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