UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Research Methods in Clinical Psychology

Academic Year 2025/2026

1. Organic Unit

Institute of Psychology and Educational Sciences

2. Course

CLINICAL PSYCHOLOGY

3. Cycle

2nd

4. Course Unit

Research Methods in Clinical Psychology (N5204)

5. Scientific Area

6. Curricular Year

1st

7. Type of Curricular Unit / Semester

1st Semester

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8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	30,00
Tutorial Guidance:	20,00

9. ECTS Credits

7,50

10. Scientific Area Coordinator

11. Regent

Prof. Doutora JOANA MARTINS GONÇALVES LOPES

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

The objective of this UC is to promote in students knowledge and skills of research methods and techniques.

15. Specific Objectives

Understand research in Clinical Psychology in the context of the professional practice of the Psychologist.

16. Skills to be acquired

Writing skills, analysis and quality assessment of scientific articles.
Review of literature and databases.
Skills transversal to research.

17. Teaching Methodology

- Expository
- Practical classes
- Reading and reflection
- Journal clubs

18. Course Unit Program

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1. Scientific knowledge and common sense
2. The Research Method
3. Select a research topic
4. Define a research question
5. Research projects as to their nature (basic and applied research)
6. Research projects regarding their approach (qualitative and quantitative research)
7. The literature review
8. Method: sample (sample size and sampling methods), design, instruments, and procedures
9. Data analysis (qualitative data and quantitative data)
10. Evaluation of the quality of a scientific article

19. Assessment Methods

- Individual work
- A final frequency

20. Didactic Resources

- Videos, documentaries, articles, case discussions, analysis and reflection with practical examples

21. Sustainability Objectives

SDG 4: Quality education and SDG5: Gender equality
SDG 8: Decent work and economic growth and SDG 10: Reduce inequalities

22. Keywords

Research
Scientific method
Scientific articles
Phases of the research process
Data collection an

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23. Main Bibliography

Author(s):	Almeida, L. S. ; Freire, T.		
Title:	Metodol.da investigação científica em psicologia		
Edition:	5ª edição	Year:	2009
Local:	Braga		
Publisher:	Psiquilibrios		

Author(s):	João Marôco		
Title:	Análise Estatística com o SPSS Statistics		
Edition:	8ª edição	Year:	2021
Local:	Lisboa		
Publisher:	Report Number		

Author(s):	Cooper, H.		
Title:	APA Handbook of Research Methods in Psychology Vol		
Edition:		Year:	2012
Local:	Washington, DC		
Publisher:	American Psychological Association		

24. Complementary Bibliography

Author(s):	American Psychological Association		
Title:	Publication manual of the American Psychological Association (7th ed.)		
Edition:	7ª edição	Year:	2020
Local:			
Publisher:	American Psychological Association		

Author(s):	Clara Pereira Coutinho		
Title:	Metodologia de investigação em ciências sociais e humanas : teoria e prática		
Edition:	2ª edição	Year:	2023
Local:	Coimbra		
Publisher:	Almedina		

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Ficha técnica MIP / MIP Datasheet	
Título / Title	Course Unit Program 'MÉTODOS DE INVESTIGAÇÃO EM PSICOLOGIA CLÍNICA': Academic Year 2025/2026
Autor / Author	Prof. Doutora JOANA MARTINS GONÇALVES LOPES
Classificação / Classification	-
Descritores / Descriptors	-
Colaborador(es) / Colaborator(s)	-
Data Hora / Date Time	
Formato de dados / Data Format	Texto / Text, PDF
Estatuto de utilização / Usage	Acesso público / Public Access
Relação / Relation	Version 1,0

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