



UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Research Methods in Clinical Psychology

Academic Year 2026/2027

1. Organic Unit

Institute of Psychology and Educational Sciences

2. Course

CLINICAL PSYCHOLOGY

3. Cycle

2nd

4. Course Unit

Research Methods in Clinical Psychology (N5204)

5. Scientific Area

6. Curricular Year

1st

7. Type of Curricular Unit / Semester

1st Semester



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8. Class type and workload (work time)

Theoretical classes:

Practical classes:

Theoretical-Practical Classes 30,00

Tutorial Guidance: 20,00

9. ECTS Credits

7,50

10. Scientific Area Coordinator

11. Regent

Prof. Doutora JOANA MARTINS GONÇALVES LOPES

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

The objective of this UC is to promote in students knowledge and skills of research methods and techniques.

15. Specific Objectives

Understand research in Clinical Psychology in the context of the professional practice of the Psychologist.

16. Skills to be acquired

Writing skills, analysis and quality assessment of scientific articles.

Review of literature and databases.

Skills transversal to research.

17. Teaching Methodology

- Expository
- Practical classes
- Reading and reflection
- Journal clubs

18. Course Unit Program



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1. Scientific knowledge and common sense
2. The Research Method
3. Select a research topic
4. Define a research question
5. Research projects as to their nature (basic and applied research)
6. Research projects regarding their approach (qualitative and quantitative research)
7. The literature review
8. Method: sample (sample size and sampling methods), design, instruments, and procedures
9. Data analysis (qualitative data and quantitative data)
10. Evaluation of the quality of a scientific article

19. Assessment Methods

- Individual work
- A final frequency

20. Didactic Resources

- Videos, documentaries, articles, case discussions, analysis and reflection with practical examples

21. Sustainability Objectives

- SDG 4: Quality education and SDG5: Gender equality
SDG 8: Decent work and economic growth and SDG 10: Reduce inequalities

22. Keywords

Research
Scientific method
Scientific articles
Phases of the research process
Data collection an



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23. Main Bibliography

Author(s): Almeida, L. S. ; Freire, T.
Title: Metodol.da investigação científica em psicologia
Edition: 5ª edição Year: 2009
Local: Braga
Publisher: Psiquilibrios
ISBN Code:

Author(s): João Marôco
Title: Análise Estatística com o SPSS Statistics
Edition: 8ª edição Year: 2021
Local: Lisboa
Publisher: Report Number
ISBN Code:

Author(s): Cooper, H.
Title: APA Handbook of Research Methods in Psychology Vol
Edition: Year: 2012
Local: Washington, DC
Publisher: American Psychological Association
ISBN Code:

24. Complementary Bibliography

Author(s): American Psychological Association
Title: Publication manual of the American Psychological Association (7th ed.)
Edition: 7ª edição Year: 2020
Local:
Publisher: American Psychological Association
ISBN Code:

Author(s): Clara Pereira Coutinho
Title: Metodologia de investigação em ciências sociais e humanas : teoria e prática
Edition: 2ª edição Year: 2023
Local: Coimbra
Publisher: Almedina



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Autor / Author	Prof. Doutora JOANA MARTINS GONÇALVES LOPES
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