UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Research Project in Clinical Psychology

Academic Year 2025/2026

1. Organic Unit

Institute of Psychology and Educational Sciences

2. Course

CLINICAL PSYCHOLOGY

3. Cycle

2nd

4. Course Unit

Research Project in Clinical Psychology (N5205)

5. Scientific Area

6. Curricular Year

1st

7. Type of Curricular Unit / Semester

2nd Semester

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8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	
Tutorial Guidance:	15,00

9. ECTS Credits

2,50

10. Scientific Area Coordinator

11. Regent

Prof. Doutora JOANA MARTINS GONÇALVES LOPES

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

U.C aims to promote in students knowledge and skills within the scope of essential contents for the elaboration of a Research Project, namely to equate and delimit a problem under study, theoretically situating it and critically analyzing the investigations of which it was the subject; and to elaborate a research project.

15. Specific Objectives

Elaborate a research project, with a clear indication of the objectives and adequate grounds for the hypotheses to be tested, as well as constructing a research plan, respecting the necessary conditions for establishing the validity of the results, including establishing the research question, identifying and operationalizing the variables , and methodological issues related to sampling, collection methods and analysis of results.

16. Skills to be acquired

Students should acquire the ability to systematize knowledge in terms of the structure and fundamental characteristics of a research report, namely, formal aspects and organization; Criteria for evaluation of contents and ;Practical indications: Writing and presentation for publication purposes

17. Teaching Methodology

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METHODOLOGY: Articulation between the active and expository method using the interrogative.
Pedagogical techniques will be used, such as: brainstorming, documentation analysis, debate and group work.
EVALUATION: The evaluation of the course will be done through the presentation and delivery of a Research Project that includes the research question, variables under study and methodology to be adopted.

18. Course Unit Program

1.Phases of a Research Project
Plan and start the Investigation
Data collection
Treatment and interpretation of results
Discussion of results
2. Investigation Report
Title
Summary
Introduction
Method
Results
Discussion
References
Attachments
3. Ethical issues in Research in Clinical Psychology

19. Assessment Methods

METHODOLOGY: Articulation between the active and expository method using the interrogative.
Pedagogical techniques will be used, such as: brainstorming, documentation analysis, debate and group work.
EVALUATION: The evaluation of the course will be done through the presentation and delivery of a Research Project that includes the literature review (research question, variables under study and state of the art) and methodology to be adopted.

20. Didactic Resources

Discussion seminars
Scientific publications

21. Sustainability Objectives

SDG 4: Quality education and SDG5: Gender equality
SDG 8: Decent work and economic growth and SDG 10: Reduce inequalities

22. Keywords

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Project
investigation
methodology
clinical psychology
clinical investigation

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23. Main Bibliography

Author(s): Cooper, H. E., Coutanche, M. N., McMullen, L. M., Panter, A. T., Rindskopf, D. E., & Sher, K. J.
Title: APA Handbook of Research Methods in Psychology vol 1, 2 & 3
Edition: Year: 2023
Local:
Publisher: American Psychological Association
ISBN Code:

Author(s): Haslam, S. A., McGarty, C., Cruwys, T., & Steffens, N. K.
Title: Research methods and statistics in psychology.
Edition: Year: 2024
Local:
Publisher: Sage Publications
ISBN Code:

Author(s): Hook, J. N., Davis, D. E., & Van Tongeren, D. R. (2024).
Title: The complete researcher: A practical guide for graduate students and early career professionals.
Edition: Year: 2024
Local:
Publisher: American Psychological Association
ISBN Code:

24. Complementary Bibliography

Author(s): Gorvine, B., Rosengren, K. S., Stein, L., & Biolsi, K.
Title: Research methods in psychology: From theory to practice.
Edition: Year: 2021
Local:
Publisher: Oxford University Press
ISBN Code:

Author(s): Schweigert, W. A.
Title: Research methods in psychology: A handbook.
Edition: Year: 2021
Local:
Publisher: Waveland Press.

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