UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
PSYCHOPATHOLOGY OF THE ADULT AND THE ELDERLY

Academic Year 2025/2026

1. Organic Unit

Institute of Psychology and Educational Sciences

2. Course

CLINICAL PSYCHOLOGY

3. Cycle

2nd

4. Course Unit

PSYCHOPATHOLOGY OF THE ADULT AND THE ELDERLY (N5207)

5. Scientific Area

6. Curricular Year

1st

7. Type of Curricular Unit / Semester

2nd Semester

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8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	30,00
Tutorial Guidance:	20,00

9. ECTS Credits

7,50

10. Scientific Area Coordinator

11. Regent

Prof. Doutor ANTÓNIO MARTINS FERNANDES REBELO

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

To promote knowledge and skills that allow the distinction between normal and pathological development in adults and the elderly, as well as knowledge regarding the main mental disorders.

15. Specific Objectives

To promote the acquisition of skills in clinical assessment and diagnosis and their implications for treatment.
- Promoting contact with the most recent scientific literature on different clinical conditions .
- Stimulate an adequate application of the theoretical context in clinical practice.

16. Skills to be acquired

Knowledge of the main clinical conditions and models of psychopathology in adults and in old age;
- Understanding and critical reflection of psychopathological phenomena in their approach categorical and dimensional;
- Understanding psychopathology as a biopsychosocial phenomenon;
- Knowledge of factors associated with different psychopathological disorders (predisposing, precipitating and maintenance factors) and their psychosocial impact.

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17. Teaching Methodology

Theoretical-practical lectures using audiovisual means, discussion and reflection on themes and their practical implications in clinical cases.
Students' oral participation and group discussion of clinical cases will be promoted. The tutorial guidance aims to complement the discussion and clinical reflection and clarify doubts regarding the contents taught in class and theoretical work.

18. Course Unit Program

ntroduction to Psychopathology
- Psychopathological Assessment and Interview with the Patient
- Theoretical/practical approach of the main psychopathological phenomena in adults and in old age, clinical characteristics, etiology, diagnosis and explanatory and intervention theoretical models in:
Anxiety Disorders;
Trauma-related disorders;
Depressive Disorders;
Bipolar Disorders;
Personality Disorders;
Schizophrenia and other Psychotic Disorders;
Dissociative Disorders;
Neurocognitive Disorders: Delirium, Dementia and Memory Disorders;
Eating Disorders and Ingestion;
Substance Related Disorders
- Comorbidity and differential diagnosis: discussion of clinical cases.

19. Assessment Methods

Attendance and participation in classes
- Written work
- Final test
Continuous assessment will take into account attendance, quality of participation in classes and completion of tests and assignments.

20. Didactic Resources

- Power Points
- Description of Clinical Cases
- List of bibliography to deepen the topics covered
- Videos and films on the subject of classes

21. Sustainability Objectives

Quality health
Quality education

22. Keywords

Psychopathology
Adult
Elderly

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23. Main Bibliography

Author(s): American Psychiatric Association
Title: Manual de Diagnóstico e Estatística das Perturbações Mentais- DSM- 5
Edition: 5ª ed Year: 2014
Local:
Publisher: Climepsi
ISBN Code:

Author(s): Dalgalarrondo, Paulo
Title: Psicopatologia e semiologia dos transtornos mentais
Edition: 3ª ed. Year: 2019
Local: São Paulo
Publisher: Artmed
ISBN Code:

Author(s): Beidel, D.; Frueh, B. C,
Title: Adult psychopatology and diagnosis
Edition: 8ª ed. Year: 2018
Local: USA
Publisher: Wiley
ISBN Code:

24. Complementary Bibliography

Author(s): Oliveira, Sergio; Trentini, Clarissa
Title: Avanços em Psicopatologia: Avaliação e Diagnostico
Edition: 1ª ed. Year: 2023
Local: S. Paulo
Publisher: Artmed
ISBN Code:

Author(s): Ruiloba, J. V.
Title: Introducíon a la psicopatología e psiquiatria
Edition: 5ª ed. Year: 2005
Local: Barcelona
Publisher: Masson, S.A
ISBN Code:

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Ficha técnica MIP / MIP Datasheet	
Título / Title	Course Unit Program 'PSICOPATOLOGIA DO ADULTO E DA TERCEIRA IDADE': Academic Year 2025/2026
Autor / Author	Prof. Doutor ANTÓNIO MARTINS FERNANDES REBELO
Classificação / Classification	-
Descritores / Descriptors	-
Colaborador(es) / Colaborator(s)	-
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