UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Internship and Final Report

Academic Year 2025/2026

1. Organic Unit

Institute of Psychology and Educational Sciences

2. Course

CLINICAL PSYCHOLOGY

3. Cycle

2nd

4. Course Unit

Internship and Final Report (N5212)

5. Scientific Area

6. Curricular Year

2nd

7. Type of Curricular Unit / Semester

Annual

FUNDAÇÃO MINERVA CULTURA - ENSINO E INVESTIGAÇÃO CIENTÍFICA

Rua da Junqueira, 188 a 198 - 1349-001 LISBOA - Telefone 213 611 500 - Fax 213 638 307 - e-mail: info@lis.ulusiada.pt - https://www.lis.ulusiada.pt

8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	
Tutorial Guidance:	60,00

9. ECTS Credits

30,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutora ANA CRISTINA DOS SANTOS LOPES

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

The frequency of an academic internship is a relevant condition for the training of the future clinical psychologist in order to be in contact with the professional reality and intervene in the clinical context.
The internship has a minimum duration of 450 hours and ends with an oral test of the final internship report. During this period, we aim to supervise the students' practice, liaise with the external supervisors of the internship location and guarantee the proper functioning and learning

15. Specific Objectives

Encourage reflection on the use and development of your skills developed throughout the course
Implement forms of reflection on the concrete problems of the clinical psychologist's day-to-day life
Increase the degree of maturity, preparation and human relationship
of students for future professional performance;
Support the completion of the final internship report

16. Skills to be acquired

Capacity for self-analysis and self-criticism
Ability to work in a team
Scientific skills for the preparation of a scientific document - The final internship report

FUNDAÇÃO MINERVA CULTURA - ENSINO E INVESTIGAÇÃO CIENTÍFICA

Rua da Junqueira, 188 a 198 - 1349-001 LISBOA - Telefone 213 611 500 - Fax 213 638 307 - e-mail: info@lis.ulusiada.pt - https://www.lis.ulusiada.pt

17. Teaching Methodology

Essentially will be used:
Discussion and sharing groups
Case studies

18. Course Unit Program

1. The intervention of the clinical psychologist
1.1. The specificity of the clinical context
1.2 The specificity of the patient
1.2 The multidisciplinary teams
1.3 Ethics in clinical intervention
2. Elaboration of the Scientific Document
2.1 Structuring a final internship report
2.2 The elaboration and conceptualization of the Report
2.3 Presentation and Discussion of the Report
2.4 Good practices in preparing a Final Internship Report

19. Assessment Methods

The continuous evaluation criteria will be:
Participation and attendance
Motivation for self-discovery and investigation
Critical self-analysis ability
Ability to work in a team and help in a group

20. Didactic Resources

Computer and Microsolft office software
multimedia projector
Films
Copies of papers and case studies

21. Sustainability Objectives

Objective 3: Health and Quality
Reduce premature mortality from non-communicable diseases by one-third through prevention and treatment, and promote mental health and well-being.
Objective 4: Quality Education
Ensure that all learners acquire the knowledge and skills necessary to promote sustainable development, including but not limited to through education for sustainable development and sustainable lifestyles, human rights, gender equality.

22. Keywords

Clinical psychology
Good Practices
Final internship report

FUNDAÇÃO MINERVA CULTURA - ENSINO E INVESTIGAÇÃO CIENTÍFICA

Rua da Junqueira, 188 a 198 - 1349-001 LISBOA - Telefone 213 611 500 - Fax 213 638 307 - e-mail: info@lis.ulusiada.pt - https://www.lis.ulusiada.pt

23. Main Bibliography

Author(s):	Pomerantz, A.		
Title:	Clinical Psychology: Science, Practice, and Diversity		
Edition:	5ª	Year:	2020
Local:	California		
Publisher:	SAGE		

Author(s):	Bernstrein, D., Teachman, B., Olantunji, B., & Lilienfeld, S.		
Title:	Introduction to Clinical Psychology		
Edition:	9ª	Year:	2021
Local:	Cambridge		
Publisher:	Cambridge Press		

Author(s):	Andrew C. Page & Werner G. K. Stritzke		
Title:	Clinical Psychology for Trainees		
Edition:	2ª	Year:	2015
Local:	Cambridge		
Publisher:	Cambridge University Press		

24. Complementary Bibliography

Author(s):	Jay Thomas & Michael Herson		
Title:	Understanding Research in Clinical and Counseling Psychology		
Edition:	2º	Year:	2011
Local:	New York		
Publisher:	Routledge		

Author(s):	Villatte, M., Villatte J., & Hayes, S.		
Title:	Mastering the Clinical Conversation: Language as Intervention		
Edition:	1ª	Year:	2019
Local:	New Jersey		
Publisher:	Wiley Blackwell		

FUNDAÇÃO MINERVA CULTURA - ENSINO E INVESTIGAÇÃO CIENTÍFICA

Rua da Junqueira, 188 a 198 - 1349-001 LISBOA - Telefone 213 611 500 - Fax 213 638 307 - e-mail: info@lis.ulusiada.pt - https://www.lis.ulusiada.pt

UNIVERSIDADE LUSÍADA
LISBOA

Ficha técnica MIP / MIP Datasheet	
Título / Title	Course Unit Program 'ESTÁGIO E RELATÓRIO': Academic Year 2025/2026
Autor / Author	Prof. Doutora ANA CRISTINA DOS SANTOS LOPES
Classificação / Classification	-
Descritores / Descriptors	-
Colaborador(es) / Colaborator(s)	-
Data Hora / Date Time	
Formato de dados / Data Format	Texto / Text, PDF
Estatuto de utilização / Usage	Acesso público / Public Access
Relação / Relation	Version 1,0

(c) Universidade Lusíada, 2025

FUNDAÇÃO MINERVA CULTURA - ENSINO E INVESTIGAÇÃO CIENTÍFICA

Rua da Junqueira, 188 a 198 - 1349-001 LISBOA - Telefone 213 611 500 - Fax 213 638 307 - e-mail: info@lis.ulusiada.pt - https://www.lis.ulusiada.pt