UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Internship and Final Report

Academic Year 2026/2027

1. Organic Unit

Institute of Psychology and Educational Sciences

2. Course

CLINICAL PSYCHOLOGY

3. Cycle

2nd

4. Course Unit

Internship and Final Report (N5212)

5. Scientific Area

6. Curricular Year

2nd

7. Type of Curricular Unit / Semester

Annual

FUNDAÇÃO MINERVA CULTURA - ENSINO E INVESTIGAÇÃO CIENTÍFICA

Rua da Junqueira, 188 a 198 - 1349-001 LISBOA - Telefone 213 611 500 - Fax 213 638 307 - e-mail: info@lis.ulusiada.pt - https://www.lis.ulusiada.pt

8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	
Tutorial Guidance:	60,00

9. ECTS Credits

30,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutora TERESA PAULA RODRIGUES DE OLIVEIRA LEITE MAURER

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

Introduce the student to the conditions and demands of Clinical Psychology´professional practice;
To promote therapeutic interaction, psycologial assessment and multidisciplinarey team work skills through supervised clinical practice which is an essential component of a clinical psychologist´s training.

15. Specific Objectives

Training clinical observation and clinical data interpretation for the purposes of psychological assessment
Training therapeutic intervention skills in the specific context of each institution and each patient-population group;
Provide the students with an opportunity for direct-contact work, wihtin the standards of multidisciplinary teamwork;
Promote the use of knowledge and skills previously acquired throughout the program

16. Skills to be acquired

Theoretical and clinical relfection skills
Capacity for team work
Self-analysis and self-questioning skills
Scientific writing skills and capacity to conceive and compose the final internship report.

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17. Teaching Methodology

Internship consist of a journey of supervised practice in an outside institution, with a minimum of 450 in-person hours, which include direct intervention, study and preparation, and team interaction;
CLasses include content presentation, group debate, case presentation, feedback regarding technique, clinical approach and ethical considerations regarding the work at hand.

18. Course Unit Program

1. The activity of the clinical psychologist
1.1 The specificity of psychological assessment and intervention
1.2 Clinical observation, clinical data and diagnostic conseiderations
1.3 The therapeutic relationship
1.4 Multidisciplinary teams
1.5 Ethics in Clinical Psychology
2. The final intership report
2.1 Conceptualization and elaboration of the internship report
2.2 Structure, formatting and scientific writing
2.3 Presentation and Discussion of the Report

19. Assessment Methods

Class attendance, punctuality and participation
Clinical case presentations
Fased elaboration of the internship report components
Quality of the final written report and performance in oral presentation
relevant evaluation criteria:
Motivation for learning, professional development and research
Capacity for theoretical and clinical reflection
Cpacity for self-reflection and self-assessment
Cpacity for teamwork and peer colaboration

20. Didactic Resources

Computer and Microsolft office software
Multimedia projector
Video material
Literature databases
Bibliographical material: books, journals and case studies

21. Sustainability Objectives

Objective 3: Health and Well-Being
Objective 4: Quality Education
Objective 5: Gender equality
Objetive 10: Peace, justice and efficient institutions

22. Keywords

Clinical psychology
Psychological assessment and intervention
Final internship report

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23. Main Bibliography

Author(s): Pomerantz, A.
Title: Clinical Psychology: Science, Practice, and Diversity
Edition: 5ª Year: 2020
Local: California
Publisher: SAGE
ISBN Code:

Author(s): Bernstrein, D., Teachman, B., Olantunji, B., & Lilienfeld, S.
Title: Introduction to Clinical Psychology
Edition: 9ª Year: 2021
Local: Cambridge
Publisher: Cambridge Press
ISBN Code:

Author(s): Andrew C. Page & Werner G. K. Stritzke
Title: Clinical Psychology for Trainees
Edition: 2ª Year: 2015
Local: Cambridge
Publisher: Cambridge University Press
ISBN Code:

24. Complementary Bibliography

Author(s): Jay Thomas & Michael Herson
Title: Understanding Research in Clinical and Counseling Psychology
Edition: 2º Year: 2011
Local: New York
Publisher: Routledge
ISBN Code:

Author(s): Villatte, M., Villatte J., & Hayes, S.
Title: Mastering the Clinical Conversation: Language as Intervention
Edition: 1ª Year: 2019
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Ficha técnica MIP / MIP Datasheet	
Título / Title	Course Unit Program 'ESTÁGIO E RELATÓRIO': Academic Year 2026/2027
Autor / Author	Prof. Doutora TERESA PAULA RODRIGUES DE OLIVEIRA LEITE MAURER
Classificação / Classification	-
Descritores / Descriptors	-
Colaborador(es) / Colaborator(s	-
Data Hora / Date Time	
Formato de dados / Data Format	Texto / Text, PDF
Estatuto de utilização / Usage	Acesso público / Public Access
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